Local author inspires brave hearts in children with adventure book series

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A Minnetonka native is instilling bravery in young children with a book series that highlights the importance of trying new experiences.

The Goldy Adventures series, authored and illustrated by Tammy Goldsworthy, tells the story of Goldy the golden retriever as she embarks on new adventures in the world around her. Though fictional, the first-time author took inspiration for the fearless canine from her son and daughter-in-law's real dog with the same name.

"So this whole thing started about a year ago. My son and daughter-in-law got a dog, a golden retriever, when they were living down in Missouri and they named her Goldy. So Goldy's a real dog. Goldy came into our lives last spring and summer, and last fall I started writing a book."



(SUBMITTED PHOTO)

Tammy Goldsworthy, author of the Goldy Adventures book series and founder of BraveMore, reads one of the books to a preschool class at Primrose School in Chanhassen Aug. 5.

The series contains more than a dozen published books, each one transporting readers to a different Goldy adventure as she tries new activities — including swimming, bike riding, ice skating, going to camp and traveling.

Many of Goldy's adventures are ones young readers may encounter, or have already encountered, in their own lives. By placing the fictional pup in common real-world contexts, kids can better connect the message of the series to their real experiences.

"It's using the dog as the vehicle of things that the children would step into," Goldsworthy said. "So the aesthetic is really, kind of, in a Disney sense. It's really trying to get them to be imaginative."

Each book in the series takes around a month to assemble from start to finish. Goldsworthy— who works full-time in the creative marketing industry— prints the books using Barnes & Noble Press, a free self-publishing platform for independent authors.

Her creative process for the Goldy Adventures series started in 2025, after she published the first book, "Goldy Learns to Skate," last December as a custom Christmas gift for her son and daughter-in-law.

"Our family is a hockey family. My dad played pro-hockey, my son just finished playing pro hockey. So, I started creating 'Goldy Learns to Skate,'" Goldsworthy said. "And then that really just sparked a whole series of things."

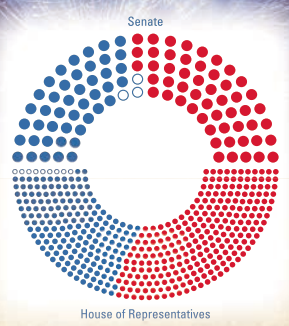
Earlier this year, Goldsworthy launched BraveMore, a movement

See **GOLDY** | **PAGE 9**

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Simple infographic showing House by population, Senate by equal state representation.

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The Constitution emerged not from harmony, but from negotiation, deadlock, and morally serious concessions.

When delegates met in Philadelphia in 1787, they were officially supposed to revise the Articles of Confederation. Instead, they wrote a new frame of government. That choice alone tells you how serious they believed the national crisis had become.

The deepest dispute involved representation. Large states wanted representation based on population. Small states feared domination. The Great Compromise, sometimes called the Connecticut Compromise, broke the deadlock by creating a House of Representatives based on population and a Senate with equal representation for each state. That solution saved the Convention.

But not every compromise deserves admiration. The framers also adopted the three-fifths formula for counting enslaved people for representation and taxation. That bargain strengthened slaveholding interests while denying the enslaved political rights.
It is one of the clearest reminders that the Constitution was both a remarkable act of statecraft and a document shaped by injustice.

Even so, the Convention succeeded in creating a stronger national government with separate branches, defined powers, and a system designed to check itself. The result was not perfection. It was structure - and structure was what the republic had been missing.

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ADAMS MULTIMEDIA

Goldy/ From page 6

dedicated to awakening courage in children and adults through storytelling, books and wearable merchandise. She decided to expand the brand's offerings with the addition of Goldy Adventures workbooks, note cards and plushies.

Goldy has also made her way into several preschool classrooms across the West Metro through storytelling sessions. Goldsworthy alternates between Goldy Adventures stories for her preschool visits. She's currently reading "Goldy Goes to Camp" and "Goldy Learns to Swim" to coincide with the summer season.

After each storytelling session, Goldsworthy donates her book to the classroom to inspire bravery long after she leaves. Since starting these visits, the local author has donated 60 books to various preschools in the region.

"I didn't realize when I was building Goldy Adventures that there's a social-emotional learning to all these stories," Goldsworthy said. "And social-emotional learning is a big buzzword for preschools because it's all about kindness. It's about learning new things. It's about emotional regulation. I mean, that's something that as adults we need."



(SUBMITTED IMAGES)

The front covers of "Goldy Learns to Swim" and "Goldy Goes to Camp" by Minnetonka author Tammy Goldsworthy. The stories are two of more than a dozen books in the "Goldy Adventures" series.

The passion project has evolved into a greater mission of empowering local youth to be their bravest selves.

Goldsworthy will be publishing more Goldy Adventures stories in the months to come and will be releasing new merchandise.

This September, BraveMore is launching a Book of the Month Club, which will send participants a new monthly book, accompanied by surprise gifts. Goldsworthy will also be hosting a Brave Breakfast later this fall, which will act as a fundraising opportunity to support her grassroots initiative.

"I really stepped into my own creativity," Goldsworthy said. "And the dog brought me so much joy and it really helped heal my heart, and then I just was like, we gotta write about it. So I just leaned into that and it was the right time for me."

To learn more about BraveMore's mission and browse the Goldy Adventures library, visit bravemorellc.com.

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