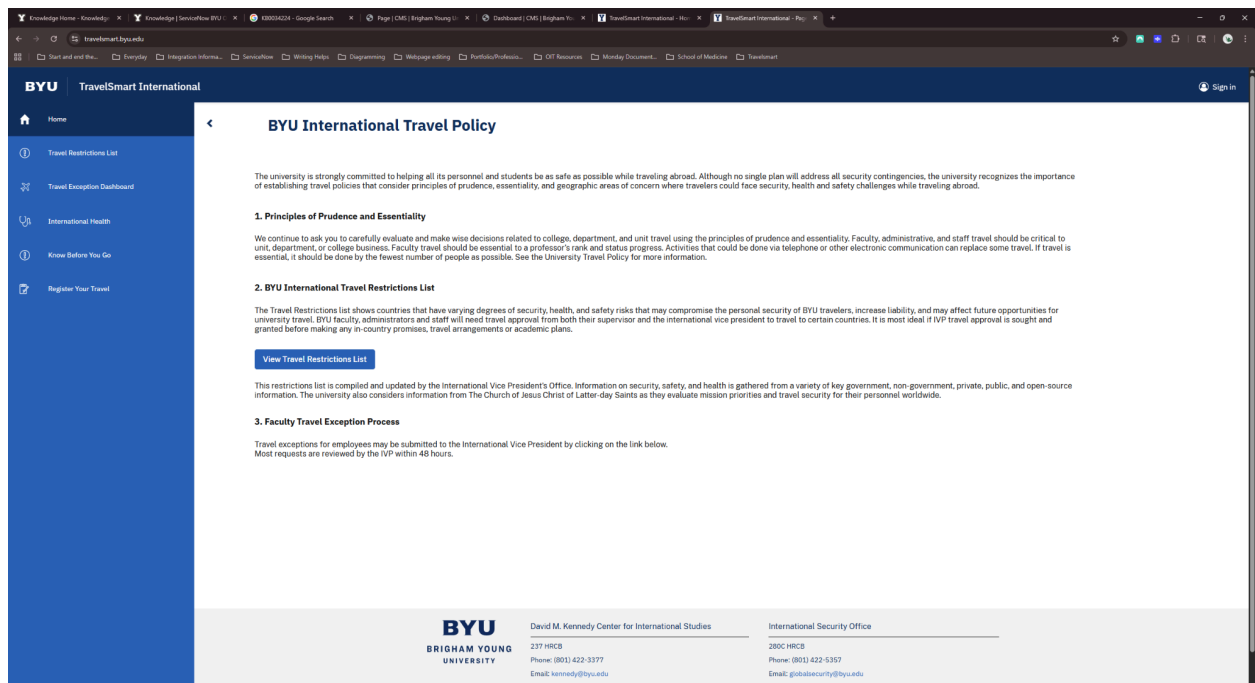
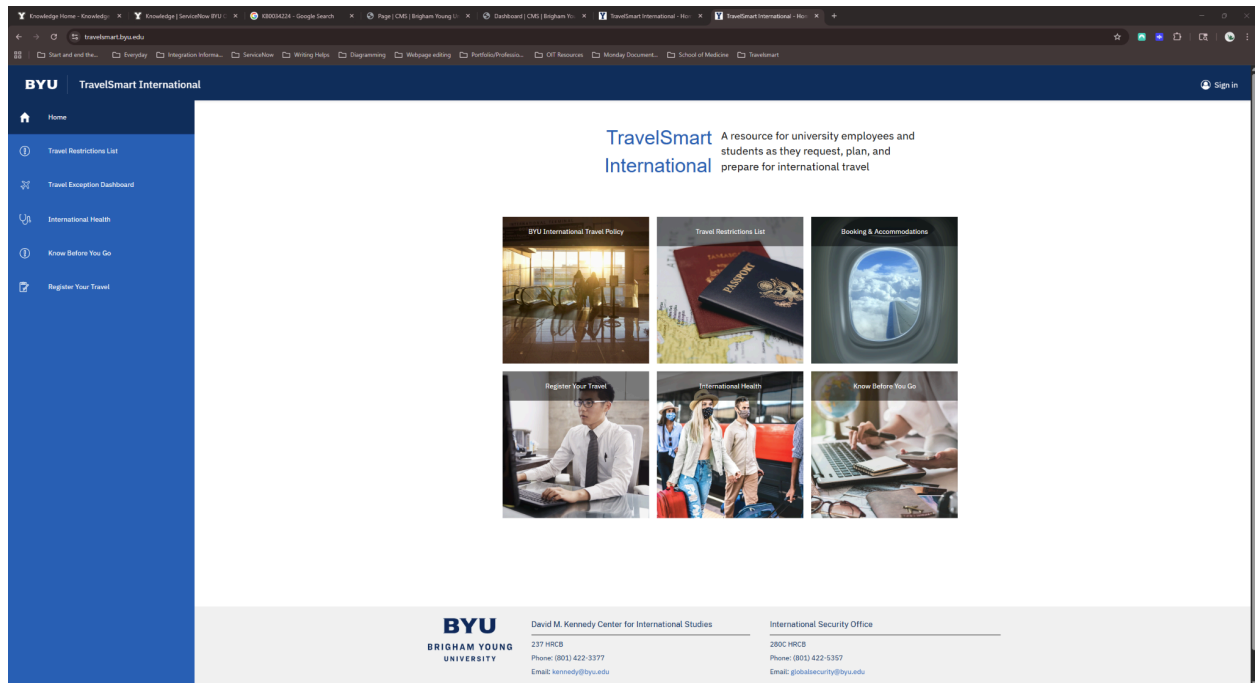


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International Travel Advisory and Approval

In today's global environment, there is a greater probability of students, faculty, administration, and staff studying and working in locations with increased security, safety, and health risks. The university provides a current list below of countries/areas where travel approval may require International Vice President approval. Current travel restrictions are based on security, political, operational, health/medical, and natural disaster risk factors and levels within a country or region. The university may restrict travel for an entire country or regions within a country. This list is updated regularly.

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

Country	Status
Afghanistan	4
Albania	2
Algeria	3
American Samoa	2
Andorra	1
Angola	2
Antarctica	2
Antigua And Barbuda	1
Argentina	2
Armenia	2
Aruba	1
Australia	1
Austria	1
Azerbaijan	2

1

Open Travel

Faculty/Admin/Staff employees and students allowed to travel. Employees need supervisor approval. Employees/Departments must have IVP approval for student travelers.

[Read More](#)

2

Semi-Restricted Travel

Faculty/Admin/Staff employees and students allowed to travel. Employees need supervisor and International Vice President approval. Employees/Departments must have IVP approval for student travelers.

[Read More](#)

3

Restricted Travel

Faculty/Admin/Staff employees allowed to travel. Employees need supervisor and International Vice President approval. IVP may not approve student travel to these countries.

[Read More](#)

4

No Travel

Due to extreme security risks, travel to these countries is highly restricted.

[Read More](#)

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Motor Pool, Personal Vehicles & Local Travel

Non-allowable Travel Expenses

Personal Vacation and Travel Companions

Registration Fees, Hosting, and Moving

Rental Cars

Simply Travel

Student Travel Procedures

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Traveler Security

Required Travel Information

Please be prepared to provide the following details to your travel agent or when booking through Simply Travel.

- Full name (as shown on your current government-issued ID)
Note: Passport must be valid for at least six months beyond your return date.
- Date of birth
- Gender
- Approved Spend Authorization number from Workday (for business travel)
- Net ID

International Travel

Before booking, review the Travel Restrictions List on the Travel Smart International website. Travel to countries with a status level of 2-4 requires approval from the International VP Office. If the restricted country is listed as the primary destination on your Spend Authorization, approval will be automatically routed during the Spend Authorization approval process.

Visa Requirements

Check the U.S. State Department website for guidance on whether a visa is required for your destination.

Call us at (801) 422-3872 or visit [Simply Travel](#) when you are ready to book!

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Use the Checkboxes to Track Your Progress

☐ Enroll in State Department STEP Program

☐ Download Crits24 Worldwide Mobile App

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Enroll in State Department STEP Program

Who qualifies for enrollment?
U.S. citizens qualify for enrollment.
If you are not a U.S. citizen, please see your country's embassy website to find more information on what your embassy offers.

Is STEP free?
Yes, STEP is a free travel registration service provided by the U.S. Department of State.

What benefits do I receive upon enrollment?
You will receive current travel warnings, alerts, and special advisories directly from the U.S. embassy while you are in-country. The U.S. embassy will also know how to get a hold of you in case of an emergency, such as a natural disaster, civil unrest, or a family emergency back home.

Enroll in STEP

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travelmart.byu.edu/link/travelrestrictionslist

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Crisis24

What is Crisis24?

BYU and Crisis24 provide employees and students who book through BYU Travel with free information and emergency assistance while they travel in the U.S. and abroad.

What are the benefits of the app?

- Push notifications of incidents and threats that may impact you while at your travel
- A 24/7 hotline connection with Crisis24 in the event of an emergency
- Itineraries and travel details all in one place
- Other information on safety, security, and health

How do I download the app?

The travel department is currently working on integrating this app into all approved travel.

At this time, the information on downloading this app is being sent to select individuals, such as directors, group leaders, and those traveling alone and/or in small groups.

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Medical Exams & Vaccinations

Medical Exams

Before going abroad, take into consideration your own medical and mental health issues by getting a complete **physical, dental, and eye** check-up 4-6 weeks before you travel.

The BYU Student Health Center is available to give physical examinations by appointment. Before going abroad, take into consideration your own medical and mental health issues by getting a complete

Student Health Center Website

The Centers for Disease Control and Prevention (CDC) Travelers' Health webpage can help you find information on recommended immunizations for the country or region to which you will be traveling.

Be sure to plan ahead with plenty of time to receive all recommended vaccinations. Some immunizations can require up to several weeks to complete the entire series.

CDC Travelers' Health Website

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International Health / GeoBlue International Insurance

International Insurance

What do I get with these plans?

GeoBlue international insurance plans include 100% coverage of up to \$500,000 for medical care and \$250,000 for medical evacuation, the cost of most prescription medications, and \$100,000 of security, natural disaster, and political unrest evacuation coverage. There is no deductible.

How do I qualify?

To qualify for GeoBlue international insurance, you must be a BYU student or full-time BYU employee, and you must have continual primary insurance coverage through a primary insurance provider.

How long am I covered?

GeoBlue only covers you during your time abroad. It does not cover continual medical care after you return to the United States. Other benefits and exclusions apply.

Two Different Plans

How do I know which insurance to select?

When selecting your insurance, keep in mind the biggest difference between the two is whether or not you are taking students with you. Let's take a look at the two different plans:

Business Traveler Plan - no students

This GeoBlue "Business Traveler" insurance plan is only for full-time BYU employees (faculty, admin & staff) who are going abroad on BYU business (research, conferences, work-related projects, etc.). If you are taking one or more students with you abroad, you do not qualify for this plan. If you are a study abroad faculty director, athletics or performing arts director, or simply faculty taking students abroad, this plan is NOT for you. You need to enroll in the study abroad plan.

Click on the link below to learn more about the BYU Business Traveler Plan. You will also find instructions on how to register and information on benefits and exclusions.

Register for the Business Traveler Plan

Study Abroad Plan - with students

Automatic Enrollment: If you are a faculty director or a student participant going on a BYU International Study Program (ISP), Individual Experience internship, athletics program, or performing arts program, you will automatically be enrolled in GeoBlue insurance as part of your program cost. If you are taking one or more students with you abroad, you do not qualify for this plan. You DO NOT need to fill out the enrollment form.

Other Individual Travelers: Some BYU travelers (see examples below) need to fill out the online enrollment form for the GeoBlue insurance plan. If you fall into one of the following international traveler categories, click on the link at the bottom of the page to fill out the form. You will be billed for this insurance through your BYU My Financial Center account, or you can pay with a department account code.

These types of travelers include the following:

- A BYU student going abroad as a law extern, Ballard Center intern, Gilman scholarship recipient, or FLAS scholar
- A BYU student traveling with a BYU faculty member abroad for international conferences, research, etc.
- A BYU faculty member or administrative employee taking students abroad
- A BYU ISP, athletics, or performing arts director/employee traveling in order to do advance work for a future BYU student program abroad.

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Prescriptions Abroad

Many international travelers have medications that they require during their travel. If you have medication that you will take with you on your trip abroad, please follow the suggestions below:

- Take a sufficient amount of each medication with you to last the entire duration of the trip (unless otherwise directed because of legal restrictions).
- Keep all medications in their original containers or packaging.
- If it is a prescription medication, be sure to take a copy of the prescription.
- Carry medications in your carry-on bag, not your checked luggage.
- Have your doctor or healthcare provider write a note describing the medication and why you need it.

Look at the required documentation and restrictions of your destination country by going to the International Narcotics Control Board website.

ICNB Website

You should also check with the foreign embassy of the country or countries you are planning to visit in order to make sure all your medications are legal to take into the country. A list of foreign embassies and consulates and their contact info can be found by following the link below.

Embassy Information & Resources

If you wear eyeglasses, take an extra pair with you. If you have allergies, reactions to certain medications, food, insect bites, or other unique medical problems, consider wearing a "medical alert" bracelet.

If you have further questions about getting this information, please email international_security@byu.edu or call (801) 422-5357.

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Emergency & Medical Assistance

Contact GeoBlue as soon as possible when seeking medical care while traveling abroad. They can give you advice on local doctors and hospitals and will work to ensure direct payment for any medical services that fell under the BYU GeoBlue insurance contract.

GeoBlue Website

You can also contact the U.S. embassy in your destination for their recommendations on local health care providers.

List of US Embassies

During a crisis event abroad, the U.S. Department of State's International Travel Emergencies page is very helpful. Their overseas emergency contact number is [+1 202-501-4444](tel:+1202-501-4444).

International Travel Emergencies

Medical Emergency Guidelines

- Go to the nearest reliable medical facility. Take a valid debit/credit card or cash and your insurance card/information. Be prepared to pay upfront for your medical care and get reimbursed later.
- Contact GeoBlue as soon as possible. Be prepared to give them a reliable contact number, inform them of your current situation, your current location, your insurance number, and your affiliation with BYU (study abroad program, work department, etc.).
- After receiving initial treatment, you should contact your BYU program director, department supervisor, and key family members. Inform BYU and family contacts of your current situation, location, and a contact number for you. Let them know of your concerns and questions.
- Stay in regular contact with your BYU director, department supervisor, and family members with regular updates on your condition and progress.
- If you do pay for your own medical expenses, obtain itemized receipts from the medical facility you are being treated at. Keep all receipts so that you can file a reimbursement claim later with GeoBlue using the reimbursement form on the GeoBlue member hub website.

Review the following GeoBlue requirements for getting itemized receipts for out-of-pocket expenses:

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Passports and Visas

Passports

If you need to apply for a U.S. passport or renew your existing U.S. passport, visit the Department of State's "How to Apply for a Passport" webpage:

How to Apply for a Passport

You need to plan ahead and submit the passport application at least two months prior to departing the United States.

Visas

"Do I need a visa for my international travel?" Unfortunately, there is not a simple answer to this question. It depends on which country you are traveling to and how long you will be staying.

Check with the embassy of the country you will be traveling to and ask about the process of applying for a visa.

Embassy Information

You can also look at the specific page for your destination country on the Department of State's website:

travel.state.gov

For ISP students participating in a BYU study abroad or similar program, talk to your director about visa requirements.

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COVID-19

The coronavirus (COVID-19) is an ongoing outbreak of respiratory illness that was first identified in Wuhan, China, in 2019. Since then, more than 180 nations have confirmed cases of the virus, with over thirty million in the U.S. alone.

BYU closely monitors the coronavirus (COVID-19) situation worldwide and follows travel recommendations and advice from the Centers for Disease Control (CDC) and the U.S. Department of State, World Health Organization (WHO), and other health, travel and security experts when considering domestic and international travel.

Learn more about international travel restrictions, health, safety and security concerns from the U.S. Department of State – Bureau of Consular Affairs Travel Advisories and the Center's for Disease Control's COVID-19 Risk Assessment Levels.

[Bureau of Consular Affairs Travel Advisories](#)

[CDC COVID-19 Risk Assessment Levels](#)

Visit BYU's Coronavirus site for more campus information related to COVID-19.

[BYU COVID-19 Update](#)

Travel Advisories

The U.S. Department of State issues Travel Advisories for all countries in the world. Check out the advisory for your destination country.

[Department of State Travel Advisories](#)

Worldwide Caution

The U.S. Department of State has a long-standing Worldwide Caution that has been in effect for over a decade. It is updated regularly with the most recent recommendations for international travel.

[Department of State Worldwide Caution](#)

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Safety & Security

Start now and research the security environment of the country you will be traveling to. Become an expert on the following:

- what kind of crime is prevalent
- what areas of cities are more dangerous
- safety and reliability of public transportation
- the political situation in the country
- culture and etiquette

Use the U.S. Department of State's travel website and the OSAC Crime and Safety Reports to begin your research.

travel.state.gov

[OSAC Crime and Safety Reports](#)

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Cell Phones Abroad

As you prepare to leave for your trip abroad, we recommend talking with your cell phone provider (Verizon, T-Mobile, Sprint, etc.) to discuss the costs of using your cell phone while abroad under your current plan. Many cell phone providers offer international plans that allow for free texting and cheap international calls. Be advised that many of these plans only come with a small amount of free or cheap data usage. If your provider's international plan does not offer sufficient amount or a cheap enough rate for using cellular data, you may want to consider turning off your data roaming option in your cell phone settings while abroad.

One alternative for connecting with friends and family back at home is using free communication apps such as Skype, FaceTime, or WhatsApp. Be cautious when using these apps on free or public Wi-Fi networks such as in cafes, airports, shopping malls, etc. When using public Wi-Fi, your electronic devices and personal information are subject to cyber theft. Using a VPN or a secure Wi-Fi network is the safest route when using these types of apps. Again, using data to Skype or FaceTime your family can often be extremely expensive while traveling abroad.

Another option for communicating with people back in the U.S. is relying on the Wi-Fi calling feature on your cell phone. Some providers allow for free Wi-Fi calling from one U.S. phone number to another no matter where you are in the world. We would again recommend that you talk to your cell phone provider to discuss these options.

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Helpful Links & Resources

For additional global information, updates and research, including virus tracking, travel restrictions, lockdowns, border controls, transportation and flights, tips for staying healthy, and more, please see the following resources:

- American Society of Tropical Medicine and Hygiene
- Australian Government Department of Foreign Affairs and Trade
- BYU Student Health Center
- British Foreign and Commonwealth Office
- Canada Foreign Affairs
- CDC Influenza (Flu) Information
- Centers for Disease Control and Prevention Traveler's Health
- Family Doctor
- GeoBlue International Student Insurance
- International Society of Travel Medicine
- Mayo Clinic
- Overseas Security Advisory Council
- Pan American Health Organization
- Salt Lake County Health Department
- Students Abroad
- U.S. Department of State Emergency Assistance
- U.S. Department of State Traveler's Checklist
- U.S. Travel Clinics and State Health Centers
- Utah County Health Department
- Waggreons Travel Health Consultations
- Web MD
- World Health Organization

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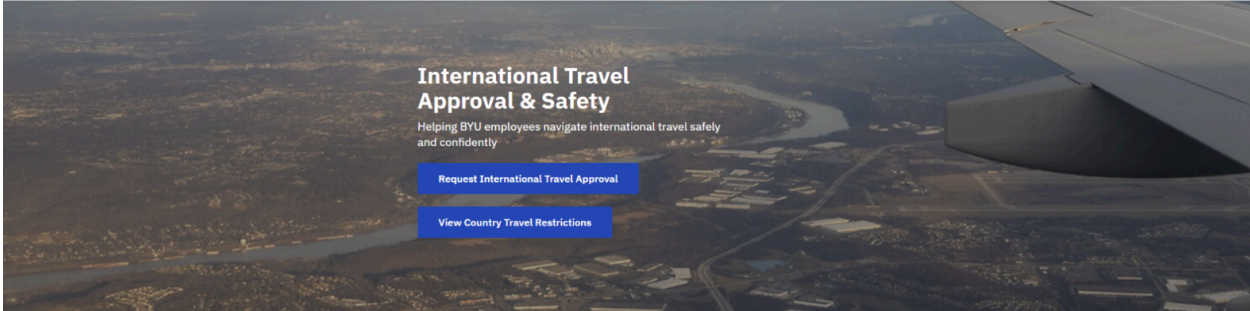
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International Travel Approval & Safety

Helping BYU employees navigate international travel safely and confidently

[Request International Travel Approval](#)[View Country Travel Restrictions](#)

Who Needs Travel Approval?

Faculty & Staff Travelers Approval required for Country Risk Levels 2-4.	Student Travelers (Non-Study Abroad) Approval required for levels 1-3. Department submits request. No travel allowed to Level 4 countries.	Groups That Don't Need Approval Study Programs, Performing Arts, Athletics. All International Study Programs have separate IVP approval.
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International Health Insurance & Wellness

BCBS Global Solutions Business Traveler Plan	BCBS Global Solutions Study Abroad Plan	Student Health Form Required health disclosure form for all student
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BCBS Global Solutions Business Traveler Plan

Free coverage for employees traveling without students.

[Business Traveler Plan Registration & Information](#)

BCBS Global Solutions Study Abroad Plan

Paid coverage for student travelers and faculty traveling with students.

[Study Abroad Plan Information](#)

Student Health Form

Required health disclosure form for all student travelers.

[Student Health Form & Information](#)

Crisis24 & Pre-Travel Safety

Crisis24 Travel Intelligence

Register for the Horizon app to receive real-time travel alerts, risk assessments, and access to the emergency hotline. Required for all BYU travelers.

- Destination-specific security alerts
- 24/7 emergency response support
- Real-time risk assessments

[Register for Crisis24](#)

Essential Pre-Travel Knowledge

Important information and resources to prepare for your international travel.

- Passport & visa requirements
- Safety & situational awareness
- Cultural etiquette & expectations
- STEP program registration

[View Pre-Travel Resources](#)

CONTACT

Global Security Office

801-422-5357

International Vice President Office

801-422-4711

[Emergency Assistance](#)

QUICK LINKS

[Request Travel Approval](#)
[View Country Travel Restrictions](#)
[Register for BCBS Business](#)
[Enroll in BCBS Study Abroad](#)
[Register for Crisis24 Horizon](#)

BYU RESOURCES

[BYU Purchasing & Travel](#)
[Travel Emergency Hotline: 801-422-2222](#)
[Workday Spend Authorization](#)
[Simply Travel](#)
[Expense Reports](#)

Request International Travel Approval

Submit your travel request for International Vice President approval. Make sure to review the requirements below before starting your request.

[Start Travel Approval Request](#)

Who Needs Travel Approval?

Faculty & Staff Travelers

Approval required only for Country Risk Levels 2-4.

Student Travelers (Non-Study Abroad)

Approval required for levels 1-3. Department submits request. No travel to Level 4 countries.

Groups That Don't Need Approval

All International Study Programs, Performing Arts, and Athletics programs have separate IVP approval.

Understanding the Process

IVP Approval vs. Workday Spend Authorization

IVP Approval is specifically for international travel safety and risk assessment. It ensures that travelers are aware of country-specific risks and have appropriate insurance and safety resources in place.

Workday Spend Authorization is for financial approval of travel expenses. Most travelers will need both approvals for their international trip: the IVP approval for safety clearance and the Workday authorization for budget approval.

Understanding the Process

IVP Approval vs. Workday Spend Authorization

IVP Approval is specifically for international travel safety and risk assessment. It ensures that travelers are aware of country-specific risks and have appropriate insurance and safety resources in place.

Workday Spend Authorization is for financial approval of travel expenses. Most travelers will need both approvals for their international trip: the IVP approval for safety clearance and the Workday authorization for budget approval.

Who Submits Student Travel Requests?

Students should not submit their own travel approval requests. The department or program coordinator is responsible for submitting travel approval requests for students.

The coordinator will collect necessary information from students (such as travel dates, destinations, and purpose) and submit a single request on their behalf. This ensures proper oversight and compliance with university policies.

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International Vice President Office

801-422-4711

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Understanding Country Risk Levels

Travel Considerations

- These risk levels apply to all BYU employees and students, alone or accompanied, traveling internationally on university business
- Departments or traveling employees must request IVP approval for students, listed individually by name on the Travel Exception Form
- IVP approval must be granted prior to making travel arrangements

Insurance

- Students and employees traveling with students must be enrolled in the BCBS Global Solutions Study Abroad Insurance Plan
- Employees traveling without students may register for the BCBS Global Solutions Business Traveler Insurance Plan

[View Country Risk Level List](#)

Level 1 – Low Risk

These countries have standard travel safety risks

1

- **Faculty/Admin/Staff** may travel with **supervisor approval** through **Workday** before booking travel
- **Students** may travel with or without BYU employees but **must have International Vice President IVP approval**

Level 2 – Moderate Risk

These countries may have **areas or regions that pose safety risks**

2

- Faculty/Admin/Staff must obtain both **supervisor approval** through Workday and **IVP approval**
- **Students** may travel with employees or alone on university business with **IVP approval**

Level 3 – High Risk

These countries may have **significant regional safety concerns**

3

- Faculty/Admin/Staff may travel with **supervisor and IVP approval**
- **Student travel is restricted.** Students may not travel alone and **IVP approval is not guaranteed**

Level 4 – Extreme Risk (Travel Highly Restricted)

Due to **extreme security risks**, travel to Level 4 countries is **highly restricted**. **Students are not permitted to travel** to Level 4 countries under any circumstances.

4

Faculty/Admin/Staff may only travel under **special circumstances** with **IVP approval**.

For **Level 4 inquiries**, contact the following offices:

- Office of the International Vice President: 801-422-1801
- **BYU Global Security:** international_security@byu.edu or 801-422-5357

Important Notes

- Separately approved groups (Study Abroad, Athletics, Performing Arts) must follow risk level guidelines
- All travelers should register with Crisis24 regardless of risk level

[View Country Risk Level List](#)

International Health & Insurance

Comprehensive health coverage and resources for BYU international travelers

[BCBS BUSINESS TRAVELER
PLAN](#)[BCBS STUDY ABROAD
PLAN](#)[STUDENT HEALTH
FORM](#)[PRESCRIPTIONS &
MEDICATIONS](#)[HEALTH
RESOURCES](#)

BCBS Business Traveler Plan

FREE Coverage

Who is Eligible?

This plan is for BYU employees traveling internationally for university business **without students**.

Registration

Register through the secure Blue Cross Blue Shield Global Solutions portal (requires BYU CAS login). You must register before your departure to ensure coverage is active during your trip.

[Register for BCBS Global Solutions Business](#)

Plan Benefits

- Emergency medical and dental coverage worldwide
- 24/7 multilingual customer service
- Access to network of international healthcare providers
- Emergency medical evacuation
- Prescription medication assistance

Care Protocols

BCBS Business Traveler Plan

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[Register for BCBS Global Solutions Business](#)

Plan Benefits

- Emergency medical and dental coverage worldwide
- 24/7 multilingual customer service
- Access to network of international healthcare providers
- Emergency medical evacuation
- Prescription medication assistance

Care Protocols

For non-emergency care, contact BCBS Global Solutions to locate in-network providers. For emergencies, seek immediate care and contact BCBS Global Solutions as soon as possible. Keep all receipts and documentation for reimbursement claims.

For questions, contact the BYU Global Security Office at globalsecurity@byu.edu or 801-422-5357.

BCBS Study Abroad Plan

PAID Coverage

Who is Eligible?

This plan is for BYU students traveling internationally and employees traveling internationally **with students**.

Registration

Once travel is approved, travelers will receive an email from Kennedy Center enrollments and billing with instructions to register for coverage.

Plan Benefits

- Emergency medical and dental coverage worldwide
- 24/7 multilingual customer service
- Access to network of international healthcare providers
- Emergency medical evacuation
- Prescription medication assistance

Care Protocols

For non-emergency care, contact BCBS Global Solutions to locate in-network providers. For emergencies, seek immediate care and contact BCBS Global Solutions as soon as possible. Keep all receipts and documentation for reimbursement claims.

For questions, contact the BYU Global Security Office at globalsecurity@byu.edu or 801-422-5357.

Student Health Form

Prior to your trip, you are strongly encouraged to self-disclose any physical and mental health conditions and meet with a licensed healthcare professional to evaluate your readiness to travel abroad. This information will help ensure your health and safety.

Please be as detailed as possible on the form. The information you provide may be necessary for your proper care in the event of an emergency.

[Open the Student Health Form](#)

CONTACT

Global Security Office
801-422-5357

International Vice President Office
801-422-4711

[Emergency Assistance](#)

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Prescriptions & Medications

For prescriptions and medications, find required documentation and restrictions for your destination country by going to the [International Narcotics Control Board](#) website. If a country has not provided this information, contact the [US embassy or consulate for your destination](#).

Use the following guidelines for minimal disruptions to your trip:

- Look up the required documentation and restrictions for your destination(s)
- Take a sufficient amount of each medication with you to last the entire duration of the trip (unless otherwise directed because of legal restrictions)
- Keep all medications in their original containers or packaging
- For prescription medications, be sure to take a copy of the prescription
- Carry medications in your carry-on bag, not your checked luggage
- Have your doctor or healthcare provider write a note describing the medication and why you need it
- If you wear eyeglasses, take an extra pair with you
- If you have allergies, reactions to certain medications, food, insect bites, or other unique medical problems, wear a medical ID accessory

For questions, contact the BYU Global Security Office at globalsecurity@byu.edu or 801-422-5357.

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Health Resources

Vaccines and Medical Exams

- [Student Health Center](#)
- [Utah County Health Department: Immunizations and Clinical Services](#)

Vaccine and Health Recommendations

- [WHO Recommendations](#)
- [CDC Recommendations](#)

Mental Health

- [CAPS](#)

Resources Abroad

- [US Embassies](#)
- [US State Department](#)

Additional Resources

- [BCBS](#)

Safety Resources

Important safety information and resources to prepare for international travel

Passports & Visas

Ensure your travel documentation is current, meets your destination's requirements, and follows general travel advice.

Passport Requirements

- **Current:** Valid for at least 6 months beyond your planned **return date**
- **Open Space:** At least two blank pages for entry and exit stamps
- **Undamaged:** Even minor damage can cause entry denial
- **Backed Up:** Make photocopies and store separately from original

[U.S. Passport Information](#)

Visa Requirements

Check with the embassy or consulate of your destination country well in advance, as processing can take several weeks or months.

- Current passport that is valid for at least 6 months beyond your **return date**
- Align with the requirements for your destination and purpose of travel

[State Dept. Visa Info](#)[Learn About Your Destination \(state.gov\)](#)

Safety & Situational Awareness

Stay alert and informed to ensure your safety abroad.

Essential Safety Tips

- **Research Your Destination:** Understand local laws, customs, and areas to avoid
- **Stay Connected:** Ensure you have a way to communicate (local SIM or international plan)
- **Blend In:** Dress modestly and avoid drawing attention to yourself as a tourist
- **Protect Valuables:** Use hotel safes and avoid carrying large amounts of cash
- **Trust Your Instincts:** If a situation feels unsafe, remove yourself immediately
- **Know Emergency Contacts:** Save local emergency numbers, U.S. Embassy, Crisis24, and BYU contacts

Cultural Etiquette & Professional Expectations

Understanding and respecting local customs enhances your experience and maintains a good BYU reputation.

Important Considerations

- **Greetings & Communication:** Learn appropriate greetings and communication styles
- **Dress Code:** Research appropriate attire for professional and social settings
- **Religious Customs:** Be aware of and respect local religious practices and holidays
- **Dining Etiquette:** Understand local customs around food and dining
- **Photography:** Always ask permission before photographing people or religious sites

Required Travel Registration

All BYU international travelers must complete these registrations before departure.

Crisis24 Horizon

Strongly encouraged for all BYU travelers. Provides security alerts and emergency support.

[Crisis24 Information & Registration](#)

U.S. STEP Program

Recommended for U.S. citizens. Connects you with the U.S. Embassy.

[STEP Information & Registration](#)

CT

Security Office

801-5357

International Vice President Office

801-4711

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Frequently Asked Questions

Find answers to common questions about BYU international travel

Travel Approval

✕ Do I need IVP approval for my trip?

Any trip with students requires IVP approval. Any trip to a level 2 or higher country requires IVP approval. A trip with faculty or staff only (no students) to a level 1 country only requires supervisor approval.

Semester-long International Study Abroad Programs, Performing Arts, and Athletics receive IVP pre-approval through a different process.

+ What's the difference between IVP approval and Workday Spend Authorization?

+ Who submits travel approval request for students?

+ Can I travel to a Level 1 country without IVP approval?

Health Insurance

+ What's the difference between Business Traveler (BT) and Study Abroad (SA) International BlueCross BlueShield (BCBS) plans?

+ How do I register for the Business Traveler plan?

+ [How do I register for the Business Traveler plan?](#)

+ [How do students enroll in the Study Abroad plan?](#)

+ [Does GeoBlue cover dependents?](#)

Crisis24 & Safety

+ [How do I register for the Crisis24 Horizon app?](#)

+ [What services are available through Crisis24?](#)

+ [What should I do if there's an emergency abroad?](#)

Travel Prep

+ [Where can I get info about prescriptions abroad?](#)

+ [Where do I find passport and visa requirements?](#)

+ [Where can I learn about cultural expectations?](#)

+ [What should I do for access to my cell phone abroad?](#)
