



# Quick-fire

## Do you enjoy any other sports?

At school and university, I loved **hockey** and netball; however, since working with horses full-time, I can't find time for them anymore. I did really enjoy playing a team sport; it was quite different to riding.



## First memory of horses?

Riding my friend's pony, Barney, who went on to be my first pony. I used to go to her house for lessons with her mum. I was painfully allergic to horses when I was little, so would come away with red puffy eyes, but I was always desperate to go back.

## Are there any other riding styles or disciplines that you'd like to try?

I'd love to try western; it would be so fun to go to a **ranch** in Canada and live out my cowgirl dream.



## Your secret to success?

Hard work! If you really want something, you can make it happen.

## If you weren't in this career, what would you be doing?

I would hope something still in the horsey world, but my degree is in Human Geography, so maybe a role in sustainable housing!

## What's the value of showcasing your ups and downs in eventing?

I hope that it highlights that it's a bumpy



Horseback team, and they're the most magical places on earth. Nothing compares to seeing wild animals from the back of a horse.

## What motivates you?

Creating my dream life of having my horses at home.

## What have been your recent horse-related highlights?

I've been doing lots of training with some special people ahead of Badminton recently which has been really fun. I'm also producing a lovely young horse called Kiki, working with youngsters always brings me so much joy.

# Q&A

## Lauren Bilton catches up with YouTuber Meg Elphick for a quick-fire Q&A



## What's your dream holiday destination?

**New Zealand.**

## What inspired you to showcase your horsey journey on social media?

How supportive people have always been, right from the start. I've had such a lovely community, and they've inspired me to keep sharing.

## Who would you most like to meet?

**Margot Robbie**, she seems like a laugh.

sport and gives my viewers hope that the lows also come with the highs.

## Where's been your favourite place to ride outside the UK, and why?

South Africa and Botswana. We were lucky enough to go out with the Horizon

