PLUMERIA

SCIENCE WRITING & COMMUNICATION

Can uterine fibroids impact your emotional well-being?



These are just some of the first questions that may flood your mind when diagnosed with uterine fibroids.



Fibroids are muscular growths in the womb. They are not cancerous, but they can cause:

- Heavy menstrual bleeding
- Pain between periods
- Fatigue
- Pelvic pressure
- Backache and leg pain



Behind the physical symptoms, the emotional impact of fibroids is real.



Fibroids also affect your emotions.



You might experience:

- Fear
- Anxiety
- Frustration
- Low energy
- Mood changes
- Sadness



Please remember:



- You are not alone.
- There is a solution.
- Informing yourself is essential.
- You deserve to have support.

Living with fibroids, you need care for
your body and your mind.
Read my full blog post for more insights
and trusted resources





PLUMERIA

SCIENCE WRITING & COMMUNICATION



I'm Thais, a biologist and science writer with a passion for science communication and patient-centered storytelling.

I help researchers, NGOs, and innovators find their real voice and give their work the sharpness and resonance it deserves.

Let's connect.