

Spec. Sample

Newsletter: “Why Starting Early Matters: The Evidence Behind Full-Day Pre-K for Three and Four Year Olds”

“Are full school days too much for my child?”

This is one of the most common questions we hear from parents and guardians of Pre-K children.

We get it. When you first hear about full-day Pre-K, you might picture tearful drop-offs or picking up an exhausted child at the end of the school day. You may be surprised to learn that many of our three and four-year-old students are eager to attend school after just a few weeks of learning.

At Meeting Street Schools, we understand that starting full-day education before kindergarten can be daunting, but every year, we see how much it benefits our early starters. Full-day preschool provides your little one with a supportive transition to their academic career. We use evidence-based strategies to create opportunities for cognitive, social, and emotional development, without sacrificing fun (or nap time!)

The Science Behind an Early Start to Full-Day Education

In our experience, children who attend full-day preschool tend to be more ready for kindergarten than their peers. Research supports our observations:

- [One study](#) found that children who attended full-day preschool programs outperformed their peers in areas such as language, math, socio-emotional development, and even physical health
- [The American Academy of Pediatrics](#) highlights that high-quality early education boosts physical and cognitive development
- A [2007 study](#) linked full-day preschool with improved language and academic development, as well as better parental satisfaction than half-day preschool

As Meeting Street Schools’ teachers can attest, an incredible amount of development happens before the age of five, so it’s critical that this growth occurs in a healthy, positive, educational environment.

(EXAMPLE of optional pullquote: Can insert a quote from an MSS leader after a quick interview, or request approval for a ghostwritten statement, perhaps Nisha Vasavada, Chief Academic Officer) “Ages three through five are key for major developmental milestones, for instance, vocabulary expansion and speaking in complete sentences. We see a significant, positive difference in these markers of development when a child receives academic support pre-kindergarten.”

How Full-Day Preschool Beats Traditional Daycare

Busy parents may simply need full-day care, so why choose preschool over daycare?

Beyond the developmental benefits, full-day Pre-K offers parents a safe, convenient option for childcare. At Meeting Street Schools, we support children and their parents further by offering on-site physical development specialists. Our early childhood experts can provide speech and occupational therapy as well as dental, vision, and health screenings, making life easier for families with challenging schedules.

Plus, full-day preschool provides kids with more stimulating and enriching activities than many daycares. We encourage students to follow their curiosity and provide opportunities for creativity, sensory engagement, and logical thinking. These programs also provide structure and routine, setting the foundation for happy, successful future leaders.

Hear from a parent of one of our 2024 Pre-K graduates:

(EXAMPLE of optional pullquote: parent quote to be obtained through surveys or brief interviews)

"I was nervous about (my son) Charlie starting full-time preschool, but he loved it. He made friends, and I've noticed he's less shy and his vocabulary is growing really fast, before kindergarten's even started," said Susan Pseudonym.

Full-day preschool fosters greater independence and can help your child feel more confident than they might in daycare.

Learn More About Your Child's Pre-K Options

The full-day preschool program at Meeting Street Schools is designed to set your child up for long-term success. We encourage excellence at all ages, while keeping the learning process fun and accessible.

We believe in supporting kids and their families holistically. Meet with one of our experienced educators to learn more about the ways full-day Pre-K empowers students from all backgrounds.

Or, schedule a tour of the preschool department today to jumpstart your child's future.

(Contact Information: phone number and email options)

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