

Thailand: A Solo Traveler's Dream Travel Destination

BY JADA TUBBS | JUNE 14, 2024

School's out which means it's time to start planning a summer holiday. While many vacationers may opt for the usual European getaway, there's a vast array of beautiful cultural destinations that are just as promising.

Thailand offers a lively vacation option for adventure seekers on a budget. This vibrant southeast Asian country offers delicious foods, gorgeous scenic views and culture-immersive activities that are sure to create a well-rounded trip.

Bangkok

Bangkok, its most populated city, sits right in the heart of Thailand. This modernized booming city is a hot spot for locals and tourists alike. Filled to the brim with popular attractions like shopping malls and a culmination of foods from all around the world, the opportunities here are endless.

Take a tuk tuk ride through the busy Bangkok streets. The city comes to life at night as vendors set up street (and floating) markets and prepare authentic Thai cuisine. You may also choose to explore on your own. Solo travelers can find comradery in the dozens of hostel accommodations around the city. They may even choose to dive into Bangkok's sprightly nightlife by visiting Khao San Road, a street lined with bars and backpackers in search of fun. With such a broad range of activities to pick from, visitors are promised days full of exploration.

Chiang Mai

Chiang Mai offers a traditional invitation into Thai culture. In comparison to Bangkok, this mountainous city renders a more harmonious ambience. Inside its ancient walls are foods like Khao Soi chicken curry, which is specific to the northern region.

Immerse deeper into the culture by visiting historical Buddhist temples such as Wat Chedi Luang and Wat Prathat Doi Suthep. Travelers and locals can visit the summer home of the royal Thai family at Phuping Palace, located only 10 minutes from Doi Suthep.

Phuket

If the hustle and bustle of the city isn't your thing, a ride down to Phuket is sure to put you at ease. Thailand's largest island is surrounded by lush greenery and clear blue waters, offering a tranquil place to hit pause as you take in the gorgeous scenic landscapes.

Take a boat over to Phi Phi island and go snorkeling. Share the sands with the local inhabitants at Monkey beach. Or give a little back to the larger inhabitants by helping out at one of Phuket's ethical elephant sanctuaries.

Cost-Efficiency

Thailand is one travel destination that is as budget-friendly as it is vibrant. According to [Forbes Advisor](#), one U.S. dollar is equivalent to roughly 37 Thai Baht. This means American travelers can experience all the country has to offer for only a fraction of the relative cost.

Whether you're planning a wholesome family vacation on a budget or a solo traveler in search of cheap thrills, Thailand provides a promising option for a stimulating adventure.