

# 11 Realistic Styles for A Summer Down Under

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Planning a trip to the sunny oasis this summer? Or maybe you're a resident with a sizeable problem, a closet full of clothes but nothing to wear...

While it's not rocket science, navigating fashion in this hot climate which only seems to get hotter as the days roll on, can seem impossible, but before you retire to the same tired pairings of summers' past, check out this comprehensible list of realistic outfits for your 2025 Australian summer.

## **NO. 1 STRAPPY SANDALS**



I know thongs are a 'cult classic', but we can step it up this summer. If you want to keep the comfort and coolness of an open shoe, dip your toes into familiar waters with a pair of strappy sandals.

These are the perfect shoe to dress up for a night out or dress down for a (stylish) day at the beach. With innumerable colour combinations and styles, these shoes make a seamless addition to your summer profile.

The best part? These shoes will really suit to your preferences. If you're a fan of heights, add a wedge or slip into a similar, yet slightly more elevated style with a heel sandal. For those of us who like to keep both feet on the ground, the classic thin sole is perfect too.

Like all perfect accessories, you can find shawls in every colour. It's a collector's item. Yet, the best element of a shawl is its material. Of course, we opt for cotton and linen in the summer months, as to not feel like you are drowning in fabric, but on the nights out when the wind's air reminds you of the imminence of winter, (and when we're splayed like a starfish under the fan in bed, we all need that reminder), a silk or velvet shawl can give us 'the old money' look without looking old or literally like old money.



## **NO. 2 SHAWLS**



### ***NO. 3***

## ***CAMISOLES***

Have you ever been walking down the street and seen someone wearing your exact t-shirt? Or maybe one hanging in your closet, but you still get the twang of embarrassment and suddenly it feels like everyone's a mind reader. With a camisole, the infinite combinations of style, colour, print, shape, length, embellishments and more make this occurrence statistically impossible.



This next suggestion will certainly not pass the fingertip length dress code. So, if you're still reciting those ABC's, dream on! In all seriousness, turn on the rock n roll radio and do the mash potato; we're diving back into the 60's with this one.

### ***NO. 4 MINI***

## ***SKIRTS***

The mini skirt was born in an era of peace signs and hallucinogens, when the youth were taking back fashion, freedom and inspiring revolution. In the modern day, the mini skirt represents our revolt against the heat, and rightly so. With gingham, pleats and plaid, you can achieve a schoolgirl Esque style, (the kind that gets you suspended), or style with comfort through classic denim. Easy to slip on and off, the mini skirt is perfect for days in the pool, when you're in and out of bodies of water and proper clothing.

### ***NO. 5 BANANA***

## ***CLIPS***



It's in your mouth, it's in your eyes, it's in your food. Hair is a fuss. Especially in the summer, when you have the added component of sunscreen which acts as gorilla glue for moving forces. When we finally give into frustration, and slick it back, after great efforts of styling and shaping it, we feel defeated. But it's time to ditch those hair ties, that only create knots and greater frustration when it is time to take them out and a hand full of hair comes with them. We can tame the mane with banana clips.

A funny term for an item that in no way resembles its fruity equivalent. They're extremely hard to break unintentionally because they are two separate clips combined. This makes them easier to store away when you aren't using them, not to mention, they add incredible volume.





There is something about woven handbags that is just so summer. They resonate this energy of laying a towel down on the beach, extending an umbrella above and diving in it to retrieve a summer read. With the intricacy and artistry of the weaving (especially hand weaving), these bags have such personality and are truly the attention-grabber of any summer outfit. Handbags in the summer need to be practical, you have to fit your whole day in it with sunscreen, sunnies, a book, light snacks. That's why the variety of these bags are so fantastic, you can have the classic big beach tote or downsize to a round straw-woven handbag for brunch on the boulevard.

AND when you buy from the right distributors, you can have that feel-good feeling knowing you are supporting a small designer and weaver, without compromising on style and taste. Who would object to that?



***NO. 6 WOVEN  
HANDBAGS***



***NO. 7  
BALLERINA  
FLATS***

Warning!! The following content may stir memories of tutu's, pirouettes, breaking in ballet flats, and intense recitals. For those who find the nature of this content to be distressing, I advise that you do not wear this next suggestion...

Like many recreational shoes, the ballet flat has officially made its way into mainstream fashion. This is truly the summer shoe and ticks every box. As the best shoes do, the ballet flat prioritises comfort, with its spectrum of shape, material and flexibility. If you prefer a more solid, fitted shoe, opt for a patent leather, or a soft leather or suede for a shoe which moulds to your foot. Looking for a little extra support? Try a ballet flat with a strap, now they've become your impromptu marathon shoe. Perfect!



As a society, we are seeing an age regression epidemic. With our world gone mad, it seems all we really want to do as adults is take back our childhood. While that remains to be seen with current technology, we

can manage to claim that child-like feeling while still keeping our bills and taxes (which we love so dearly).

The baby doll dress is characterised by a flowing silhouette and high waistline, like a modern take on Regency fashion. It is strongly inspired by children's clothing and is often found in bright bubbly colours like pastels. Keeping an air of femininity, the babydoll dress balances elegance with a breathable design, which is sure to keep you cool when it matters the most.

***NO. 8  
BALLERINA  
FLATS***



No, this is not that part of the internet... When I say fake collars, I am thankfully not referring to the kind that accompany a leash. Fake collars are for those of us who prefer a preppy look without the added layers, because let's be honest, we're looking for practical styles for Summer.

Not only can you elevate a simple outfit, but fake collars encourage a sustainable wardrobe. Instead of cycling out clothes in search of better outfits, you can swap these collars in and out depending on the occasion.

## ***NO. 9 FAKE COLLARS***

To the untrained eye, these accessories are undetectable, and you look like a trooper in this Aussie heat.



## ***NO. 10 TIE- FRONT BLOUSES***



We often complain about the pain of clipping bra straps from behind. With a mere 'feeling' to guide us, it is inexcusably frustrating. It seems society has tried to compromise on this issue by creating tops that tie in the front... Although this fashion trend treads uncertain waters, these tops do underscore Aussie summer's most key priority. Simplicity. When everything sticks to you, your hair is perpetually frizzy and you're helplessly hot-headed, you want to be able to slip into something, head down the street and forget about it. Not only do these tops achieve just that, but their fun designs and versatility make them a wardrobe staple. Increase the ties, add embellishments or layer with a cotton tee underneath to create a modest look. This summer, you do you!

## ***NO. 11 OVERALL DRESSES***

Originating from the 70's "the shorter the better" movement, the overall dress will become a wardrobe quick pick this summer. It blends simplicity and versatility with its classic denim and combine it with a simple cotton tee underneath and you have an entire outfit ready to go in minutes. Not to mention, the overall dress is the perfect item for personalisation. Sew on a patch of fabric, attach pins, buttons, engrave your initials or do your 70's ancestors proud and create protest fashion.

