

BURNOUT AMONGST EMPLOYED STUDENTS
(HOPE DAVIS))

– OC –

BALANCING A SOCIAL LIFE AND SCHOOL IS ALREADY A TROUBLING TASK FOR COLLEGE STUDENTS.

–VO –

HOWEVER, FOR STUDENTS WHO ALSO HAVE JOBS DURING THE SEMESTER, THE FINE LINE BETWEEN BALANCE AND BURNOUT BEGINS TO BLUR.

WE SPOKE TO APPALACHIAN STATE SOPHOMORE ELLISON NORTON, WHO WORKS PART TIME AT A LOCAL RESTAURANT, ABOUT HOW HAVING A JOB HAS IMPACTED HER COLLEGE EXPERIENCE.

SOT: (ELLISON NORTON, APPALACHIAN STATE STUDENT)

trt: (0:29- 0:58 (29 SECONDS))

OUT: especially being in a sorority

“I THINK I SPEND MORE TIME FOCUSING ON WORK, BECAUSE IN THE BRUNT OF MY MIND IS HAVING MONEY. FIRST, FOR GROCERIES AND UTILITIES AND ALSO TO TAKE CARE OF MY CAT, BUT ALSO I LIKE TO HAVE SPENDING MONEY TOO, BECAUSE IN COLLEGE THERE'S ALWAYS SOMETHING YOU HAVE TO PAY FOR, ESPECIALLY BEING IN A SORORITY.”

– VO –

SOME RECENT STUDIES HAVE SHOWN THAT WORKING STUDENTS ARE LESS LIKELY TO COMPLETE THEIR BACHELOR'S DEGREE ON TIME THAN THOSE WHO DID NOT HAVE A JOB.

NAT SOUND:

(cash register sounds, receipt printing)

trt: (2 sec)

– VO –

HOWEVER, STUDENTS HAVE FOUND THAT WORKING DURING THE SCHOOL YEAR CAN PUT A STRAIN ON SOCIAL ACTIVITIES.

SOT: (ELLISON NORTON, APPALACHIAN STATE STUDENT)

trt: (8:10-8:44 (34 sec))

Out: just want to go home

“I'VE NOTICED SINCE BEING IN A SORORITY AND WORKING, I PUT WORK OVER MY SORORITY, SO I DON'T END UP GOING TO SOCIAL FUNCTIONS FOR MY SORORITY

BECAUSE I'M SCHEDULED FOR WORK, OR IT'S AFTER WORK AND I'M TOO TIRED TO GO PUT ON A DRESS AND GO TO A SOCIAL EVENT. I'M NOT GETTING THOSE BONDING EXPERIENCES, IF YOU WILL, WITH MY SISTERS BECAUSE I JUST WANT TO GO HOME.”

– OC/TAG–

WORKING IN COLLEGE IS NO EASY FEAT, BUT STUDENTS LIKE ELLISON NORTON PROVE IT CAN BE DONE. APPALACHIAN STATE OFFERS COUNSELING AND CAREER DEVELOPMENT RESOURCES FOR STUDENTS TO CREATE A PLAN TO STAY ON TRACK WHILE WORKING DURING THE SEMESTER. AS THE SEASON OF FINALS AND ALL-NIGHTERS KICKS OFF, REMEMBER TO TAKE CARE OF YOURSELF AND BE KIND TO YOUR LOCAL COLLEGE STUDENT, AS THERE'S ONLY SO MUCH CAFFEINE TO GO AROUND.