

Sue Lynch with  
Head of CLTH  
Alison Blackmore

# A 'Sue-perb' achievement

Lauren Bilton talks with **Sue Lynch** about the feeling of winning her award and the work that led up to it

**S**ue Lynch, a qualified BHS Stage 3 coach, teaches our Changing Lives Through Horses (CLTH) programme at Nuneaton and North Warwickshire Equestrian Centre (NNWEC). The programme uses the power of horses to build life skills, trust and hope for the future of young people.

In celebration of her inspiring work helping young people strive towards a brighter future, Sue was awarded the Inspirational Educators National award with the Worshipful Company of Educators and the Educators' Trust. It was a fantastic evening and many sectors across education were recognised, with BHS being the only equestrian organisation represented.

Sue said: "I was honoured to be nominated, and extremely proud to have won it. I feel that I've won not only in recognition of the work that the team at NNWEC and I do, but for all CLTH coaches.

"The awards evening provided me an opportunity to discuss the programme with educators from many different fields and share with them how transformative working with horses is for our young learners."

Images: BHS

## Celebrating every achievement

Sue began teaching the CLTH programme after the COVID pandemic, giving children and young people the life skills and education they deserve.

"Every day is varied, and every learner is different," she says. "Finding ways to provide learning opportunities that'll work for every individual is both challenging

and interesting. Helping children and young people achieve their goals is very rewarding, particularly as this is often the first time they've felt that they're accomplishing something.

"Many are lacking in confidence and worried about 'getting it wrong', so it's wonderful to see their confidence grow. I think it's important to recognise and acknowledge every achievement."

## A life changed

Through kindness, patience and understanding, Sue is continuing to transform lives, helping young people find calm, confidence and purpose when they need it most.

One parent had this to say about their experience with Sue: "The wonderful Sue Lynch 'got' [my daughter] immediately and always encouraged her to be her best self without any pressure. Not only did her riding skills start to improve, but so did her wellbeing."

To find out more about our Changing Lives Through Horses programme, head to [bhs.org.uk/changinglives](https://bhs.org.uk/changinglives).

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