
A HEART OF WORSHIP

COLOSSIANS 3.15-17 NASB

“Let the peace of Christ, to which you were indeed called in one body, rule in your hearts; and be thankful. Let the word of Christ richly dwell within you, with all wisdom teaching and admonishing one another with psalms, hymns, and spiritual songs, singing with thankfulness in your hearts to God. Whatever you do in word or deed, do everything in the name of the Lord Jesus, giving thanks through Him to God the Father.”

Cultivating a Heart of Worship

A thankful, joyful heart of reverential worship to the Lord is a natural result of the new self that is in Christ. The moment we decide to put off the old self in order to put on the new, we are called to do all things with gratitude, thankfulness to God, and in sincerity of heart.

In putting on the new self in Christ (see Colossians 3.1-14), we are furthermore invited to put on a heart of perpetual worship. Worship that is not only emphasized in church or during private quiet time with the Lord, but worship that is also poured out into every single aspect of our lives. Big and small.

Whether we take out the trash, do the dishes, tackle that challenging project at work, manage a difficult coworker, lead a team meeting, sit down to study, engage in conversation with a loved one, or ask a stranger how their day has been, all of it is to be done in worship for God.

Whatever we do can be done for God, no matter how hard we try to separate what is holy from the day-to-day human experience. So, in understanding that we are to be faithful stewards to our lives in Christ, this should radically change the way we approach our days, duties, responsibilities, and callings.

Rather than attempting to break through the rut of laziness or poor stewardship based on our own volition, we can stand up again with diligence in all things because our new self rests in Christ. Christ Jesus, who we place our faith in and in who, by His grace, we can wholeheartedly love and serve the Lord.

Worship in Practice

We are constantly urged to not be content or complacent with doing the bare minimum, such as simply checkmarking tasks off our extensive to-do lists. Instead, let us take the first steps in working hard for the Lord and remaining diligent in our jobs, faiths, relationships, and lives.

3. ACCOUNTABILITY

- Colossians 3:15-17 also focuses on walking in Christlikeness as one body, in community, with other like-minded believers. Thankfully, we were not meant to walk alone, and we have one another to encourage, sharpen, and push one another in certain disciplines.
- Choose one person to share your discipline with. Shoot them a quick text or formally ask them for help. Either way, humbly reach for their support in keeping you on track or providing encouragement and reproof where it is needed.
- “The person I chose to be my accountability partner is _____.”

4. SURRENDER

- Above all else, may the Lord remind us that we cannot escape laziness ourselves. Prayer, discipline, and accountability are to be implemented with Christ at the center- as to the Lord and not for men.
- All that we have does not belong to us in the first place. Everything is the Lord’s. May we be reminded to continually surrender what is His in order that He alone would be glorified.

Remember, each act of diligence, no matter how small, is seen by God and is part of a life lived in worship. You don’t need to be perfect—just faithful. Keep pressing forward, trusting that God will work through you as you grow in diligence and faith. And remember that...

“Whatever you do, do your work heartily, as for the Lord and not for people, knowing that it is from the Lord that you will receive the reward of the inheritance. It is the Lord Christ whom you serve.” (Colossians 3:23-24 NASB)