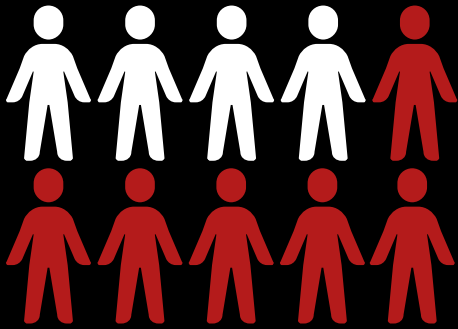


YOU CAN SAVE LIVES WITH CPR

60% OF CALLS

To the North Liberty Fire Department are for medical emergencies

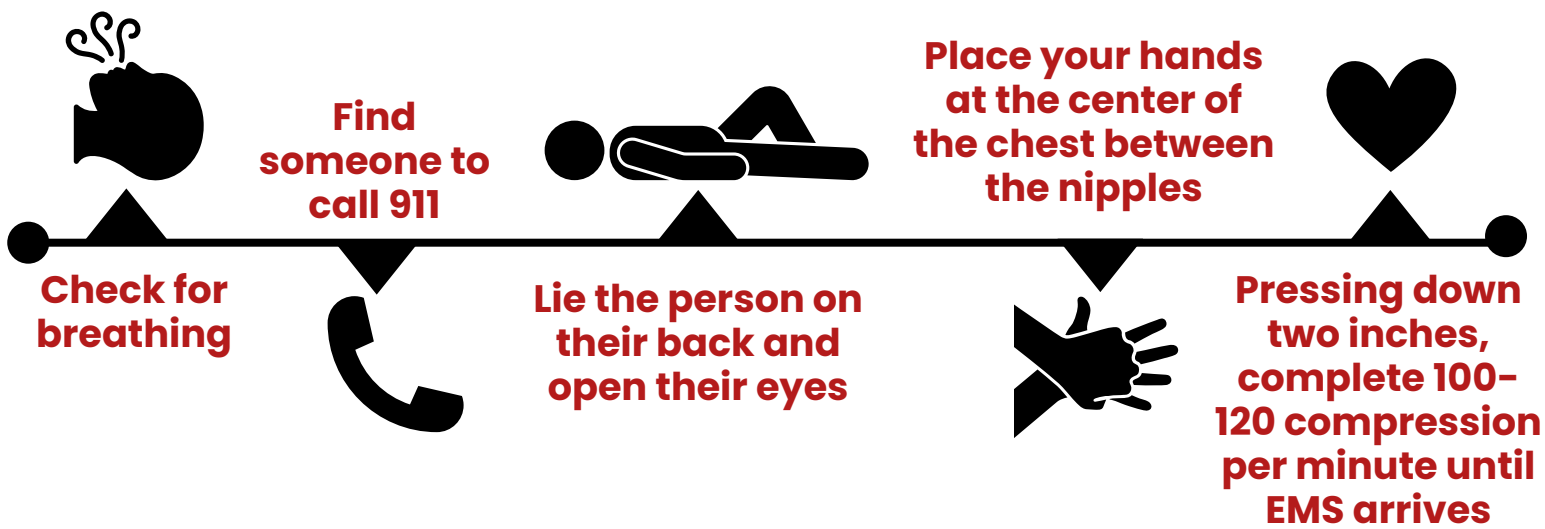


www.usfa.fema.gov/



Seconds for the highest likelihood of survival

KNOW THE STEPS FOR SUCCESSFUL CPR



www.redcross.org

CHILDREN AND INFANTS

Require different CPR forms

Age	Form
0-1	Place both thumbs on their chest wrapping your hands around their back for compressions
2-8	Place the heel of one hand at the center of the chest for compressions

Full two-hand compressions should be used for anyone over 80 lbs. See Below.

The Good Samaritan Law



Protects bystanders who step up in an emergency. The biggest barrier to effective CPR is the fear of being sued if it does not work or causes injury to the victim. When someone is not conscious, consent to help is implied.

*Do not stop compressions for cracking ribs.

www.emergencyfirstresponse.com

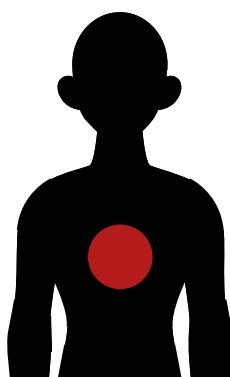
www.redcross.org

PROPPER FORM

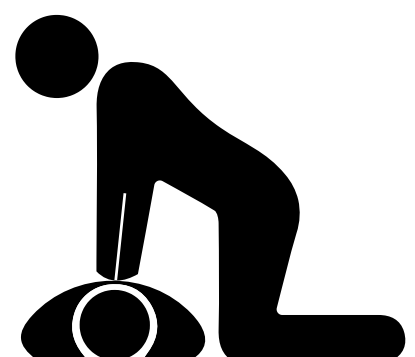
Results in the best outcome



Interlock your fingers with the bottom hand open



Place your hands on the center of the chest between the nipples



Fully extend and lock your elbows with your shoulders directly above your hands

The North Liberty Fire Department holds monthly online EMS training and quarterly hands-on training to prepare community members for whatever life throws their way. For more information on how you can be the difference in an emergency medical event, visit nlfire.org.