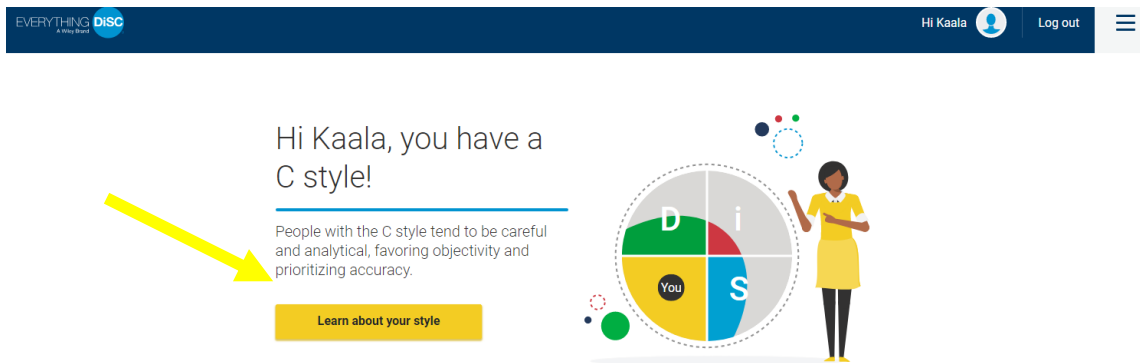


# Using DiSC Catalyst

Catalyst is a platform used to further your understanding of your DiSC assessment and how it can help you in the workplace. On Catalyst you will find your DiSC style described in detail, as well as your colleagues' styles. You will be able to compare your style with your colleagues' styles and receive extensive tips for improving interactions and working relationships.

## Steps:

1. Go to <https://catalyst.everythingdisc.com/login> and log in using the credentials you made to take the assessment.
2. After you log in, you will be brought to the main page as shown below. There are three main places to navigate from this home page. First, if you would like to learn more about your own style, click the “Learn about your style” button.



3. Alternatively, you can scroll further down the homepage and find the “workplace” section where you can learn about what drives you in the workplace, your style working with other styles, and tips on building better relationships at work.

## Workplace >

Read more about yourself and explore how DiSC® can help you connect with others, build relationships, and navigate challenges.



**What drives you**

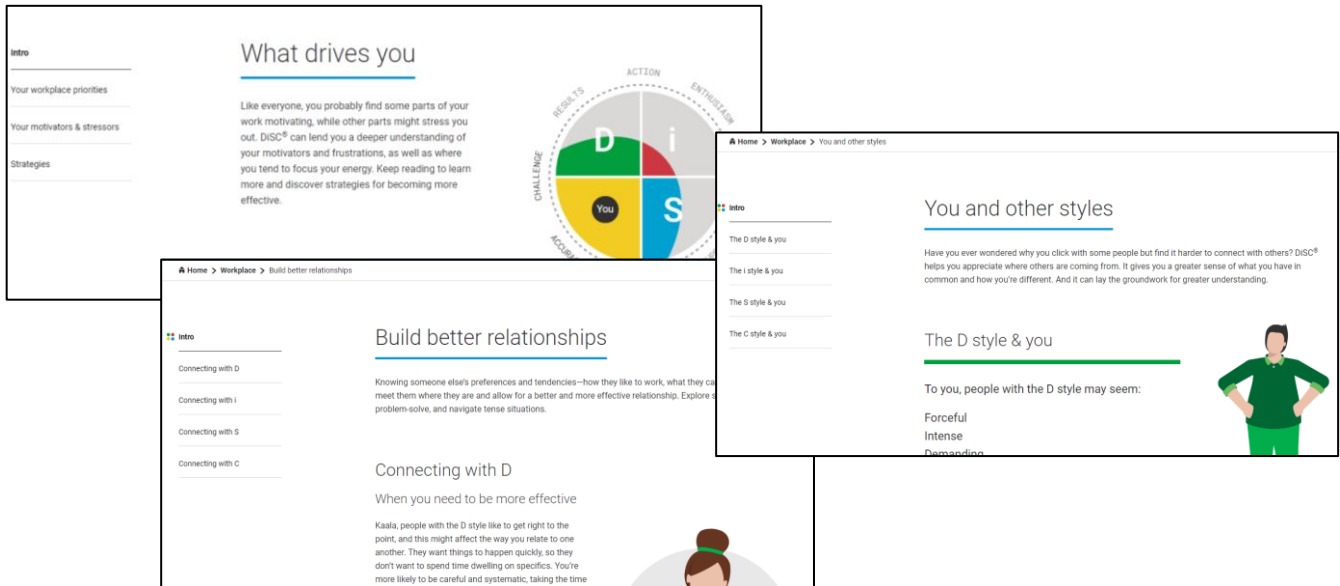


**You and other styles**

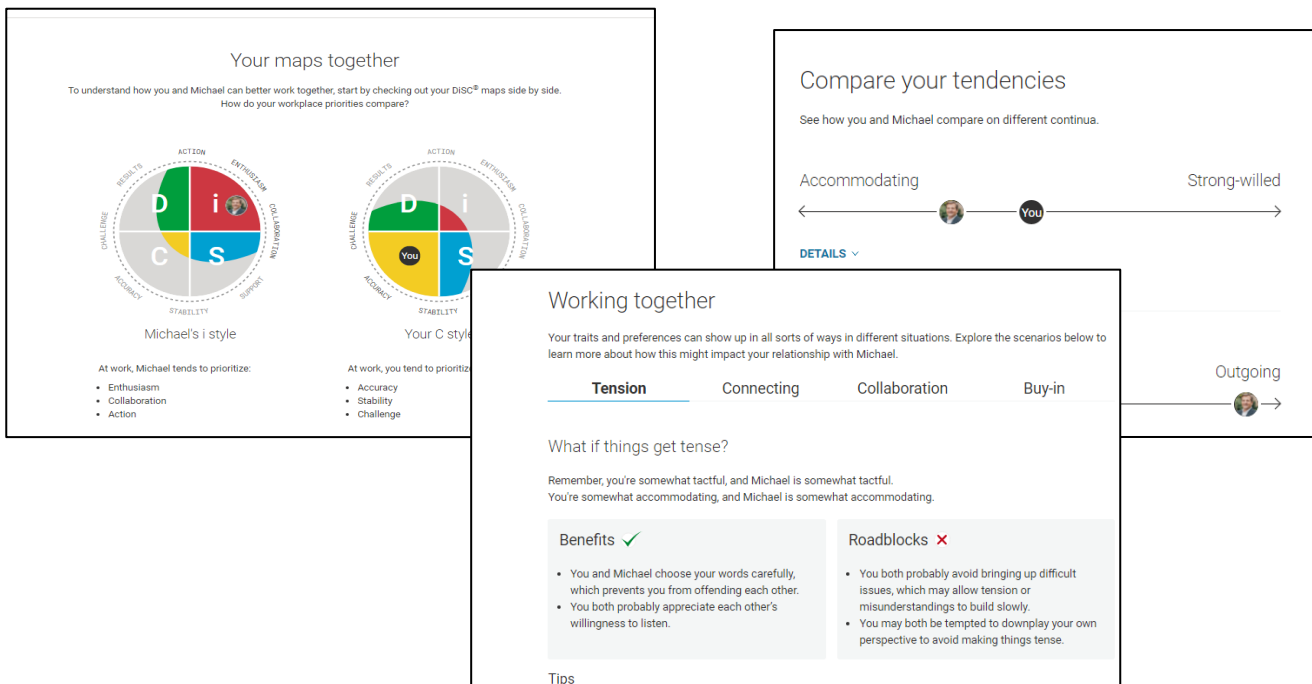


**Build better relationships**

4. Each of those three options will take you to the respective following pages where you can use the tab on the left side to navigate through the sections, or scroll to read.



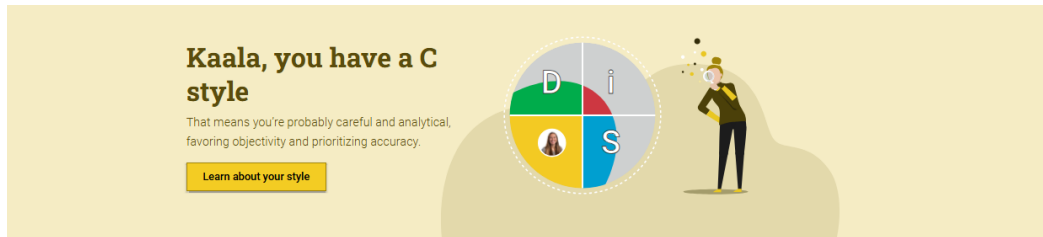
5. Lastly, you can scroll and click “colleagues” at the bottom of the home page. You can choose a colleague to view, and then you will be able to see your style maps together, your similarities and differences, and tips for working together.



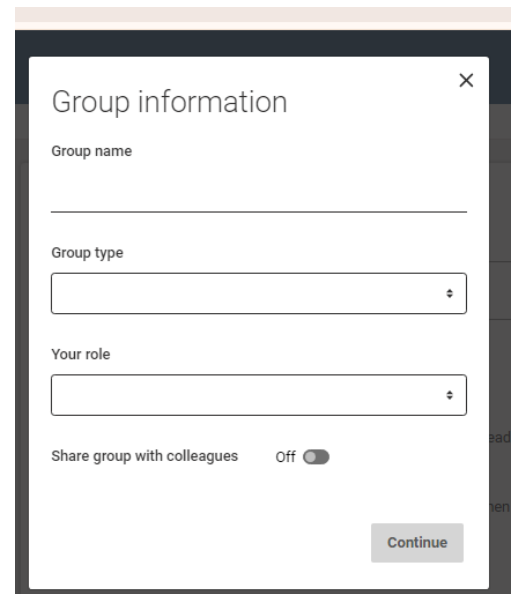
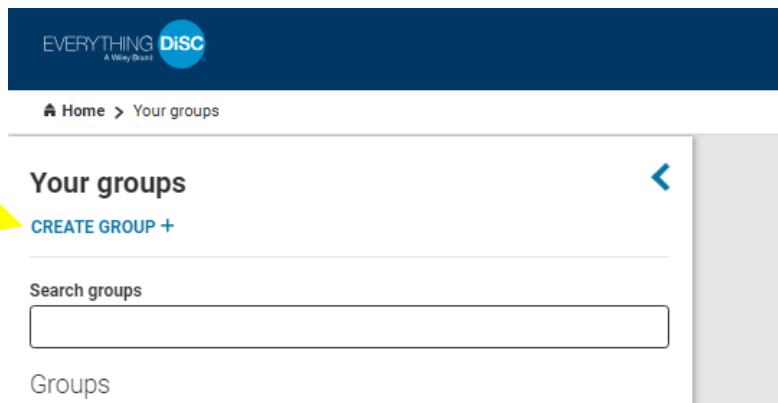
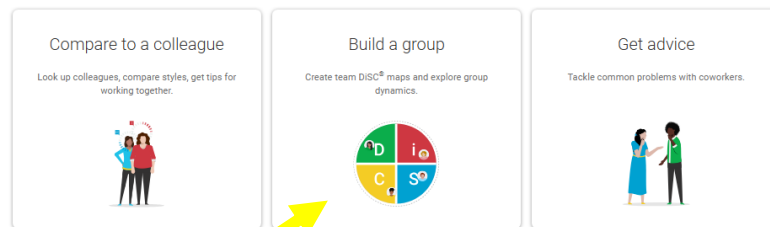
# Groups

Another feature that your team can use on the Catalyst portal is “Groups” where you can create individual teams that you work with every day.

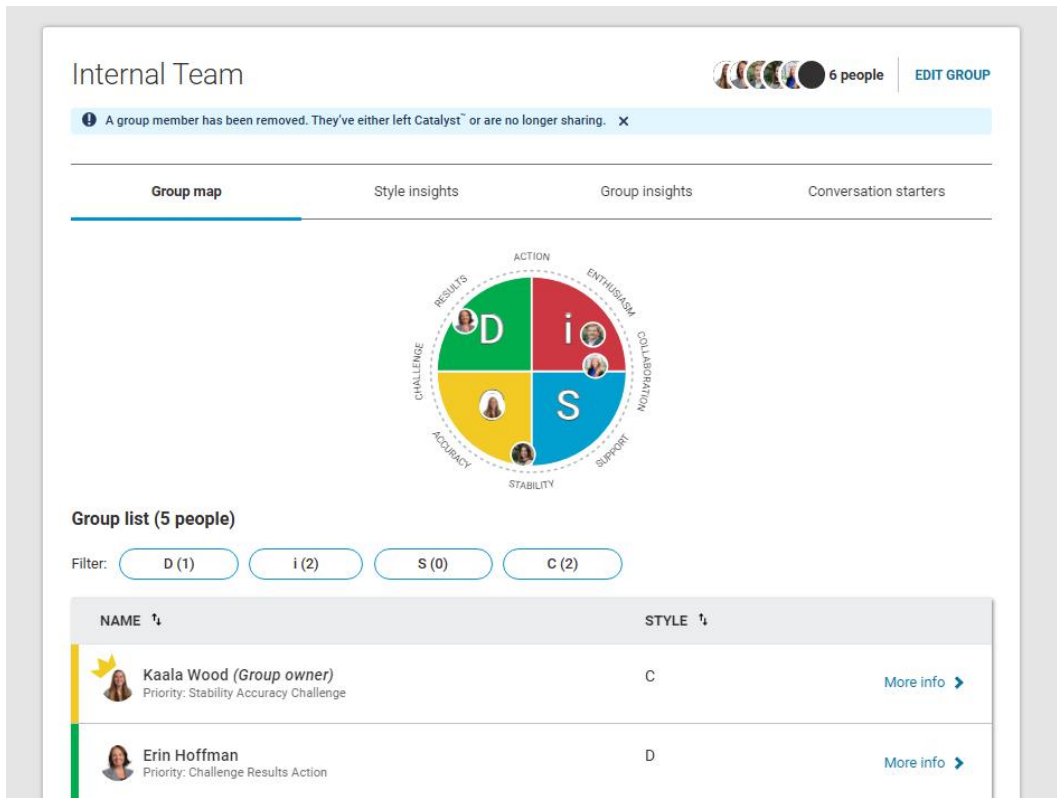
1. If you scroll partially down the homepage, you will see an option to “Build a Group.” With groups, you will get a customized map of where everyone falls with their styles, as well as a list by style. When you create a group, you can include anyone at your organization who has taken a DiSC Catalyst assessment by searching for their name.



## Tools from DiSC®



- Like your individual report, the groups section will breakdown everyone in your group’s styles in one place with quick insights on each person





Internal Team 6 people [EDIT GROUP](#)

**A group member has been removed. They've either left Catalyst™ or are no longer sharing.**

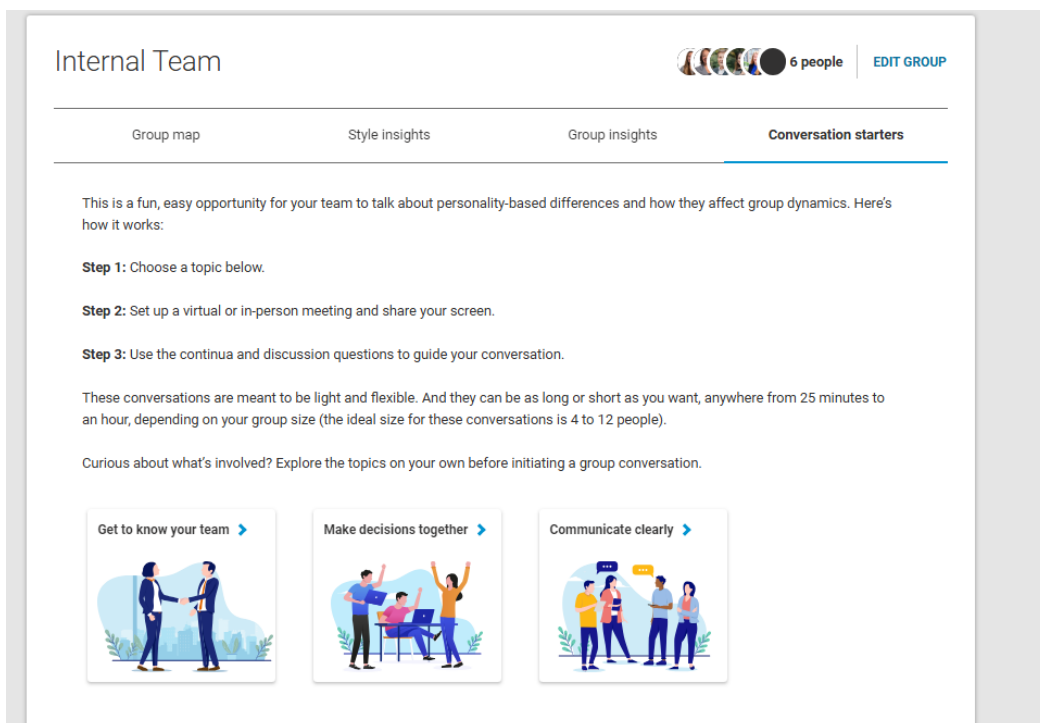
Group map | Style insights | Group insights | Conversation starters

**Group list (5 people)**

Filter: D (1) i (2) S (0) C (2)

NAME	STYLE	
 <b>Kaala Wood</b> ( <i>Group owner</i> ) Priority: Stability Accuracy Challenge	C	<a href="#">More info</a>
 <b>Erin Hoffman</b> Priority: Challenge Results Action	D	<a href="#">More info</a>

- Another section in groups, Conversation Starters, provides you options on how to start conversations with that group on specific topics



Internal Team 6 people [EDIT GROUP](#)

Group map | Style insights | Group insights | **Conversation starters**

This is a fun, easy opportunity for your team to talk about personality-based differences and how they affect group dynamics. Here's how it works:

**Step 1:** Choose a topic below.


**Step 2:** Set up a virtual or in-person meeting and share your screen.

**Step 3:** Use the continua and discussion questions to guide your conversation.


These conversations are meant to be light and flexible. And they can be as long or short as you want, anywhere from 25 minutes to an hour, depending on your group size (the ideal size for these conversations is 4 to 12 people).

Curious about what's involved? Explore the topics on your own before initiating a group conversation.


Get to know your team [>](#)



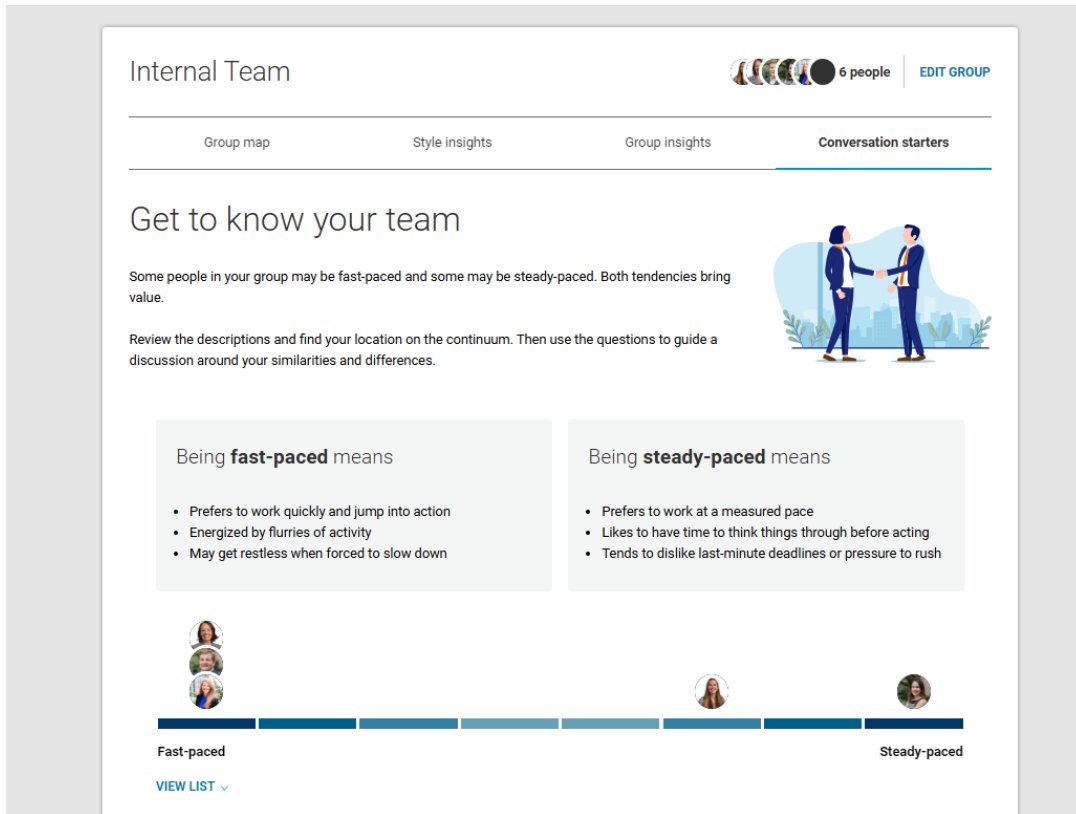
Make decisions together [>](#)



Communicate clearly [>](#)



4. Once you pick a topic for the Conversation Starter, you will be guided through some group insights on that specific topic, giving you discussion questions to use as you review the content



Internal Team 6 people [EDIT GROUP](#)

Group map   Style insights   Group insights   **Conversation starters**

## Get to know your team

Some people in your group may be fast-paced and some may be steady-paced. Both tendencies bring value.

Review the descriptions and find your location on the continuum. Then use the questions to guide a discussion around your similarities and differences.

Being **fast-paced** means

- Prefers to work quickly and jump into action
- Energized by flurries of activity
- May get restless when forced to slow down

Being **steady-paced** means

- Prefers to work at a measured pace
- Likes to have time to think things through before acting
- Tends to dislike last-minute deadlines or pressure to rush

Fast-paced Steady-paced

[VIEW LIST](#) ▾

Please note that this is simply an overview of the main resources available – for more details about the using the Catalyst platform, watch the video at <https://www.everythingdisc.com/catalyst.aspx>