

# A taste of Cork

If you're planning on staying for a long weekend in Cork during October or dropping by for a day, we've got the perfect food plans for you



Described by the BBC as the 'food capital of Ireland' and 'arguably the best foodie scene in the country' by the Lonely Planet, Cork is quickly becoming a trendy food hangout.

But despite its growing popularity, it's still a hallmark for Irish tradition: snug pubs with friendly faces, classic dishes serving local produce, and a burgeoning live music scene.

For our favourite destinations in Cork, we look to its restaurants, bars, cafés and pubs – celebrated across the country for its mixture of cosmopolitan and staple dishes.

Here, we count down our top places to eat in this lovable harbour city.

## 5. Franciscan Well Brewery

Winner of six coveted World Beer Awards since 2013, Franciscan Well Brewery is one of Cork's most celebrated pubs. It takes craft beer to another level, and visitors can soak up the atmosphere in the pub's beer garden, while enjoying wood-fired pizza.

The pub has also teamed up with Jameson Whisky to create the International Beer Challenge gold medal winner Jameson-Aged Stout and Jameson-Aged Pale Ale – talk about a taste of Ireland!

**Location:** 14 North Mall

**Web:** [www.franciscanwellbrewery.com](http://www.franciscanwellbrewery.com)

## 4. Nash 19

A stone's throw from the English Market, Nash 19 offers fresh scones, bread and pastries – cooked by an in-house pastry chef at 6am every morning.

The restaurant prides itself on local foods from the English Market as well as

## TOP HOTEL PICKS

- **The River Lee** – [doylecollection.com/hotels/the-river-lee-hotel](http://doylecollection.com/hotels/the-river-lee-hotel)
- **Radisson Blue Hotel & Spa** – [radissonblu.com/en/hotel-cork](http://radissonblu.com/en/hotel-cork)
- **Kingsley Hotel** – [thekingsley.ie](http://thekingsley.ie)
- **Clarion Hotel Cork** – [clarionhotelcorkcity.com](http://clarionhotelcorkcity.com)
- **Hayfield Manor Hotel** – [hayfieldmanor.ie](http://hayfieldmanor.ie)



international spices from as far as India.

Its breakfast and lunch menu offers a hearty selection of fish, meat and home-grown potato cakes.

Nash 19 also offers a gluten-free menu and a Nash2go box of sandwiches for those who want lunch on the go.

**Location:** 19 Princes St

**Web:** [www.nash19.com](http://www.nash19.com)

## 3. Electric

Electric has quickly become known as a weekend brunch spot – ideal for seafood fans.

Located on the River Lee and boasting beautiful views of the bank and historic buildings like St Finbarr's Cathedral, this seafood bar also offers locally inspired dishes and an 'electric' atmosphere.

No reservation is necessary, except for group bookings of five or more. After 6:30pm, Electric becomes less suitable for children as restaurant facilities are shared with the bar.

**Location:** 41 South Mall

**Web:** [www.electriccork.com](http://www.electriccork.com)

## 2. Café Paradiso

Praised with international acclaim and multiple awards, Café Paradiso offers guests

## WHAT'S GOING ON?

**14-15 October** – Irish Dental Hygienists Association (IDHA) Annual Scientific Conference 2016

**28 October** – Modern concepts in ceramics, temporaries and all that jazz

Turn to page 31 for full details on dental events in Cork.

## CORK GUINNESS JAZZ FESTIVAL

Don't forget to book your hotel for the Irish Academy of Aesthetic Dentistry's conference well in advance, as the Cork Guinness Jazz Festival takes place on 28-31 October and the city will be busy! To find out more about the festival visit [www.everymancork.com/2016/10/guinness-cork-jazz-festival-2016](http://www.everymancork.com/2016/10/guinness-cork-jazz-festival-2016) and book tickets for live jazz shows across the city.

a rich and vibrant dining experience.

According to food and travel zine The Culture Trip, the restaurant has 'revolutionised Cork dining and Irish attitudes towards meat-free cooking and healthy eating'.

Its emphasis is on an intimate dining experience, so if you're looking for a vegetarian feast, look no further than Café Paradiso.

**Location:** 10 Lancaster Quay

**Web:** <https://paradiso.restaurant/>

## 1. English Market

It would be unfair for any other food place to take the hot spot in Cork.

Celebrity chef Rick Stein calls it 'the best covered market in the UK and Ireland' and it lives up to the billing, with local and imported fish, fruit, meat and vegetables – selling top quality produce every day.

With its distinguished history – like visits from Queen Elizabeth II to live radio broadcasts – the English Market also houses delicious restaurants and cafés, such as the award-winning Farmgate Café ([farmgate.ie](http://farmgate.ie)).

**Location:** Princes St

**Web:** [www.englishmarket.ie](http://www.englishmarket.ie)



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