

# 9 Great Reasons to Refer Your Clients to Our Adult Day Services Program



**1 Limited Risk for Falls**  
Nationwide average for Adult Day programs is 7.8%. At Helping Hands it is far less! Average for Nursing Facilities is 16.5% and 21.19% for Residential Care Communities.

**2 Lower # of Overnight Hospital Stays**  
Nationwide average of OHS for Adult Day programs is 5.7%, Home Health Agencies report 16.7% and Residential Care 8.3%

**3 Fewer Visits to the Emergency Room**  
Nationwide average for Adult Day programs is 6.6%, Home Health Agencies 14.9%, Residential Care Communities 12.4%

**4 Daily Oversight by On-Duty Nurse**  
The Adult Day Service program at Helping Hands was created by nurses 30+years ago. We continue to include a nurse on staff, even though other similar agencies do not.

**5 Great Caregiver to Client Ratios**  
Helping Hands Respite Care maintains an average Caregiver to Client ratio of 3 to 1, and often less with volunteers. All caregivers are highly trained and are screened for health and vulnerability risks.

**6 Enjoyable Member Experience**  
Helping Hands Adult Day Services (ADS) members enjoy a well-scheduled day of social interaction, playing games, exercise, music therapy, and visits from special guests.

**7 Nutritious Meals and Snacks**  
At our Adult Day program we believe health or behavior challenges can be helped with dietary solutions and good fluid intake. We offer nutritious meals and plenty of fluids.

**8 Very Affordable Participation Costs**  
Pricing based on acuity levels begins at \$13/hr., transportation costs also included. We help families access benefits and cost-sharing programs available through Tri-County Office on Aging and the Veteran's Administration.

**9 Caregivers Benefit from Respite**  
Often the primary family caregiver is at a greater risk for a health crisis than the one in care. Respite care reduces that risk. Rested caregivers are better at home caregivers.

John Stauffer  
john@helpinghandsrespite.care  
Helping Hands Respite Care  
www.helpinghandsrespite.care  
(517) 372-6671

# 9 Great Reasons to Refer Your Clients to Our Adult Day Services Program



**1 Limited Risk for Falls**  
Nationwide average for Adult Day programs is 7.8%. At Helping Hands it is far less! Average for Nursing Facilities is 16.5% and 21.19% for Residential Care Communities.

**2 Lower # of Overnight Hospital Stays**  
Nationwide average of OHS for Adult Day programs is 5.7%, Home Health Agencies report 16.7% and Residential Care 8.3%

**3 Fewer Visits to the Emergency Room**  
Nationwide average for Adult Day programs is 6.6%, Home Health Agencies 14.9%, Residential Care Communities 12.4%

**4 Daily Oversight by On-Duty Nurse**  
The Adult Day Service program at Helping Hands was created by nurses 30+years ago. We continue to include a nurse on staff, even though other similar agencies do not.

**5 Great Caregiver to Client Ratios**  
Helping Hands Respite Care maintains an average Caregiver to Client ratio of 3 to 1, and often less with volunteers. All caregivers are highly trained and are screened for health and vulnerability risks.

**6 Enjoyable Member Experience**  
Helping Hands Adult Day Services (ADS) members enjoy a well-scheduled day of social interaction, playing games, exercise, music therapy, and visits from special guests.

**7 Nutritious Meals and Snacks**  
At our Adult Day program we believe health or behavior challenges can be helped with dietary solutions and good fluid intake. We offer nutritious meals and plenty of fluids.

**8 Very Affordable Participation Costs**  
Pricing based on acuity levels begins at \$13/hr., transportation costs also included. We help families access benefits and cost-sharing programs available through Tri-County Office on Aging and the Veteran's Administration.

**9 Caregivers Benefit from Respite**  
Often the primary family caregiver is at a greater risk for a health crisis than the one in care. Respite care reduces that risk. Rested caregivers are better at home caregivers.

John Stauffer  
john@helpinghandsrespite.care  
Helping Hands Respite Care  
www.helpinghandsrespite.care  
(517) 372-6671