

🎵 THREE STEPS TO THE LEFT...

... and now three steps to the right. Three months is all you knee, to feel like you're back in the fight. ↩

Some call it the Z step. Some say it's taking a stand. Because OAK is not OK. It's a chronic, progressive disease 20 million Americans have developed due to wear and tear on the cartilage of their knees. 80% of people with OAK have difficulty with common activities. That means walking, using stairs, rising, bending, and even sleeping are difficult. We're talking basic movements and lots of PAINGRY people.

We think it's about time patients and doctors got a move on. Our recommendation? Dance it up with Zilretta. You heard it right, the non-opioid microspheres go directly into the knee and swirl around as they dissolve on down, releasing the medicine where it matters most. You get to be pain-free for three months and the microspheres eventually become carbon dioxide and water!

So don't hold back. Nod your head. Get up outta that chair. Dance because you feel better. All it takes is a Z to the knee and you're back to feeling like yourself again. It's the first and and only FDA-approved treatment of its kind. But some say it's an entire movement.

ZILRETTA, WHEN YOU KNEE TO MOVE.

shout it out

Let's not kid our ourselves here, menopause is f%\$&ing terrible. The hot flashes, the dryness and the ... sex? Ok, let's not even talk about the last time that happened.

In all seriousness, menopause can be super detrimental to a woman's physical and emotional health. Worst of all, it can really change the dynamics between you and your partner when it comes to intimacy.

You will not suffer in silence. **There's a revolution on the rise and it's called MonaLisa Touch.** It can help you take back control of your body and feel like the confident, strong, and bold woman you know you are--and always have been since you came out of your mother's womb.

Bottom line, it's your life. Your vagina. And MonaLisa Touch will let you live it up--to the fullest.



moisture
MAKES THE
DIFFERENCE

Biotrue® ONEday lenses have more moisture than any other contacts. Day by day, they maintain nearly 100% of their moisture for a full 16 hours. *Ahhh*, now that's a good feeling.

Then ONE by ONE, we recycle those contacts so they can be used to make new products like park benches, picnic tables, and playgrounds (instead of piling up in more landfills). We'll even accept contacts and blister packs from other brands. Because yeah, we're that concerned about the environment.

No other daily disposable contact lens can make those claims to fame. Which is why we get to own the sweet land of moisture where opportunity (and comfort) is endless.

See? Moisture makes the difference.

MAKE EVERY DROP COUNT.

You can feel it on your brow. It's getting closer... closer... yup, that last big exhale was enough to make that hard-earned bead of sweat splash onto the ground.

You're in plank position, so just let it drip. And you're ok with that. No—you're proud of that because sweating feels so. *Damn. Good.*

Everyone sweats. Sweat is sexy. Sweat is hardcore. Sweat speaks volumes. It gives you bragging rights for every tire flip, every rep, every play, or even every down dog.

At ViewSPORT, we believe in every drop of sweat. Whether it comes from a walk on break or 26.2 miles of pure adrenaline. And that's why the more you sweat, the more a motivational message appears. You see it—each drop gets you closer to that personal end game. Better make 'em count.

*Let's pour out another.
Be off with our lovers.
C'mon! Adventure awaits.*

We're anything but the twangy, back-of-the-pickup-truck cliché. We're AVA Grace Vineyards: A new age country hit taking influences from pop, rock, and hip-hop—just like our unique blend of winemaking styles.

The diverse terroir of our grapes create space for flavor variations in each varietal, mirroring the array of fans belonging to this beloved genre of music.

You see, we have no problem with experimentation. “Learn by doing” is our motto. Each sip is a verse of new beginnings. Every cheers contains a chorus of memories. The hook? Well, you’ll have to take a listen ...

Ohhh, there's no time to waste. Live your best life with AVA Grace.



FRANZ FOR LIFE 2.0

FRIENDS VS. FRANZ



**Friends hold up their glass.
True Franz hold up your bag.**

They've checked off that box on "bestierness." You and them, you go together like bold and jammy, rich and buttery, the sunset and blush, pink and moscato, or white and zinnyzin.

We think only high-quality wine will do for high-quality friendships. And only Franzia has been awarded 150 medals and a Great Value 90 Points.

That's because we bring **superior character and style** to not only your taste buds, but your real buds, too. Yup, we just became Franz For Life.



Keepin' It Fresh In The Club

Looking for a main squeeze? Bite no further than our one and only rewards program—the Cantina Club. Eat here. Get points. Come back again. And again. Fresh never gets old at Salsarita's.

Step up your game with a new mix of toppings. Spice up your moves with a new, tasty taco filling. Show off your flavor with new zesty salsa. (Yes, they're made fresh every day. And they're sooo good, "salsa" is in our name.)

If all of this has got your tastebuds talking, pump it up with a download (of our app). You'll see, at Salsarita's, we do Mexican right.



Ulster County

Bring Your Baggage. We'll Take Care Of It.

The hustle. The bustle. The chaos of our everyday lives weighs on us. And when you're in a city like New York, it's especially heavy. 90 miles north, there's a place to drop that baggage. To slowly unpack each meeting gone wrong, each kid that can't stop crying, each errand that irks you—until they're but a whisper in the wind. And then you can begin to refill on waterways that clear your mind, mountains that move your soul, and arts that elevate your senses. That place is Ulster County. Bring your baggage, we'll take care of it.

