

Vaping in Japan: Everything You Need to Know (YouTube Short)

If you're someone who travels with a vape, this part is important. In Japan, nicotine-based vape liquids are illegal unless prescribed by a doctor. And yes, customs officers do check.

Some tourists have had their vapes confiscated at the airport without warning, so if you're bringing one, be prepared to say goodbye to it before you even step outside.

You might see CBD products like oils or gummies being sold in places like Don Quijote (Donki), but here's the catch—CBD isn't the same as THC (the part of cannabis that makes you high).

CBD is legal in Japan, but only if it contains absolutely no THC. So, if you're thinking about bringing your own CBD products, check the label and make sure it's 100% THC-free—otherwise, you could be in serious trouble.