

# Get Your Health Back on Track

Weight management should be simple, so kick-start your weight management journey with the **TLS® 30-Day Jump-Start Kit!** With eight amazing products and a booklet to help guide you, this kit contains everything you need to achieve your weight management goals.

**Get yours today from [my.tlsSlim.com](http://my.tlsSlim.com) and [MY.SHOP.COM](http://MY.SHOP.COM).**



"All my life, I've struggled with my weight. In recent years, it spiraled out of control. With TLS, I not only lost weight, but I've been able to maintain my health.\* This science-based program has taught me so much, specifically how to better manage my weight, proper supplementation, the importance of exercise and much more.\*\* I'm a work in progress, but I know I'll reach my goal with TLS!"

— Adeline Lau Pei Ling, Executive Coordinator



*This product must be consumed together with a balanced diet and regular exercise.*

*\*Individuals following the TLS Weight Management Solution as part of a healthy diet and exercise program can expect to lose 1–2 pounds per week.*

*\*\*Consult your healthcare provider before starting any weight management products or exercise programs.*