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Journal 6: AI and Media Reflection

AI and media have been something big that has impacted my life as a student and others as well. Everyone has their own way of using AI and media. I use AI and media in many ways. I use google, chat gpt , and TikTok because if I am stuck on something or confused on what to do, I just search for an answer on the internet and if I need a summary of an article or anything I also search up for it as well. How has this changed my approach of learning, problem solving or creating is that it gets a habit just searching things up that can answer the question you have or must answer which is something that's not good because sometimes the answer is in the readings or right there at times. Another thing is that when it comes to learning something I can understand it since it is being taught to you and there is not a need to be searching or cheating on the subject if it is being taught to you in that moment and that helps me a lot. When it comes to creativity, I brainstorm ideas in my head or write things down and if I cannot think of anything then I just search for ideas or things that I think could work with.

Where I encounter AI in ways that I do not notice at the times is when I use the GPS routes when sometimes I need to get a place. When I am watching YouTube and ads pop up, those are things that I do not notice, especially if something that grabs my attention. Another one is when I am watching TikTok and there are AI videos that look real until I get to the comments and find out it is AI which is scary cause you do not even know what is real and fake. How AI shape the way I see things is that sometimes I see it as a good thing since it can help you out on things you're stuck on or need help on a question but sometimes in a bad way since sometimes you can cheat on assignments or use on everything which is something that worries me sometimes because it's like people are using less there thinking skills or brainstorming on things and everyone just goes for something easy which is not fair at times.

How I imagine AI changing the career path I want to take and society in the next decade Is that I want to study to be a lawyer but in with the resources we have everything can literally be summarized or study on for example like reviewing things you can use websites that can help you review things for a test or bar exam. In society it can change in the aspect of like if people don't start using AI or media carefully then they can end up relying on these things which is not good and one thing is for sure AI and media is not going away or be put to an end instead it's going to more advanced that's why I feel like it's going to get out of control if society doesn't put a balance on how they use AI or media. I think what humans should do in setting boundaries in

AI development is to make sure that technology aligns with social values and serves as the good common.

How has my awareness with AI presence changed over time is that I do not use as much I as I used to one because I want to stop relying on and do not get in habit on just copy, and pasting thing, and cheat it is not right, and I want to start using more my critical skills and thinking, like I have done it but I got to try harder. To me it is about using Ai and the internet as helping resources rather than just cheating and using it the right way. What I would like to learn about if AI continues to advance is how it is going to affect society and what benefits it is going to bring and how to use it the right way.