

Porto's Employees - You Have Options!

Are you an Anthem Blue Cross HMO member looking for a new doctor or patient care experience? Changing your doctor is easy, and Lakeside Community Healthcare West Covina is right around the corner.



Lakeside Community Healthcare

1500 W. West Covina Pkwy., West Covina, CA 91790
(626) 960-9414

A one-stop shop for your healthcare needs

We want you to have the most seamless care experience possible. That's why our West Covina location offers primary, specialty, pediatric, pharmacy, and urgent care all under one roof.

Here are just a few benefits you'll receive when you join our medical group:

- Board-certified primary care doctors, pediatricians and specialists in endocrinology, gastroenterology, podiatry and rheumatology
- Onsite pharmacy to fill prescriptions immediately after health visits
- Plenty of free parking in ground-level lot
- Access to the following hospitals: Emanate Health Queen of the Valley, Emanate Health Inter-Community and Emanate Health Foothill Presbyterian
- Free diabetes programs, lifestyle classes, and extra support to manage chronic conditions
- Free Zumba and exercise classes onsite



Call **(626) 960-9414** and ask for Emerald, our dedicated member liaison.

Walk-ins welcome at onsite urgent care center

Need to be seen immediately? We offer same-day care to walk-in patients from **11 a.m. to 10 p.m. every day.** For more information, call our urgent care center at (626) 856-2248.

Meet our West Covina providers.



Jenifer Chungafung, M.D., MPH

Board Certified: Family Medicine

Dr. Chungafung received her medical degree and completed her residency in Family Medicine at Howard University College of Medicine, in Washington, D.C. Her areas of focus include women's health, weight management and healthy eating.



Van Duong, M.D.

Board Certified: Family Medicine

Additional Languages: Vietnamese, French

Dr. Duong received his medical degree from the University of Saigon, Vietnam. He served his internship and residency at the Cook County Hospital in Chicago, Illinois. He has been with Lakeside Community Healthcare since 1985.



Huy Tu Nguyen, DO

Board Certified: Family Medicine

Additional Language: Vietnamese

Dr. Nguyen received his medical degree from Western University in Pomona, California. He served his internship and residency in family medicine at Chino Valley Medical Center.



Ruth Karunanathan, M.D.

Board Certified: Internal Medicine

Additional Language: Tamil

Dr. Karunanathan received her medical degree from the Godfrey Huggins School of Medicine. She served her internship and residency at Los Angeles County - University of Southern California Medical Center. She is a member of the American College of Physicians.



Nirav K. Shah, M.D.

Emergency Medicine

Additional Language: Gujarati

Dr. Shah received his medical degree from Saint Louis University in Missouri. He served his internship and residency at the University of California at Irvine and the University of Southern California in Los Angeles.



Eliana Berger, M.D.

Board Certified: Endocrinology

Additional Language: Spanish

Dr. Berger received her medical degree from the University of Vermont College of Medicine, Burlington, VT. She served her internal medicine residency at Baylor College of Medicine, Waco, TX and her endocrinology fellowship at Tufts Medical Center, Boston, MA.



Edmund Pascual, M.D.

Board Certified: Pediatrics

Additional Language: Tagalog

Dr. Pascual received his medical degree from the University of Santo Tomas in the Philippines. He served his internship at Elmhurst Hospital Center in Queens, New York and his residency at Mount Sinai Hospital in Manhattan, New York.



Beata Wicherski, M.D.

Board Certified: Pediatrics

Dr. Wicherski received her medical degree from the Jagiellonian University in Krakow, Poland. She served her internship and residency at White Memorial Hospital in Los Angeles, California.



Terry Shiao, M.D.

Board Certified: Podiatry

Dr. Shiao received her medical degree from Scholl College of Podiatric Medicine at Rosalind Franklin University in Chicago, Illinois. She completed a three-year podiatric medicine and surgery residency at the VA Greater Los Angeles Healthcare System and Olive View-UCLA Medical Center.



Lisandro Quinones, M.D.

Board Certified: Gastroenterology

Additional Language: Spanish

Dr. Quinones received his medical degree from Columbia University in Manhattan, New York. He completed a fellowship in gastroenterology and liver disease at the University of Southern California.



Ramesh Kesavalu, M.D.

Board Certified: Rheumatology

Additional Languages: Tamil, Telugu

Dr. Kesavalu received his medical degree from PSG Institute of Medical Sciences, India. He completed his internship and residency at Ball Memorial Hospital and Indiana University School of Medicine.



Liza Mae Ocampo, FNP-BC, NP-C

Board Certified: Family Nurse Practitioner

Additional Languages: Cebuano, Tagalog, Medical Spanish

Liza Mae received her BSN degree from Cebu Doctors University in the Philippines. She completed her MSN degree from California University of Long Beach, California.