

Drug Rehab in Texas That Accepts Medicaid Near You

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Drug Rehab in Texas That Accepts Medicaid: Your Options

The fear that you cannot afford help often keeps people trapped in addiction longer than the substance itself. In Texas, finding a drug rehab that accepts Medicaid is a realistic path to recovery, though it requires navigating a specific set of rules.

You do not need a premium private [insurance](#) plan to access clinical detox, residential treatment, or evidence-based therapy and [outdoor therapy](#). Medicaid provides a legitimate way to pay for the professional care required to stop the spiral and start rebuilding a life.

When looking for drug rehab in Texas, [Texas Recovery Centers](#) in Scurry offers the type of support you need to reach sobriety while getting you away from triggers you may experience living in the Dallas and Fort Worth area.

Does Medicaid Cover Drug Rehab in Texas?

[Texas Medicaid](#) covers substance use disorder (SUD) treatment for those who meet eligibility requirements. This coverage is not a “lite” version of rehab; it includes the same clinical building blocks found in private-pay facilities. The state recognizes addiction as a chronic medical condition, and the benefits reflect that reality.

Medicaid Coverage for Substance Use Disorder Treatment at a Glance

Coverage is typically managed through programs like STAR, STAR+PLUS, or STAR Kids. According to the Texas Health and Human Services Commission, Medicaid covers a range of services designed to address both the physical and psychological aspects of addiction. This includes medical stabilization, individual counseling, and group therapy.

What Types of Treatment Does Texas Medicaid Typically Cover?

Texas Medicaid is designed to support the full continuum of care. If a doctor determines that a service is medically necessary, Medicaid generally covers:

- **[Medical detox](#)**: Supervision by medical staff to manage withdrawal symptoms safely.
- **Residential treatment**: 24-hour care in a clinical setting, often necessary for those with unstable home environments or severe use.
- **Outpatient programs**: Including Intensive Outpatient Programs (IOP) and Partial Hospitalization Programs (PHP).

- **Medication-Assisted Treatment (MAT)**: Medications like methadone or buprenorphine used to manage cravings for opioids or alcohol.
- **Co-occurring disorder treatment**: Care for mental health issues like depression or PTSD that often exist alongside addiction.

What Medicaid Usually Does Not Cover

While coverage is broad, it is not infinite. Medicaid typically does not pay for:

- **Luxury amenities**: Items like private chefs, massage therapy, or high-end gym memberships.
- **Alternative therapies**: Treatments without a strong evidence base, such as certain holistic or experimental practices, are rarely covered.
- **Long-term room and board**: In some instances, Medicaid may cover the clinical treatment but have limits on how long it pays for the actual bed in a residential facility.

How to Find Drug Rehab in Texas That Accepts Medicaid

Finding the right facility takes more than a quick internet search; you need to ensure the center is in-network with your specific Texas Medicaid plan.

Is Professional Help Necessary? (Self-Check List)

If you are not sure if your situation warrants professional intervention, ask yourself these questions:

1. Have you tried to stop or cut back on your use but found you could not?
2. Do you experience physical illness, shakes, or extreme anxiety when you go without the substance?
3. Is your substance use causing problems at work or threatening your professional license?
4. Do you hide the extent of your drinking or drug use from your spouse or family?
5. Have you lost interest in hobbies or activities that used to matter to you?
6. Is most of your mental energy spent thinking about getting, using, or recovering from the substance?
7. Are you avoiding seeking help primarily because you are afraid of the cost?

If you answered “yes” to three or more of these, it is time to talk to a professional.

Questions to Ask a Treatment Center Before You Enroll

Before you commit to a program, call their admissions office and be direct.

- “Do you accept my specific Medicaid plan, such as Superior, Molina, or Amerigroup?”

- “What out-of-pocket costs, if any, will I be responsible for?”
- “Does your program include medical detox and residential care at the same site?”
- “How do you handle co-occurring mental health issues like anxiety or PTSD?”

Confidential Benefits Verification

Not sure if your Medicaid plan covers treatment at Texas Recovery Center? Our admissions team can verify your benefits for you. It is a quiet, no-pressure way to find out exactly what your options are. Call us today.

Medicaid vs. Private Insurance for Addiction Treatment: What is the Difference?

The primary difference between Medicaid and private insurance is not the quality of the therapy; it is often the paperwork and the specific facilities available to you.

Feature	Texas Medicaid	Private Insurance (PPO/HMO)
Provider Network	Limited to state-contracted facilities	Broader range of private and luxury facilities
Referral Needed	Often requires a doctor’s referral	May allow direct enrollment
Pre-Authorization	Strictly required for most levels of care	Usually required, but process may be faster
Out-of-Pocket Cost	Very low to zero	Varies based on deductible and co-insurance
Evidence-Based Care	Required by state standards	Required by clinical standards

What If You Do Not Have Medicaid Yet, or Do Not Qualify?

Many people find themselves in a gap: they do not have employer-sponsored insurance, but they have not yet qualified for Medicaid. In Texas, the income limits for Medicaid are quite strict, particularly for adults without children or disabilities.

Options While Your Medicaid Application Is Pending

If you have already applied, some facilities may offer a “pending” status, but this is rare. Most often, you will need to look into state-funded beds. The Texas Department of State Health Services (DSHS) allocates funds to local authorities to provide treatment for those without insurance. These are often called “block grant” beds.

Alternative Payment Paths for Addiction Treatment

If Medicaid is not an option, do not assume the door is closed.

- **Sliding scale fees:** Many non-profit centers adjust their prices based on your income.
- **Financing and payment plans:** Just like a car loan, treatment can often be paid off in monthly installments.
- **Scholarships:** Some private facilities offer limited spots for individuals who show high willingness but lack the financial means.

Free Financial Consultation Call

If Medicaid is not an option right now, that does not mean treatment is out of reach. Call our admissions team at [469-754-9562](tel:469-754-9562) for a free financial consultation. We will walk through every option with you, because cost should not be the thing that keeps you from getting help.

Addiction Treatment in the Dallas-Fort Worth and East Texas Area

Living in the Dallas-Fort Worth metroplex or East Texas gives you access to some of the best clinical resources in the state. However, the bustle of the city is not always the best environment for early sobriety.

Many people find that getting an hour or two away from their triggers (the bars, the stress of the city, and the familiar neighborhoods) makes the initial weeks of detox and residential care much more effective.

What to Expect at Texas Recovery Center

Located in Scurry, Texas (roughly an hour southeast of Dallas), Texas Recovery Center offers a different environment than a sterile city hospital. We sit on a sprawling campus where there is room to breathe.

We specialize in dual-diagnosis care. This means we do not just look at the substance use; we look at the depression, the trauma, or the PTSD that fuels it. For professionals (pilots, attorneys, or physicians) who feel they have everything to lose, we provide a space to work through these issues with dignity.

Our staff does not stand above you. They roll up their sleeves and work beside you. We use evidence-based methods like [Cognitive Behavioral Therapy \(CBT\)](#) and [Dialectical Behavior Therapy \(DBT\)](#), but we also believe in the power of nature and animal therapy.

Recovery is hard work, and we expect you to do it, but we provide the tools and the environment to make that work possible.

FAQs: Navigating Medicaid for Rehab in Texas

1. Does Texas Medicaid cover inpatient drug and alcohol rehab?

Yes. If a clinical assessment shows that residential ([inpatient](#)) care is medically necessary, Texas Medicaid plans generally cover it.

2. How do I find out if a rehab center in Texas accepts my Medicaid plan?

The fastest way is to call the facility directly with your member ID card ready. You can also use the “Find a Provider” tool on your specific Medicaid plan’s website, such as Molina or Superior.

3. Can I use Medicaid for detox and residential treatment at the same facility?

Often, yes. Integrated facilities like Texas Recovery Center handle the transition from medical detox to residential care internally, which provides a smoother experience than moving between different providers.

4. What is the income limit to qualify for Medicaid in Texas?

Texas has not expanded Medicaid, so limits are low and generally restricted to children, pregnant women, the elderly, and people with disabilities. However, those who are “medically needy” may sometimes qualify. Check the Texas Health and Human Services website for current 2026 thresholds.

5. Does Medicaid cover medication-assisted treatment (MAT) in Texas?

Yes. Medicaid covers FDA-approved medications for opioid and alcohol use disorders when prescribed by an authorized provider as part of a treatment plan.

6. Will using Medicaid for rehab affect my employment or professional license?

Health information is protected by HIPAA. Seeking treatment is a protected medical event. For professionals, it is often the untreated addiction that threatens a license, not the act of seeking help.

7. What should I do if I need rehab but my Medicaid application is still pending?

Contact a local “Outreach, Screening, Assessment and Referral” (OSAR) center. They can help you find state-funded resources that do not require an active Medicaid number.

8. Is the quality of care different at rehabs that accept Medicaid versus private pay?

Quality is defined by clinical standards, Joint Commission accreditation, and the expertise of the staff. Many high-quality facilities accept both private insurance and Medicaid.

9. What are my options for paying for rehab if I do not qualify for Medicaid in Texas?

Look for facilities that offer sliding-scale fees, private financing, or specialized scholarships. Some people also use Personal Health Care Loans or seek assistance from family.

Getting Started: How to Verify Coverage and Take the Next Step

Recovery is not a product you buy; it is a process you commit to. If you are waiting for the “perfect” financial moment to seek help, that moment likely will not come until the situation is much worse.

If you are in Texas and struggling, the first step is clarity. Find out what your insurance covers. Find out what your options are. At Texas Recovery Center, we believe that if you are willing to do the work, we can help you build the foundation for a life you do not need to escape from.

Call our admissions team today at [469-754-9562](tel:469-754-9562) to ask questions about intake, insurance verification and the program.

Texas Recovery Centers is located at [6950 Shady Lane, Scurry, Texas.](#)

Helpful Link:

If you are in immediate danger or experiencing a medical emergency, call 911 or go to the nearest emergency room.