

Sophia Hughes

Portfolio: <https://sophiahughes.portfolial.com/>

5808 Oak Bluff Lane
Wilmington, NC 28409
(910) 508-5234
sophiachughes03@gmail.com

EXPERIENCE

Watauga Democrat, Boone, NC — Intern Journalist

February 2026 - May 2026

Pitched stories weekly, scheduled and attended interviews and events, photographed events, wrote articles

Pretty Ugly Productions, Wilmington, NC — Writer's Assistant/Stand-in actress

June 2025 - July 2025

Reviewed script notes, accompanied writer and director on set, accompanied actress as stand-in

The Peel, Appalachian State University — Intern Editor

January 2026 - May 2026

Reviewed story submissions for grammatical correctness, assisted with event tabling, book distribution, weighed-in on stylistic choices

The Appalachian, Appalachian State University — Opinion Writer

August 2022 - May 2026

Wrote relevant opinion articles for the student body

App TV, Appalachian State University — Boom Operator/Set Design

January 2026 - May 2026

(For APPTV series: *WITNESS*) Visited sets prior to shooting, rearranged sets, supervised script for set continuity, operated boom microphone and monitored audio levels for select scenes

WASU Boone, Appalachian State University — Intern Radio Host

January 2026 - May 2026

Elective class: learned about legal ID's, signals, FCC, Payola vs. Plugola, shadowed program director and host, practiced talking up the ramp and reporting on current events

SKILLS

AP Style

Premier Pro

Adobe Photoshop

Adobe Illustrator

Microsoft Excel

AWARDS

Lehto Foundation Scholarship Recipient

St. Paul's Episcopal Scholarship Recipient

2024 Dean's List

LANGUAGES

French - Basic

Spanish - Conversational

EDUCATION

Hoggard High School, Wilmington, NC — *High School Diploma*

August 2018 - May 2022

3.7 GPA, Achieved first chair and honors recognition in orchestra, Served on Orchestra Council, Received Arts recognition cord

Appalachian State University, Boone, NC — *Bachelor of Science (Fine & Applied Arts-Major in Digital Journalism, Minor in Media Studies)*

August 2022 - May 2026

PROJECTS

Alpha Omicron Pi Fraternity — Sigma Gamma Chapter 2022-2026

Completed service work for The Arthritis Foundation, High Country Caregivers, Sisters for Soldiers foundation, Habitat for Humanity, App Builds a Home

Samaritan's Purse — Service Work 2022-2026

Cleared out damaged houses post Hurricane Helene