Hoop Habits training facility coming to Tonka, EP area this spring

New facility will feature four full courts and areas for training, recovery and education

NATALIE TRIMBLE
natalie.trimble@apgecm.com



(SUBMITTED PHOTO)

Hoop Habits, the basketball training organization founded by former professional player Anthony Tucker, is set to expand with a second location in Minnetonka this spring. The new 41,000-square-foot facility will complement Hoop Habits' existing 6,500-square-foot Edina location and will include four full-size basketball courts, as well as specialized spaces for performance training, athlete recovery and education.

Hoop Habits will be opening a new 41,000-square-foot facility in Minnetonka that will feature four full basketball courts, areas for sports performance and athletic recovery, a concession space, and a pro shop.

Construction of the new facility at 10100 Yellow Circle Road is currently underway and is anticipated to be completed in mid-April. Hoop Habits currently operates out of a 6,500-square-foot training facility in Edina that opened in 2024, but will eventually make a full transition to the Minnetonka location.

"The second location will allow Hoop Habits to run multiple courts simultaneously, create more intentional development environments for athletes at different stages and expand Hoop Habits Academy and AAU programming," according to Hoop Habits' website. "The facility will also support holistic athlete development including financial literacy courses for elite athletes, recruiting and NIL (name, image and likeness), orthopedic and sports performance services and college preparation."

Hoop Habits Academy is a program designed to maximize athletic growth over the course of 12 months. As the first of its kind in Minnesota, the "all-in" approach provides athletes with tools and habits relating to the program's five pillars: basketball skills training, nutrition coaching, sports performance training, recovery, and sports mindset coaching, according to Hoop Habits' website.

Athletes can also try out to participate in Hoop Habits' AAU (Amateur Athletic Union) program, known as Hoop Habits Elite. The program provides another opportunity for players to advance their skillsets. The AAU program offers boys and girls teams and are composed of athletes ages 10-17. Hoop Habits Elite participates on UA (Under Armour) national circuits.

Hoop Habits currently has more than 200 youth enrolled in its AAU program and more than 150 members utilizing the facility's training services. The Hoop Habits team will be hiring a fulltime sports performance coach and will have a total of eight trainers at the new facility.

"All of our trainers have played at the highest levels: professionally, college, Division I, NBA overseas, basketball professionally," Hoop Habits Founder and Owner Anthony Tucker said. "So, being able to teach the game at a high level and having the credibility and the resume and the experience level that all of our trainers have, I think, is unique."

Tucker is a former professional basketball player with an 11-year career across nine countries. He also played in the NBA G League for the Windy City Bulls in Illinois. In addition to his professional credibility, Tucker has coaching experience spanning from the AAU program to high school varsity teams and even coaching in Taiwan's T1 League for the Taichung Suns. He currently serves as the head coach of the Holy Family Catholic High School's girls basketball program in Victoria.

Other current Hoop Habits trainers include former NBA players Chris Carr and Nate Wolters; former overseas professional player Courtney Boylan Douglass; and former collegiate player Jadee Jones. Notably, Jones also trains his brothers — NBA players Tre and Tyus Jones — and has done so throughout their professional careers.

The services offered at Hoop Habits aren't exclusive to elite basketball players. Tucker emphasized that players of all skill levels are welcome to train and play at the facility, including those that are being introduced to the game.

"One thing I do like to talk about, too, is that even though we do have high level trainers and stuff, our training is not exclusive to high-level basketball players. We work with players of all levels," Tucker said. "My goal in all of this is to give back to the game that's given me so much and give back to the community and to help grow the love of the game."

As a 2008 graduate of Minnetonka High School, Tucker wanted to construct the new facility in his home city. Hoop Habits has been met with an abundance of community support since the company's inception in April 2024, with membership numbers having increased by approximately 80%, according to Tucker.

"I'm most excited about just being able to expand that programming and being able to work with more people," Tucker said. "With four full courts, we're going to be able to do some really large camps to work with all different ages. We'll be able to do some really cool programming, showcase events, tournaments, and really bring the entire basketball community under one roof."

To learn more about Hoop Habits, visit hoophabits.com.



INDEPENDENT | ASSISTED LIVING | ENHANCED CARE | MEMORY CARE

AWARD-WINNING CARE &
SUPPORT THAT GROWS WITH YOU

From independent living to assisted living, you shouldn't have to move away from a familiar environment, good friends and caregivers you've come to know and love.

At Riley Crossing, you can rest assured the right level of care is always available, when you need it.

BEST ASSISTED LIVING U.S.News & WORLD REPORT 2025

BEST MEMORY CARE U.S.News & WORLD REPORT 2025

RILEY CROSSING
Senior Living

Schedule a tour today:
952-934-7777

©2026 Ebenezer 13642 620 ALDRICH DRIVE, CHANHASSEN RileyCrossing.com MANAGED BY EBENEZER