

Laser Hair Removal Services in Long Beach

Laser hair removal is one of the most popular and sought-after cosmetic procedures worldwide. Lysty Aesthetics & Wellness has a best-in-class medical cosmetic aesthetic clinic that aims to enhance your natural beauty in every way. When we offer this service to our Long Beach NY patients, they receive fast & effective hair removal with minimal discomfort and quick recovery time. We also consult our patients on how laser hair removal reduces hair growth permanently and how to maintain your smooth, hairless skin. No matter how thick or unreachable it may seem, we can remove any hair successfully.

Fast & Effective Hair Removal

One benefit of laser hair removal services in Long Island is how fast and effective the lasers are in removing hair. Most treatments are 6 to 8 sessions, but your Long Beach, NY visit will vary on hair thickness and the amount of hair to remove. Each session takes about two hours or fewer, causing minimal disruption to your day.

It's effective because you will notice hair becoming thinner and lighter with fewer regrowth weeks after the recovery period. You will see and feel significant hair reduction after the sessions are complete. The laser targets specific hair sections like the bikini line, upper lip, eyebrows, nose, and knuckles precisely.

Minimal Discomfort and Quick Recovery Time

A second benefit of laser hair removal services in Commack is how easily the skin recovers and handles the procedure. The pain from the laser resembles a rubber band popping against the skin. That pain is manageable for most people, but your pain threshold varies. You will feel the laser beam the most during the first session. The discomfort decreases in later sessions because your skin becomes tolerant against it.

After the procedure, it's normal to experience redness, tenderness, or sensitivity for a few hours. That gives your skin time to recover from the laser beams. Other side effects include temporary skin discoloration and a burning, stinging, or blistering sensation. Scarring and infections could also occur. Once those side effects subside, you can return to your daily routine.

However, the side effect of irritation lasts a few days. Intense or sweaty workouts intensify it. Sun exposure also intensifies irritation, but it is avoidable by wearing long-sleeved shirts, gloves, and wide-brimmed hats outdoors in Long Beach, NY.

How Laser Hair Removal Reduces Hair Growth Permanently

The purpose of laser hair removal services in Melville is to destroy the hair follicle to stop it from growing back permanently. That requires several sessions of laser pulsing treatments to the desired areas. Our initial treatments damage hair follicles. Damaged follicles can heal, triggering regrowth. We encourage follow-up appointments to stop possible regrowth to destroy the hair follicle. That's when the hair is permanently gone.

Our team in Long Beach NY talk to you about the procedure and answer questions. We recommend shaving the targeted areas a day before the procedure to locate the follicles. We don't recommend plucking or waxing hair four weeks or fewer before laser hair removal treatment. On appointment day, you could apply topical anesthetic to bikini lines, underarms, and other sensitive body parts if you want it. The laser choice and adjustments vary by hair color, skin type, and thickness. We provide eye protection and a cold gel for the skin before the procedure starts.

Light pulses will hit the targeted area one section at a time until the procedure is complete. The high heat burns the follicles below the skin's surface. Ice packs and anti-inflammatory cream are available to help soothe skin and reduce discomfort.

Unfortunately, you can't remove hair in one session because of the hair cycle. Hair removal treatment is effective when the hair is in an active cycle. The hairs on your body are not in the active stage simultaneously. Some are active, some are resting, and some are in transition to becoming active. Removing them all is possible with several treatments four to six weeks apart. Whenever the follicles are in the active cycle, the laser beam will stop them from regrowth.

For years, Lysty Aesthetics & Wellness has relied on our medical expertise, compassion, and patient trust to deliver personalized care with exceptional results. We use the most advanced laser technology and high-quality products for a streamlined experience. Women and men will enjoy the benefits of less hair on their skin. Visit our office or call us to make an appointment for laser hair removal services in Long Beach NY.