

# H. Alexandra Helfgott

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## EDUCATION

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**YALE UNIVERSITY, Jackson School of Global Affairs** – New Haven, CT  
*MPP, Global Affairs*

May 2026 (Expected)

**COLLEGE OF CHARLESTON, Honors College** – Charleston, SC  
*Bachelor of Arts in Political Science, Bachelor of Arts in Spanish*

May 2019

## WORK EXPERIENCE

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### Moments in Mexico – Remote

*Founder, Chief Research Analyst*

March 2023 – Present

- Track developments in Mexico's domestic politics and translate the significance for English-speaking audiences, specifically government officials and private sector industry leaders
- Researched and wrote more than 75 explanatory and analytical pieces on various topics in Mexican politics
- Secured over 350 subscribers and received more than 115k web impressions in November 2025

### McLarty Associates, Mexico Office – Washington, D.C.

*Graduate Fellow*

January 2025 – May 2025

- Conducted in-depth research and analysis on Mexico's political, economic, and trade landscape, providing strategic geopolitical and geoeconomic insights for multinational clients operating in Mexico
- Researched and wrote weekly briefings on key developments in Mexico's energy sector, synthesizing complex policy developments

### Woodrow Wilson International Center for Scholars – Washington, D.C.

*Elections Analyst for the Mexico Institute (MI)*

September 2023 – August 2024

- Developed MI 2024 Election Blog, including website formatting, content development, and election analysis
- Researched and wrote over 20 explanatory and analytical pieces for the site, with one piece receiving over 25,000 views
- Liaised with government officials, journalists, and analysts to secure participation and commentary for the site

### Energy Research Assistant for the Mexico Institute (MI)

May 2023 – July 2024

- Coordinated scheduling and managed logistics and communications for the Energy Working Group of 30 leading experts on energy policy in Mexico, with an emphasis on geopolitics of energy
- Prepared research materials and authored original content for MI's white paper on the future of energy in Mexico to be utilized by candidates in Mexico's 2024 presidential election

### Research Assistant for the Office of Strategy & New Initiatives (OSNI)

January 2021 – July 2024

- Coordinated scheduling, managed communications, took minutes, and monitored task management for OSNI
- Led outreach, logistics coordination, and research for Wilson's Supply Chains Initiative, working with 25 sponsors and experts in a series of not-for-attribution dialogues to author reports on critical mineral, semiconductor, and electric vehicle supply chains

### Research Assistant for the Mexico Institute (MI)

August 2020 – December 2020

- Conducted research and drafted briefings on a variety of bilateral issues, including: North American higher education, the USMCA, border management and water conflicts, political and economic consequences of the pandemic in Mexico

### Fulbright-García Robles – Mexico City & Guadalajara, Mexico

*English Teaching Assistant (ETA) Mentor*

August 2020 – May 2021

- Liaised between Fulbright Mexico and ETA grantees to facilitate the 50 grantees' transition to life in Mexico by hosting regular events, assisting with logistics in Mexico, and helping resolve disputes

### English Teaching Assistant (ETA)

August 2019 – March 2020

- One of 54 students selected from over 200 applicants to teach English in Mexico and represent the United States as a cultural ambassador
- Led 4 sections of English conversation clubs and taught 12 sections of English classes at Universidad Pedagógica Nacional utilizing didactic material that I independently developed

## PUBLICATIONS

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### Long-form Publications

*Driving Innovation Critical Minerals and the Automotive Industry Competition, Climate, and Resilience: Securing the EV Supply Chain in America Mexico's Next President: Challenges and Recommendations Of Swans and Rhinos: Building Resilience in the Semiconductor Supply Chain The Mosaic Approach: Strengthening America's Critical Minerals Supply Chain*

February 2025  
June 2024  
November 2023  
October 2022  
October 2021

**Short-form Publications***Hitting the Target: How Can America Reach its EV Goals?*

March 2023

*Seeking Process and Predictability: An Evaluation of US-Mexico Relations Under President Biden*

January 2022

*Adiós, FONDEN - Mexico's Approach to Natural Disaster Financing*

September 2021

*Bilateral Water Management: Water Sharing between the US and Mexico along the Border*

January 2021

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Full professional proficiency in Spanish, both written and verbal

Proficient in Stata

Regional expertise in Mexico and Argentina