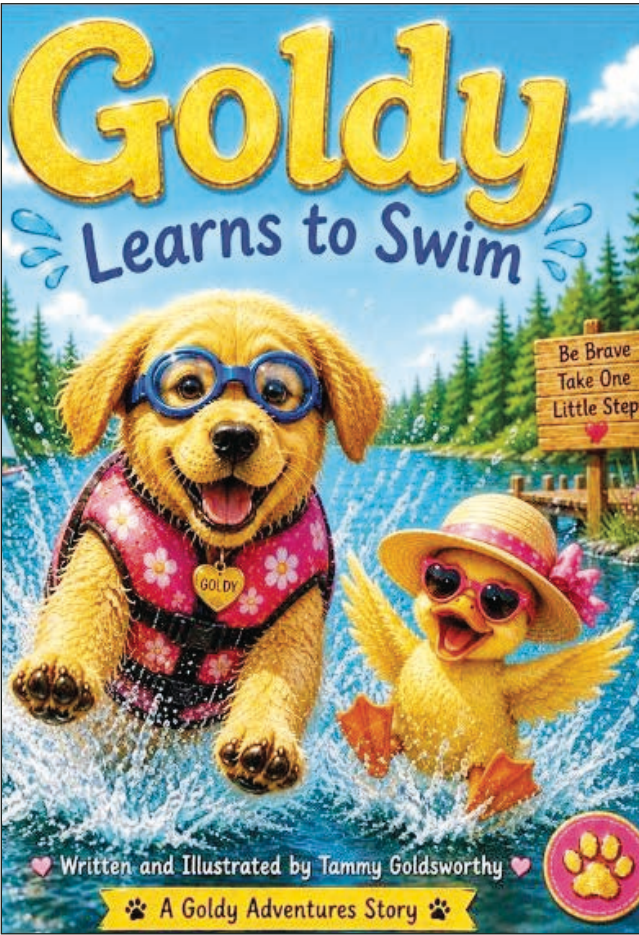


Goldy/From page 6
dedicated to awaken-
ing courage in children
and adults through story-
telling, books and wear-
able merchandise. She
decided to expand the
brand's offerings with the
addition of Goldy Adven-
tures workbooks, note
cards and plushies.

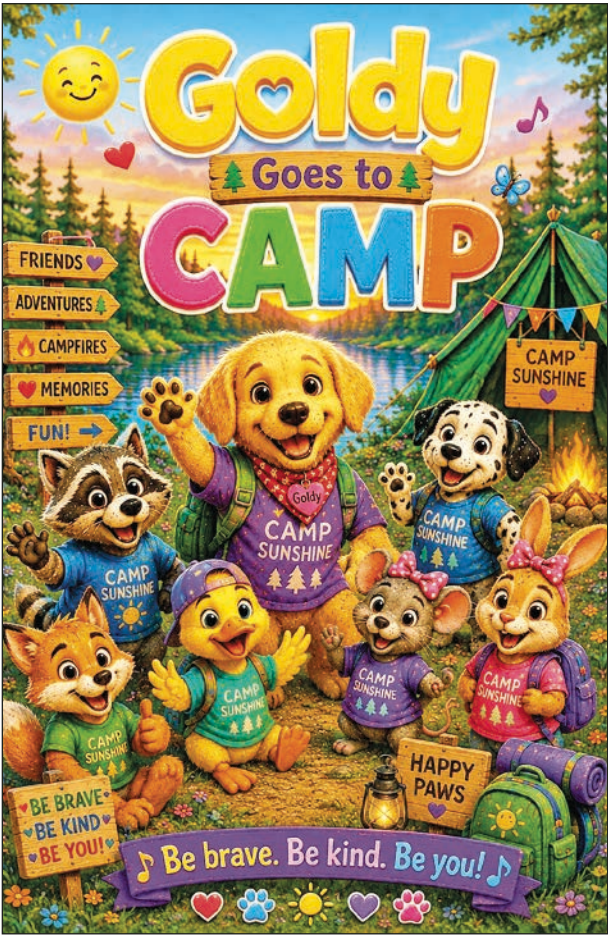
Goldy has also made
her way into several pre-
school classrooms across
the West Metro through
storytelling sessions.
Goldsworthy alternates
between Goldy Adven-
tures stories for her pre-
school visits. She's cur-
rently reading "Goldy
Goes to Camp" and
"Goldy Learns to Swim"
to coincide with the sum-
mer season.

After each storytell-
ing session, Goldswor-
thy donates her book to
the classroom to inspire
bravery long after she
leaves. Since starting
these visits, the local
author has donated 60
books to various pre-
schools in the region.

"I didn't realize when
I was building Goldy
Adventures that there's a
social-emotional learn-
ing to all these stories,"
Goldsworthy said. "And



The front covers of "Goldy Learns to Swim" and "Goldy Goes to Camp" by Minnetonka author Tammy Goldsworthy. The stories are two of more than a dozen books in the "Goldy Adventures" series.



(SUBMITTED IMAGES)

social-emotional learn-
ing is a big buzzword for
preschools because it's all
about kindness. It's about
learning new things. It's
about emotional regula-
tion. I mean, that's some-
thing that as adults we

need."
The passion

project has evolved into
a greater mission of

empowering local youth
to be their bravest selves.

Goldsworthy will be
publishing more Goldy
Adventures stories in the
months to come and will
be releasing new mer-
chandise.

This September, Brave-
More is launching a Book
of the Month Club, which
will send participants
a new monthly book,
accompanied by surprise
gifts. Goldsworthy will
also be hosting a Brave
Breakfast later this fall,
which will act as a fund-
raising opportunity to
support her grassroots
initiative.

"I really stepped into
my own creativity," Gold-
sworthy said. "And the
dog brought me so much
joy and it really helped
heal my heart, and then
I just was like, we gotta
write about it. So I just
leaned into that and it
was the right time for
me."

To learn more about
BraveMore's mission and
browse the Goldy Adven-
tures library, visit brave-
morellc.com.



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