Sustainability in Daily Life

Our daily habits directly impact the environment in many ways, often without us realizing it. Even small actions like leaving a light on or discarding plastic can accumulate into major environmental challenges. However, small, consistent changes can make a big difference.

Everyday Habits That Help the Planet

How You Travel

Did you know?
Taking public transport instead of driving cuts your carbon footprint by up to 45%.

Fast Fact:

About 67% of trips during peak hours are by bus or MRT.

Why it matters:

Driving alone adds to traffic and air pollution. Walking, cycling, or using public transport helps reduce emissions and keeps the air cleaner.

How You Shop

Did you know?
If everyone reused just one plastic bag a week, we'd save over 150 million bags a year!

Fast Fact:

The average person in Singapore throws away 68 new clothing items a year.

Why it matters:

Buying too much and tossing things out wastes resources. Using reusable bags and buying only what you need helps reduce waste.

What You Eat

Did you know?
One meat-free meal a week for a year saves the water equal to 10 bathtubs!

Fast Fact:

34% of Singaporeans are eating less meat.

Why it matters:

Producing meat uses a lot of water and energy. Eating more plant-based foods helps save resources and cut emissions.

How You Deal With Waste

Did you know?
Data centers use 1% of global electricity and are rising.

Fast Fact:

Plastic bag use dropped up to 80% after the bag charge in 2024.

Why it matters:

Recycling and reducing waste keeps trash out of landfills and oceans. Reusable bags and sorting recyclables make a big difference.

Your Digital Habits

Did you know?
Only 6% of plastic waste was recycled in 2023.

Fast Fact:

Streaming 1 hour of video daily for a year = driving 6,000 km in emissions.

Why it matters:

Leaving devices on or hoarding files uses lots of energy. Turning things off, decluttering, and streaming less helps lower your digital footprint.

Every Little Action Counts !

Switching off lights, turning off taps, using a reusable bag, or taking the MRT may seem small but together, they create real change!

Our Planet, Our Promise
Discover how everyday actions shape tomorrow's world