

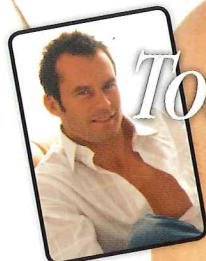
VOTED AUSTRALIAN MAGAZINE OF THE YEAR

newwomman

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923 hot spring trends

CATWALK LOOKS FROM \$8.95!



Tom Williams
Exclusive
one-on-one

IS HE YOUR SEX SOULMATE?

TAKE THE 2 MINUTE TEST THAT NEVER LIES

J.Lo

*'Yes, I can
finally laugh at
myself!'*

Overworked & over it?

HOW TO COPE WHEN THE JOB TAKES OVER!

'One more donut?'

Are your friends making you fat?

BIG BROTHER IS WATCHING

WHO'S REALLY READING YOUR EMAILS?

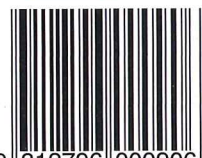
Oh. My. God!

12 PAGES OF SHOCK REAL LIFE STORIES

**100%
TRUE**

*'I saved 8 men
from a plane crash'
'Lost at sea and naked'
'I'm allergic to
my periods'*

an **emap** magazine



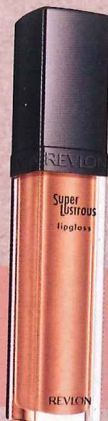
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08

nude slip

Autumn 2005

The only shades to wear this season! Get the sensual NUDE SLIP look...



Make sure you check out the entire Revlon Nail Enamel range – with 68 enticing colours to choose from there is a colour for every person and every occasion! Choose from polished neutrals, deep reds, gorgeous pinks, wines, mauves and corals.

Sensual new nudes are in this season, for glossy autumn lips try Super Lustrous Lipgloss in Nude Lustre.

REVLON

newwoman

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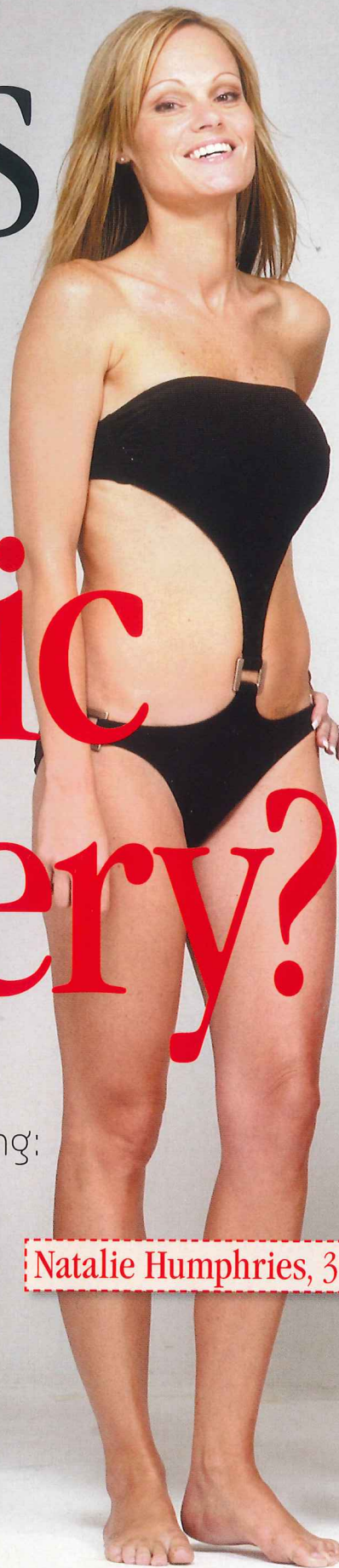
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Who's had plastic surgery?



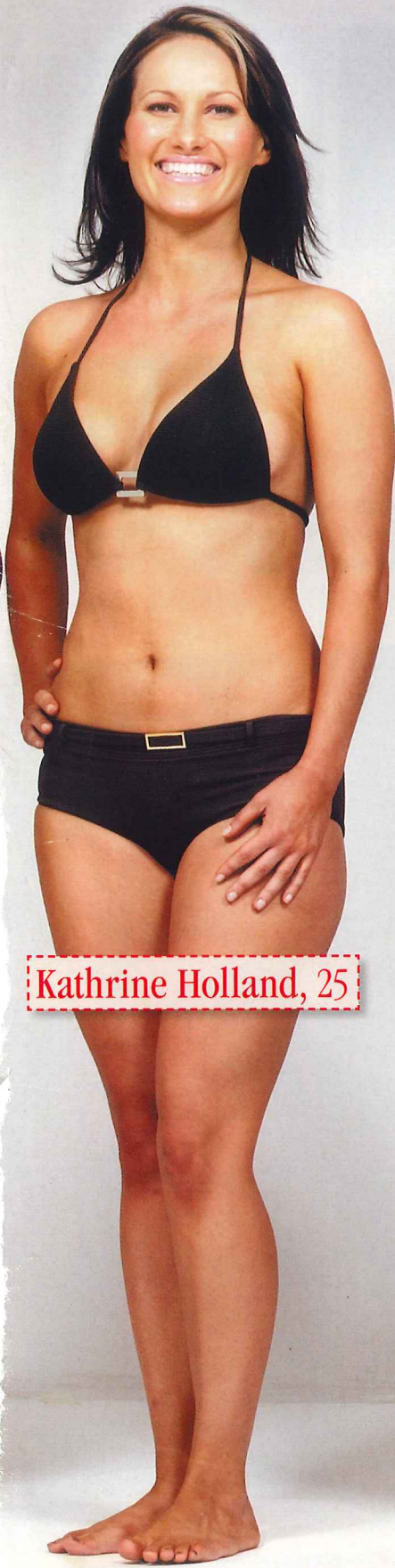
Natalie Humphries, 30



Rebecca McDonald, 27

Can you tell which of these women has had the following:

- Liposuction?
- Breast enlargement?
- Botox?
- Nose job?
- Multiple treatments?
- No surgery at all? >



Kathrine Holland, 25



King Sheffer, 39



Melinda Cole, 35

If you thought cosmetic surgery was just for Hollywood actresses and attention-seeking, B-grade celebs, then think again. With an increasing number of Australian and New Zealand women going under the knife every year, chances are you already know someone who's been 'enhanced'. But would you be able to spot it? We asked a panel of regular people to take a look at these five readers to see if they can spot who's natural, and who's given nature a hand.

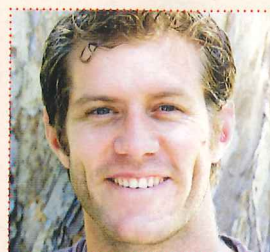
The Panel



The surfer, 25
Roghan McKerlie,
sports journalist



The gay guy, 39
Jason Ealey, business
development manager



The nature-lover, 27
Nic Lamond,
magazine editor



< The city chick, 22
Tammy Collins,
picture editor/writer



The sporty girl, 25 >
Kelle White,
marketing manager

Kathrine Holland, 25

SURGERY: Rhinoplasty (nose job)

SURGEON: Dr Warwick Nettle, Face & Body Medical, Level 4, 75 Grafton Street, Bondi Junction. Ph: (02) 9387 3900, www.faceandbodymedical.com

Kathrine says

'After being called "Gonzo" throughout school, at 16 I really wanted to have a nose job. But it wasn't until my twenties that I thought, "I hate this! I want to get rid of my nose". My fiancé was sick of hearing about it and said, "Just do it if it'll make you happy". So I took out a loan and did it. The op took a day: I went in at 8am and was out by 3pm. As far as pain goes, I was really lucky. I was given painkillers and pretty much sailed through it. The worst bit was only being able to breathe through my mouth for four days. It took about two months before the swelling went down and I could really see the shape and like it. I didn't realise it before but my nose was affecting my self-confidence. People began saying things like, "You've got nice cheekbones" or "nice eyes". I never thought I had nice eyes or cheekbones before; people must've just been looking at my nose the whole time.'

Our panel said

Jason: 'Boob job - she's got a great chest!

And a nose job - it doesn't suit her face.'

Nic: 'She's really pretty. I think she's had a nose job as it looks angular and pointy. She's also had Botox on her forehead. Her arms look smaller than the rest of her, so perhaps liposuction too.'

Kelle: 'She's had her boobs done - they're very round and perfect.'

Roghan: 'Botox on the face - there's not a single defining line. Her breasts are perfectly up and forward: she's really fit, but I think they've been enhanced.'

Tammy: 'Her boobs look perky - she's had them done. Her nose looks altered as it's quite well-formed.'

Kathrine's reaction

'Everyone asks if I've had my boobs done. I'm lucky they just sit up! I'm surprised they noticed my nose job because usually no one does, but that's cool. I'm still young so I'm not too wrinkly yet - so no Botox! What Nic said about my arms is flattering because I was feeling a bit porky next to the other girls!'

I've had a nose job!



Melinda Cole, 35

SURGERY: None

Melinda says

'I've never had the urge to have plastic surgery – I don't think I need it. I certainly don't have issues with other people having it, but personally I feel it's important to be healthy on the inside. Getting things sucked out is not solving the problem. I think toning up and working out is a much healthier approach. I work out three times a week – nothing over the top – but I do lots of walking and light weights at the gym. Because of this, I not only feel better physically, but mentally, too. Of course there are things I don't like about my body – it's just human nature to feel like that (or at least for women it is!). Would I consider plastic surgery? No. I'm very happy the way I am.'

Our panel said

Jason: 'I think her face looks a little stretched, so she's had Botox.'

Nic: 'Her face looks like it's had a lift.'

Kelle: 'She's had stuff done to her face: perhaps a lift and Botox.'

Roghan: 'Umm, maybe she's had her lips pumped up and a breast reduction.'

Tammy: 'Her face is quite structured – perhaps it's been lifted. Her lips look very plump, too.'

Melinda's reaction

'Botox? I'll take it as a compliment! My face is naturally high-boned, thanks to my mum. As for Roghan's comment about my breasts, I guess I'd prefer it if it was the other way around! But I can live with that!'

'I'm all natural!'

‘It's important to feel healthy on the inside. Getting things sucked out is not solving the problem – Melinda’

Natalie Humphries, 30

SURGERY: Breast enlargement from an A cup to a C cup

SURGEON: Dr Richard Barnett, North Shore Private Hospital, NSW

Natalie says

'My breasts were done four years ago; it was a spur-of-the-moment decision. I hated being flat-chested, but in my circle of friends boob jobs weren't common or talked about. Then a friend of mine had hers augmented; she looked more womanly. When you're flat-chested you don't feel very feminine, so I thought, "If she can do it..." and bit the bullet. It wasn't painful, but I took painkillers every few hours. On the first day I was in tears because my boobs were so huge with all the swelling, but when they went down, I loved them! I'm more confident now and I feel better in a swimsuit. When I had a baby, I had problems breastfeeding. It was nothing to do with milk supply [implants should not affect your ability to breastfeed], but my baby found it hard to latch on. Strangely, my husband Jason prefers breasts small and natural (although clearly it hasn't put him off) and I've found a lot of men feel the same way.'

Our panel said

Jason: 'Perhaps Botox because her face looks like it's been pulled from the sides.'

Nic: 'It looks like her face is quite pulled-back and lifted.'

Kelle: 'Maybe she's had Botox on her forehead, but nothing else done.'

Roghan: 'I think she's the real deal and has had nothing done.'

Tammy: 'Botox on the forehead, because it's a lot firmer than the rest of her face.'

Natalie's reaction

'I wasn't surprised nobody picked what I've had. But if I was wearing a revealing top, you could tell a mile away! Wow – Botox or lifted? I guess I'm flattered they think that, it cracks me up! And Roghan, oh I love him – that's an awesome compliment!'

'I've had a boob job!'



I've had Botox!

King Sheffer, 39

SURGERY: Botox in her jaw

SURGEON: Dr Tony Prochazka at Fine Cosmetic Surgery. Ph: 1800 229 922, www.finecosmeticsurgery.com

King says

'I've had three Botox injections in my jaw because it used to be really square and bulky. The muscles in my jaw were unusually strong because I would tense them in stressful situations. And as I tensed more on one side than the other, my face was asymmetrical. Botox relaxed the muscles in my face and made it nicely shaped. A couple of people have said to me, "Why did you put that poison in yourself?" but I've no regrets.'

Our panel said

Jason: 'She hasn't had anything.'

Nic: 'Her face looks Botoxy, and perhaps a bit of lipo around the waist.'

Kelle: 'She's had her cheeks and eyes lifted and collagen in her lips.'

Roghan: 'She has no lines in her face at all, so she's had Botox. She has Angelina Jolie-type lips, so I think they've been enhanced. And her legs look luscious, so she's probably had liposuction.'

Tammy: 'She's had a nose job because it looks quite well-formed.'

King's reaction

'Jason's comment is great! If you've had surgery it's good to look natural. Roghan thinks I've got Angelina lips? That's good! Luscious legs? That's fantastic! It's funny Nic thought I had liposuction on my waist – lately I've been thinking it's a bit too big.'

Nip 'n' tuck

For information about plastic and cosmetic surgery or for contact details of surgeons, try the following:

Australian Society Of Plastic

Surgeons: Phone 1300 367 446 or see

www.plasticsurgery.org.au.

Australian College Of Cosmetic

Surgery: Phone 1800 804 781 or go to www.accs.org.au.

Australasian Academy Of Facial Plastic

Surgery: Phone 1800 649 925 or visit www.aafps.com.au.

Rebecca McDonald, 27

SURGERY: Multiple treatments including liposuction on her hips, buttocks, thighs, knees, lower back and stomach. Breast enlargement from 10A to 10D

SURGEON: Dr Kourosh Tavakoli, www.cosmeticsurgeryoz.com

Rebecca says

'In February I had a breast enlargement – after having two kids there wasn't much left up there! As for the liposuction, I had a few areas that worried me so I figured I may as well get it all done at the same time. I didn't like the way fat was deposited over my body. I took almost four weeks off work [to recover] but the pain wasn't as bad as I'd been warned. I was walking around the next day. I'm thrilled with the results and have nothing negative to say about the experience.'

Our panel said

Jason: 'Her face looks really smooth, so I think she's had Botox. And a breast

enlargement – she's got great breasts!'

Nic: 'Her waist and hips are really straight, so I think she's had liposuction.'

Kelle: 'She hasn't had anything done.'

Roghan: 'Her lips have been enhanced.'

Tammy: 'It looks as though her legs used to be heavier, so I think she's had lipo on them and on her stomach. Perhaps she's had Botox on her forehead.'

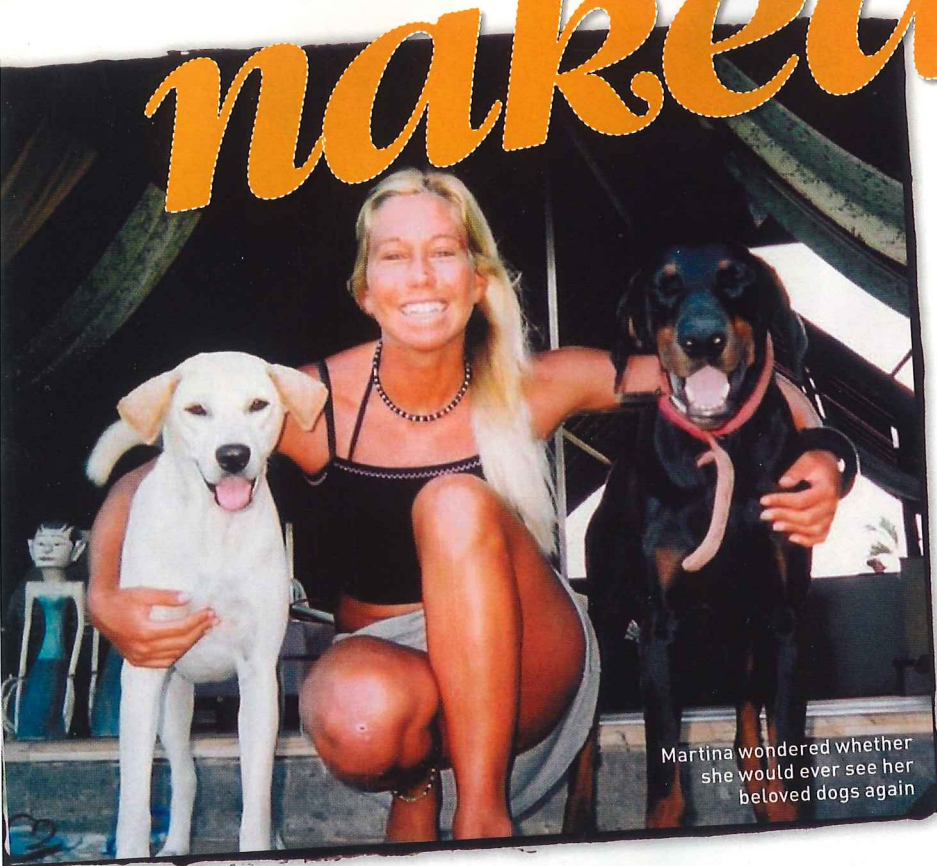
Rebecca's reaction

'Ha! Lucky for me I have naturally full lips. I also have regular microdermabrasion and chemical peels, so I look after my skin. Jason's comment about my breasts was nice – money well spent, although it was done for me, not the opposite sex!' **NW**



I've had it all!

'I WAS LOST AT SEA... naked!'



Martina wondered whether she would ever see her beloved dogs again



'I was panicking in the water and couldn't stop thinking about sharks'

Martina Lorenti, 25, spent a terrifying night stranded alone in shark infested waters – naked!

I love Bali - it's the perfect place to escape the winter, relax and surf. Last year I was there with my boyfriend, Bitu, and three of our friends, Phillippe, Matias and Sebastian. We wanted to hire a boat and cruise around the Mentawai islands.

After searching all day, we finally secured a boat with four crew and set off. I could hardly contain my excitement - I was about to head off on my first journey into the open ocean! We cruised past all these tiny islands and I couldn't wait till we stopped for a swim.

But within two hours raindrops were pelting down and the sea turned really rough. I felt seasick and couldn't eat or drink anything.

We went to bed at 10pm, but just five minutes later I was sick everywhere. I staggered upstairs and hung over the rail of the boat. At midnight I crept back downstairs, took off my wet bikini, wrapped a sarong around my waist, put on Bitu's T-shirt and lay next to him. By 2am I was close to finally falling asleep when we felt the boat lurch violently to one side - and stay there.

We started to sink

The crew were upstairs shouting hysterically at each other and then we heard screams for us to get out. As I scrambled up the stairs, water rushed into our cabin. We were told to stand on one side in an attempt to balance the boat.

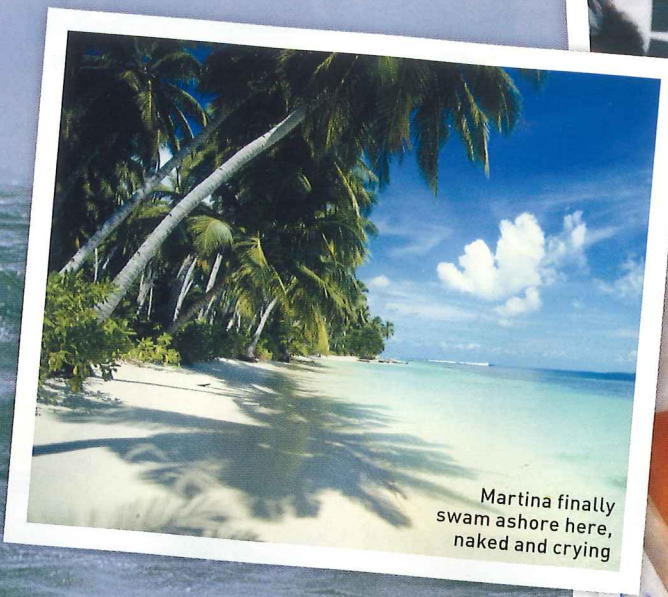
But it was too late - we were sinking very fast. We quickly untied all the surfboards in their bags from the side of the boat so they fell into the ocean, then jumped on top of them. My sarong was ripped off in the effort,

leaving my bottom half naked, but at the time it was the last thing on my mind.

The crew huddled on top of the vessel's roof, which was just above the water, but we figured we'd be safer on our boards. I'd never been so scared in all my life. I was panicking in the water and couldn't stop thinking about sharks.

We saw fins coming towards us

Time passed slowly and we were too tired to speak, so we closed our eyes and floated in silence. It was so dark, quiet



Martina finally swam ashore here, naked and crying



Martina's now trying to get back to normal life

'I KEPT SCREAMING BUT NO ONE COULD HEAR ME. THAT'S IT, I THOUGHT. I'M DEAD.'

and scary. By 9am we were sick of it all – sick of no one coming to our rescue, sick of not knowing where we were, and sick from not eating or drinking for so long. We began to argue. Some of us wanted to paddle to a distant island, but Phillippe thought the rips surrounding it were too dangerous. The crew kept shouting from the roof that we would be rescued soon. But even as they said this, they were sinking further under.

Suddenly Phillippe turned white, pointed and whimpered, 'Fins. I saw fins!' They'll eat us alive, I thought. But luck was on our side – they were dolphins! But how long would it be before sharks did come after us?

The crew started begging us to help them – they couldn't swim and were scared witless.

Phillippe wanted us to drag them behind us on our surf boards; I thought he was mad! Bita decided to help Phillippe and shouted for me to go ahead with Matias and Sebastian who were paddling towards the island. I started paddling to reach them, but in the ocean swell they were nowhere in sight. I looked back and Bita and Phillippe had disappeared, too. I couldn't believe it. I was on my own, in the middle of the ocean. I kept screaming, but no one could hear me. That's it, I thought. I'm dead.

I focused on the island

For four hours I paddled. I could see an island in the distance and was trying to focus on it but I couldn't seem

to get any closer to it. My arms grazed against the board and started to bleed. I tried not to think about what was below me or if sharks could smell my blood. Then a sudden mist appeared over the island and I lost the plot because I could no longer see where I was going. I became hysterical. But I tried to pull myself together and started paddling furiously once more, and just when I felt I could hardly go on anymore I saw the island again – so close but yet so far!

Eventually I reached the island – exhausted but relieved. I ran up the beach and lay down. Some locals found me half-naked and crying. They were so friendly, offering me fresh fish while I kept apologising for being naked.

They must've thought I was mad.

I saw a fishing boat coming towards the island. It had rescued everyone else and was coming for me. I was finally reunited with my friends. I couldn't believe that we had all survived and no one was hurt.

The experience has changed my life. I still get seasick, and whenever there's a storm I'm terrified to the point of tears. I'd love to travel back to the Mentawaiis, but there's no way I'll do it on a boat. **NW**

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WORDS KATE MCMAHON PHOTOGRAPHY BETTY

'I SURVIVED *this* PLANE CRASH... *and rescued 8 men*'

Angelica Calad-Gomez, 22, was the cabin aide on this flight. Amazingly she saved the lives of all the passengers...

Just a normal day...

It was 5.30am on a bitterly cold New Jersey morning and I shivered as I waited to start work on a short haul flight from Teterboro Airport, NJ, to Chicago. Thick snow covered the ground; I was freezing and couldn't wait to get going.

This was my fifth month working for Platinum Jet Management as a cabin aide, which is basically an uncertified flight attendant. The company provides private charters to celebs and businesses and although they don't have to have a qualified flight attendant on board by law, I do have safety training.

I loaded my bag on board and prepared the plane for the two-hour trip. Our eight passengers – all businessmen – boarded and while they chatted I put their coats away, served juice and coffee, and made sure their seatbelts were fastened. Closing the door,

I did a final check. We were ready for takeoff. John, the pilot, introduced himself as the co-pilot, Carlos, and I strapped ourselves into our seats in the cockpit. We sped up the runway and I sat there waiting for the plane's nose to rise into the air.

All I could hear were screams of terror

But we didn't take off. The plane was roaring along the runway at a takeoff speed of nearly 300km/h, yet we weren't lifting. What was happening? I froze. Something was very wrong. Suddenly John started screaming, 'Hold on! Hold on!' Carlos was crying, 'Oh my God, we're going to die!' I thrust my arms out in front, bracing myself in case we stopped. *Hoping* we would stop. I had a full view of absolutely everything in front of us as we careened out of control along the runway. John slammed on the brakes so hard he injured



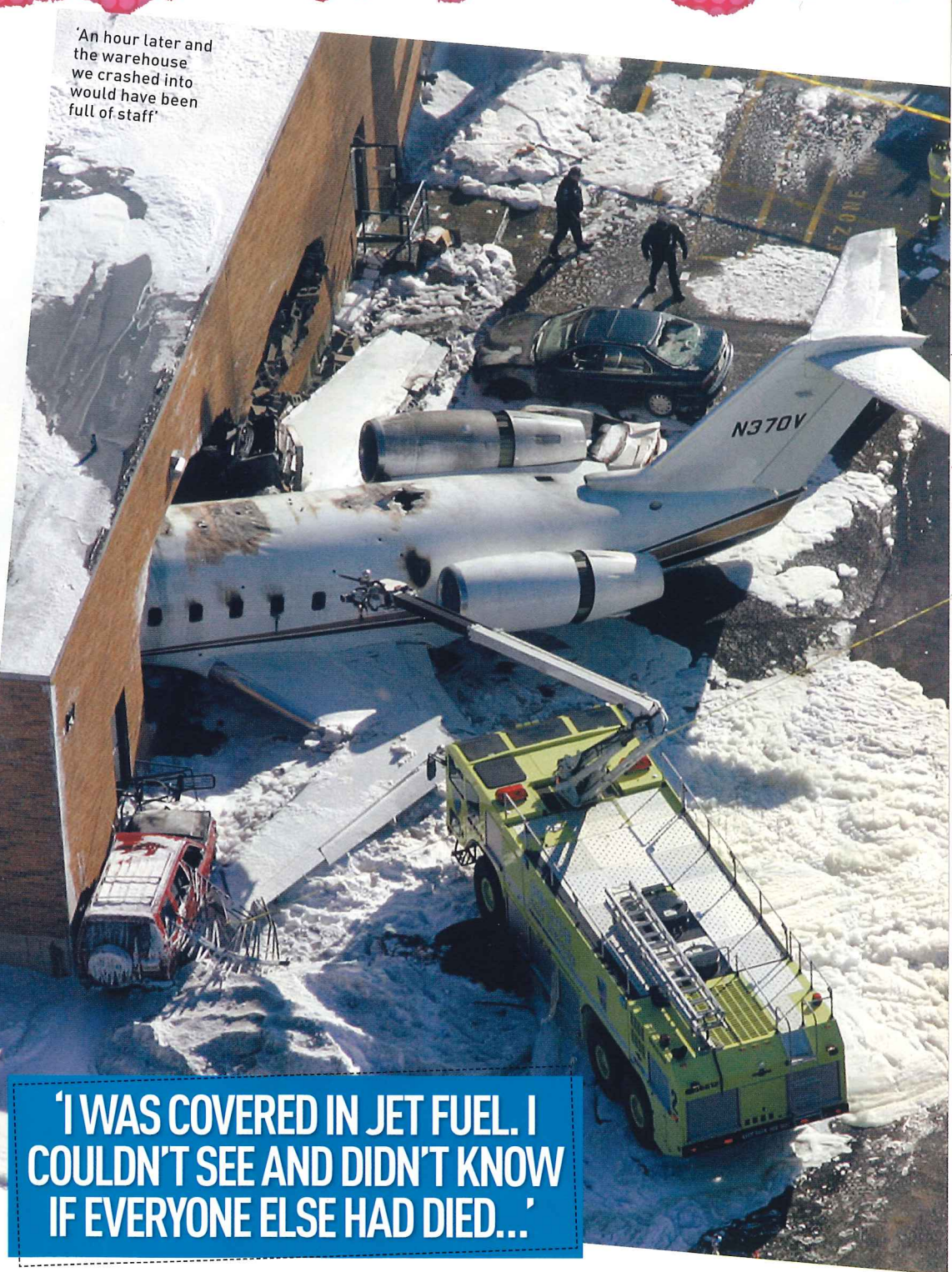
his foot, but his efforts didn't stop us hurtling towards Route 46, one of New Jersey's busiest six-lane highways. I honestly thought I was going to die.

All I could hear were the passengers' screams of sheer terror behind me as we hit the fence that separated the runway from the highway. I closed my eyes and waited for that huge explosion that would kill me. I was waiting to die. But by some miracle it didn't happen. It was 7:20am but amazingly a red light had held up most of the traffic. Although I didn't know it at the time, we did hit two cars – I didn't hear or a feel a thing – but luckily no one was killed. How that happened I will never know.

I opened my eyes for a split second and all I saw was a building. There was no way we could miss it. I buried my face in my hands and screamed for the passengers to brace themselves.

I felt us smash right through the thick concrete walls of a women's clothing warehouse. The jet shook and shuddered as it came to a stop. Finally the lights flickered out, and it hit me – I was alive. My second thought was to get all the businessmen off the plane as soon as possible, so I unbuckled my seatbelt and went back into the plane to reach the passengers.

All I could smell was gasoline – I realised I was covered from head to toe in jet fuel. I couldn't see anything and didn't know if everyone else had died. But it was like I was a robot doing what I'd been trained to do. Smoke drifted towards me from the back of the plane, and through the haze I could hear the petrified men yelling, 'We're gonna blow up,



'An hour later and the warehouse we crashed into would have been full of staff'

'I WAS COVERED IN JET FUEL. I COULDN'T SEE AND DIDN'T KNOW IF EVERYONE ELSE HAD DIED...'

the plane's gonna blow up!'

Leap of faith

I yanked on the lever to open the front door but it wouldn't budge. One of the passengers literally threw himself against it until it finally opened. The men were screaming and crying and pleading to me for

help. Amazingly, I swallowed my rising panic and told them calmly to jump out of the plane. One by one I helped the passengers out and onto the ground below but when I went to get the pilots, they were stuck. The cockpit had collapsed around them and all I could hear was John

screaming, 'Just go! Save yourself, the plane's gonna blow up! Run for your life!' It was a split decision and leaving those two men was the hardest moment of my life.

Of course there were no stairs at the exit, so I had to hurl myself from the plane. As I landed in the snow below, I

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New Woman
2005 JEANS AWARDS

Here it is: the ultimate take-it-shopping guide to help you find the



Best

PETITE FIT

Bardot, \$129.95

CC Denim slight-stretch bootcut

The denim drill: The dark denim with a splash of bleach helps slim thighs, and the slight flare cut gives length to short legs. Features a four-button fly and wide pockets at the rear with a funky pattern and chunky denim strips that will help hide your bum. The main thing to remember when buying these is: tight is right!

Suits celeb shapes: *Kylie Minogue, Nicole Richie*
Stockists: (03) 9417 3300

Best

COMFY FIT

Wrangler, \$109.95

Thin-stretch straight-leg
The denim drill: When it comes to these vertical-stretch denims, comfort is the key – they'll mould to your figure more and more with every wear. Be careful if you have heavy thighs – they lack detail to divert attention from your flaws. Best worn a little loose, the pencil legs are perfect for tucking into boots.

Suits celeb shapes: *Catherine Zeta-Jones, Heather Graham*
Stockists: (02) 9331 2355 or (03) 9482 7133

Best

DARK WASH

Jeans West, \$79.95

Full-stretch bootcut flare
The denim drill: The pale blue and gold stitching adds a glam touch, and the short zipper trims your lower tummy. When choosing your size, watch that the thin waistband doesn't create love handles. The thigh-friendly fit elongates legs, and the light stretch material makes everything from standing to squatting a cinch!

Suits celeb shapes: *Halle Berry, Kate Hudson*
Stockists: 1800 809 889

Best

DETAIL

True Religion, \$550
Non-stretch, vintage-wash flare

The denim drill: With its unique hand-sewn embroidery and distress, it's no wonder celebs such as Jessica Simpson, Gwen Stefani and Angelina Jolie go mad for these jeans. The delicate denim feels soft on your skin and sits flat, making your shape look stunning. The fat belt loops divert attention from hips and big low pockets make your bum look yum!

Suits celeb shapes: *Angelina Jolie, SJP*
Stockists: (02) 8978 1144

Best

LIGHT WASH

Just Jeans, \$89.95

Slight-stretch bootcut
The denim drill: The green and gold stitching on the back pockets is gorgeous, and the slight flare in the leg is flattering for most shapes. Because they're slightly stretchy, they'll maintain their shape. Be wary if you're heavy-hipped though, as they're not very forgiving. But these are a great pair of 'classic' jeans to have – and they won't bust your bank account!

Suits celeb shapes: *Lindsay Lohan, Liv Tyler*
Stockists: 1800 650 600

Best

HOT JEAN

Miss Sixty, \$300

'Mary Jane' non-stretch straight-leg

The denim drill: The wide, low-riding waistband is made with thin material to make your hips look hot, plus the light fabric allows for easy movement. Your tush'll look tight thanks to the low pockets with gold stitching. The straight-leg style is slimming and the contrasting light and dark wash makes you appear taller and leaner.

Suits celeb shapes: *Sienna Miller, Paris Hilton*
Stockists: (07) 3844 6222

◀ **THE DESIGNER:**
Wayne Cooper

THE SHOP:
Target

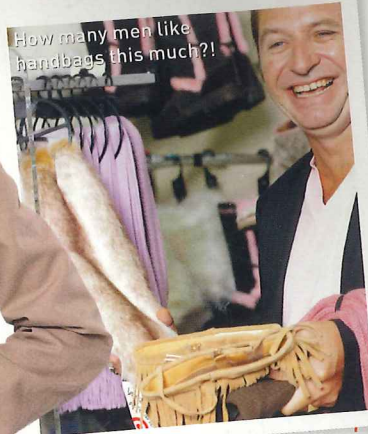
THE LOOK:
'Downtown Boho Deluxe'

WAYNE'S TARGET SHOPPING TRIP

'I loved going to Target – there were so many funky basics to choose from! My tip is to buy lots of different colours and styles and layer things together. If you splash out \$250 on a designer cashmere top, that could be it for the season, but with the same amount of money you can have so much fun with fashion at these chain stores by buying heaps of little items to create a look that no one else has.'



Wayne sizes up his options



How many men like handbags this much?!



So many shoes so little time...

● **\$395** 'At first I was confused about what accessory of mine to use but in the end I went for the Zhivago hat because it makes a statement – especially in contrast to her hair colouring.'

● **\$39.99** 'The rule "less is more" doesn't apply here! Each garment works for the other. The more I layered and combined the clothes and mixed textures, the better it began to look. Pick up a piece on its own and ask, "OK, what can I do with this?" Then create a look by adding lots of bits.'

● **\$19.99** 'The belt is quite straight so can't go too low. Don't try and force it down, just position it so it sits flat.'

● **\$49.95** 'I wasn't sure whether to tuck the jeans into the boots. After playing around with it, the boots set the jacket off nicely.'



The outfit:

- Cami \$34.99
- Cardie \$39.99
- Blazer \$39.99
- Jeans \$49.95
- Boots \$59.99
- Hat \$395 Wayne Cooper
- Belt \$19.99

BIG W
TOTAL =
\$244.90

THE DESIGNER:

Natalie Cohen

THE SHOP:

Kmart

THE LOOK:

'Vanessa Paradis wandering the streets of Paris'

NAT'S KMART SHOPPING TRIP

'I loved shopping in Kmart – for Bonds singlets and underwear especially! They're a great source for colour co-ordinating bra straps with tops. Don't limit yourself to conservative combinations of clothing, because shopping on the cheap means you can afford to experiment with mixing and matching – textures, prints, colours and fabrics. Also, try straying from traditional formulas – try wearing long jackets with skirts and mixing different shapes together.'



Natalie racks up some new buys

Bellydancing, anyone?

• **\$POA** 'I chose these necklaces as my accessory to liven things up and bring out the outfit's colours.'

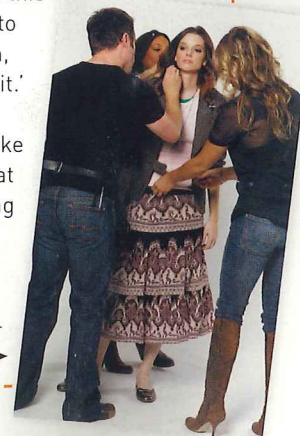
• **\$44.99** 'The tweed jacket gives the outfit that random balance of light and heavy.'

• **\$14.99** 'For an unexpected touch, I put this vintage-looking brooch on the pocket instead of on a lapel.'

• **\$8.95** 'The pink singlet complemented the raspberry tones in the skirt. I added some fun detail and broke away from traditional colour coordination by using the green cami for a flash of colour underneath.'

• **\$34.99** 'I love the boho look, so I was immediately drawn to this skirt. I like to pick one item, then build on it.'

• **\$29.99** 'I like the appeal of flat shoes with a long skirt. Metallic is huge this season and I couldn't go past these ballet-type shoes! ➤



The outfit:

- Green singlet \$8.95 Bonds
- Pink singlet \$8.95 Bonds
- Jacket \$44.99 Now
- Skirt \$34.99 Now
- Slip-ons \$29.99 Now Girl
- Red chilli pendant & green chilli glass necklace \$POA Cohen et Sabine
- Brooch \$14.99 Express

BIG W
TOTAL
\$142.85

◀ **THE DESIGNER:**
 Jamie Walsham

THE SHOP:
 BIG W

THE LOOK:
 'Sexy with a relaxed twist'

JAMIE'S BIG W SHOPPING TRIP

'There was so much choice! And as I don't like to wear clothes just because they're "in" it was perfect. I love to venture around the whole store – you can go for a man's suit or a kid's cartoon tee. Sometimes a garment doesn't look good in the environment it's in, but take it out and give it some individuality with your own style. Don't ever think clothes should only be worn a "certain" way.'



So many clothes, so little time...



Jamie raids the men's section



Can't choose? Take both – it's BIG W!



● **\$24.93** 'The first thing I noticed was that the cardigan had potential. I didn't have a particular theme in mind, I just went with the flow, worked with what I had and made my own statement. If this cardigan was used in its intended environment, it could look quite conservative, but I just got creative and cropped it up a bit.'

● **\$74.95** 'I chose the One Teaspoon top to work with the contrasting pinks. The bright colours in the top go with the light tones of the wraparound, but still look random and not too matching colour-palettled! Leopard print is always a safe bet to give an outfit an edge.'

● **\$12.86** 'The gloves give the get-up a bit of attitude!'

● **\$23.86** 'To stray from the norm, I wanted the shoes to be worn with the straps half off, to give a casual relaxed message – not so nerdy! You'd wear the straps up properly if you were a bank teller!' **NW**

BIG W TOTAL = \$91.57

The outfit:
 Boob tube \$74.95
 One Teaspoon
 Wraparound cardie \$24.93
 Men's pants \$29.92
 Heels \$23.86
 Gloves \$12.86



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