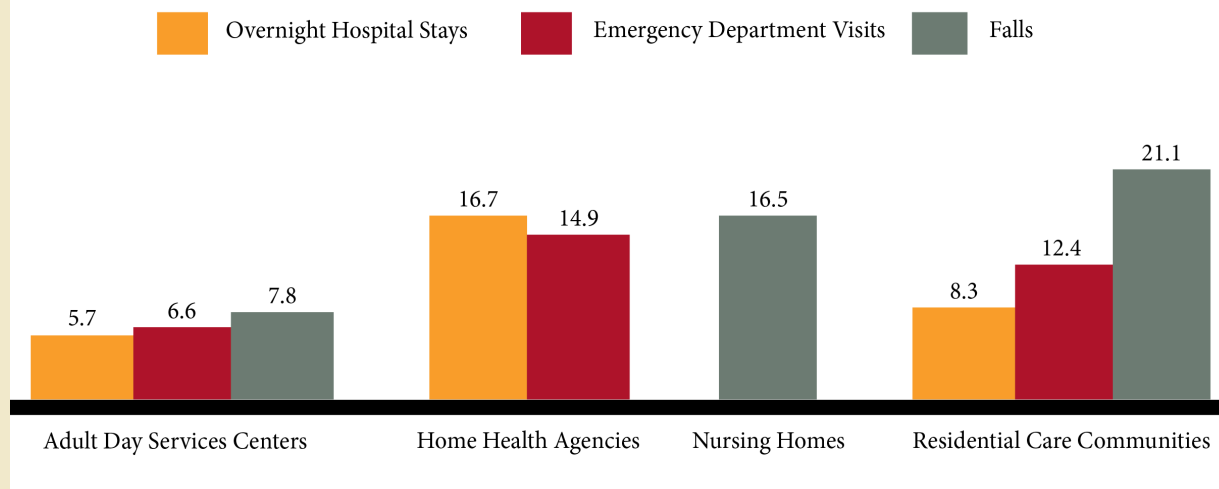




**Adult Day Services result in fewer adverse events than other long-term care options. That means fewer falls, ER visits, and hospital stays.**

**Percentage of long-term care services users with overnight hospital stays, emergency department visits, and falls, by sector: United States, 2013 and 2014**

*(Source: CDC/NCHS National Study of Long-Term Care Providers)*



Begun in 1983, the ADS program has given hundreds of caregivers a respite from the daily care of their loved ones, all the while enriching the lives of program members with activities and opportunities to interact with their peers.

**Refer to ADS today for more positive outcomes for your clients.**



**Helping Hands Adult Day Services Program**

(517) 372-6671, Ext. 107

[www.helpinghandsrespite.care](http://www.helpinghandsrespite.care)



**Adult Day Services provides a broader array of services than other long-term care options, services that keep individuals healthier longer.**

### Comparison of Long-Term Care Options

Attribute	Adult Day Services Centers	Home Care	Assisted Living	Nursing Homes
Per day median costs in United States in 2015	\$69	\$126	\$120	\$235
30-day cost comparison	\$2,070	\$3,766	\$3,600	\$7,148
Live at home with family and loved ones	◆	◆		
Flexibility to receive care only on days when needed	◆	◆	◆	
Participation in group and individual therapeutic activities for body, mind and spirit	◆			◆
Social opportunities with peers under caring supervision	◆		◆	◆
Nursing care available as needed during the day	◆		◆	◆
Medications monitored and supervised daily	◆		◆	◆
Dietitian oversees meal plan and eating is monitored daily	◆			◆
Transportation to and from home, with door-to-door assistance if needed	◆			
Designed for seniors	◆	◆	◆	◆
Designed for adults with intellectual and/or developmental disabilities	◆	◆		
24-hour care available in many cases	◆		◆	◆

**Helping Hands Adult Day Services Program**

(517) 372-6671, Ext. 107

[www.helpinghandsrespite.care](http://www.helpinghandsrespite.care)