

H. Alexandra Helfgott

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EDUCATION

YALE UNIVERSITY, Jackson School of Global Affairs – New Haven, CT

MPP, Global Affairs

May 2026 (Expected)

COLLEGE OF CHARLESTON, Honors College – Charleston, SC

Bachelor of Arts in Political Science, Bachelor of Arts in Spanish

May 2019

WORK EXPERIENCE

Moments in Mexico – Remote

Founder, Chief Research Analyst

March 2023 – Present

- Track developments in Mexico's domestic politics and translate the significance for English-speaking audiences, specifically government officials and private sector industry leaders
- Researched and wrote more than 75 explanatory and analytical pieces on various topics in Mexican politics
- Secured over 350 subscribers and received more than 115k web impressions in November 2025

McLarty Associates, Mexico Office – Washington, D.C.

Graduate Fellow

January 2025 – May 2025

- Conducted in-depth research and analysis on Mexico's political, economic, and trade landscape, providing strategic geopolitical and geoeconomic insights for multinational clients operating in Mexico
- Researched and wrote weekly briefings on key developments in Mexico's energy sector, synthesizing complex policy developments

Woodrow Wilson International Center for Scholars – Washington, D.C.

Elections Analyst for the Mexico Institute (MI)

September 2023 – August 2024

- Developed MI 2024 Election Blog, including website formatting, content development, and election analysis
- Researched and wrote over 20 explanatory and analytical pieces for the site, with one piece receiving over 25,000 views
- Liaised with government officials, journalists, and analysts to secure participation and commentary for the site

Energy Research Assistant for the Mexico Institute (MI)

May 2023 – July 2024

- Coordinated scheduling and managed logistics and communications for the Energy Working Group of 30 leading experts on energy policy in Mexico, with an emphasis on geopolitics of energy
- Prepared research materials and authored original content for MI's white paper on the future of energy in Mexico to be utilized by candidates in Mexico's 2024 presidential election

Research Assistant for the Office of Strategy & New Initiatives (OSNI)

January 2021 – July 2024

- Coordinated scheduling, managed communications, took minutes, and monitored task management for OSNI
- Led outreach, logistics coordination, and research for Wilson's Supply Chains Initiative, working with 25 sponsors and experts in a series of not-for-attribution dialogues to author reports on critical mineral, semiconductor, and electric vehicle supply chains

Research Assistant for the Mexico Institute (MI)

August 2020 – December 2020

- Conducted research and drafted briefings on a variety of bilateral issues, including: North American higher education, the USMCA, border management and water conflicts, political and economic consequences of the pandemic in Mexico

Fulbright-García Robles – Mexico City & Guadalajara, Mexico

English Teaching Assistant (ETA) Mentor

August 2020 – May 2021

- Liaised between Fulbright Mexico and ETA grantees to facilitate the 50 grantees' transition to life in Mexico by hosting regular events, assisting with logistics in Mexico, and helping resolve disputes

English Teaching Assistant (ETA)

August 2019 – March 2020

- One of 54 students selected from over 200 applicants to teach English in Mexico and represent the United States as a cultural ambassador
- Led 4 sections of English conversation clubs and taught 12 sections of English classes at Universidad Pedagógica Nacional utilizing didactic material that I independently developed

PUBLICATIONS

Long-form Publications

Driving Innovation Critical Minerals and the Automotive Industry

February 2025

Competition, Climate, and Resilience: Securing the EV Supply Chain in America

June 2024

Mexico's Next President: Challenges and Recommendations

November 2023

Of Swans and Rhinos: Building Resilience in the Semiconductor Supply Chain

October 2022

The Mosaic Approach: Strengthening America's Critical Minerals Supply Chain

October 2021

Short-form Publications

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| <i>Hitting the Target: How Can America Reach its EV Goals?</i> | March 2023 |
| <i>Seeking Process and Predictability: An Evaluation of US-Mexico Relations Under President Biden</i> | January 2022 |
| <i>Adiós, FONDEN - Mexico's Approach to Natural Disaster Financing</i> | September 2021 |
| <i>Bilateral Water Management: Water Sharing between the US and Mexico along the Border</i> | January 2021 |

Full professional proficiency in Spanish, both written and verbal

Proficient in Stata

Regional expertise in Mexico and Argentina