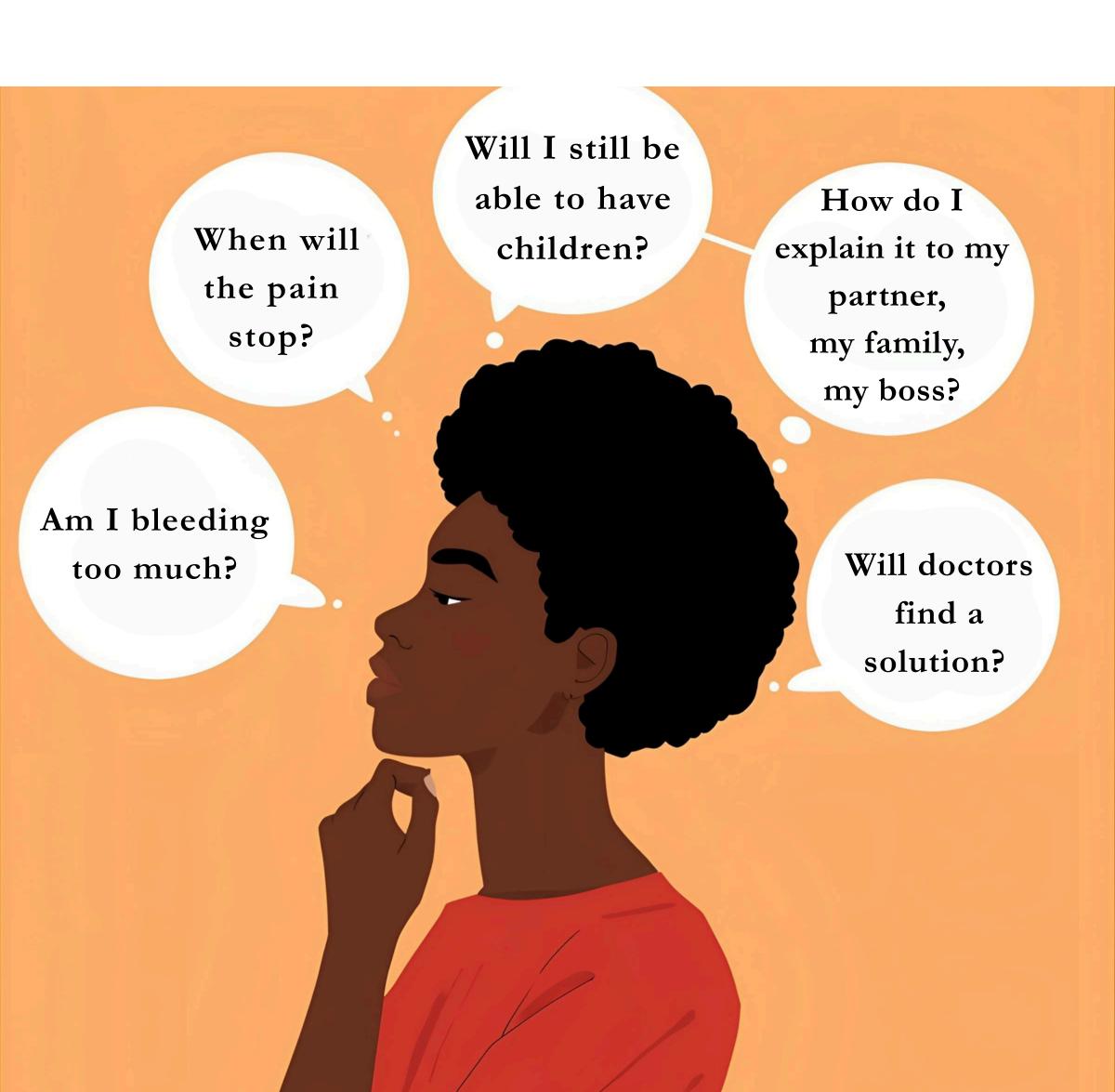
Can uterine fibroids impact your emotional well-being?

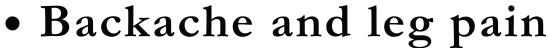


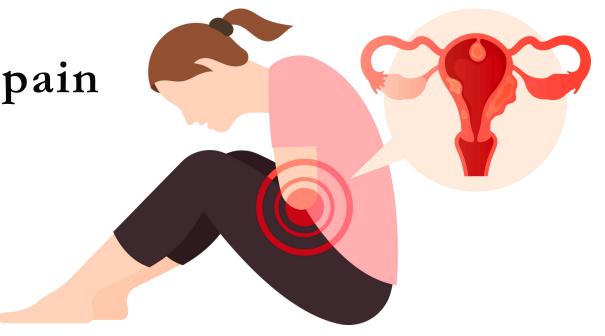
These are just some of the first questions that may flood your mind when diagnosed with uterine fibroids.



Fibroids are muscular growths in the womb. They are <u>not cancerous</u>, but they can cause:

- Heavy menstrual bleeding
- Pain between periods
- Fatigue
- Pelvic pressure





Behind the physical symptoms, the emotional impact of fibroids is real.



Fibroids also affect your emotions.



You might experience:

- Fear
- Anxiety
- Frustration
- Low energy
- Mood changes
- Sadness



Please remember:



- You are not alone.
- There is a solution.
- Informing yourself is essential.
- You deserve to have support.

Living with fibroids, you deserve care for your body and your mind.

Read my full blog post for more insights and trusted resources



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I'm Thais, a biologist and medical writer with love for science communication and patient-centered storytelling. My passion? Bringing science where it is needed the most. If that resonates with you, let's connect.