

LIZ TSEREGOUNIS

JOURNALISM STUDENT



CONTACT

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SKILLS

- News Writing & Reporting
- Broadcast Journalism
- Interviewing
- Audio & Podcast Production
- Multimedia Storytelling
- Editing & Proofreading
- Digital & Social Media Skills
- Deadline & Time Management
- Public Speaking & Presentation
- Teamwork & Communication
- PR Skills
- Fluency in Adobe Premier Pro and Adobe Audition

EDUCATION

ACADEMY OF MARY IMMACULATE
2017 - 2022

RMIT UNIVERSITY
2023 - PRESENT

Bachelor of Communications (Journalism)

WORK EXPERIENCE

PRINTING SPECIALIST
MARCH 2021 - PRESENT

I currently work in the printing department at Officeworks, tending to customers' printing needs while managing multiple projects in a fast-paced retail environment. I liaise with team members to streamline workflow and deliver consistent service - skills that are highly transferable to newsroom environments.

CINEMA WORKER
JANUARY 2024 - JUNE 2024

I delivered food and beverages efficiently to guests inside FOMO Cinema, ensuring timely service and a positive customer experience. I coordinated with kitchen and floor staff to manage multiple orders during peak screening times while maintaining attention to detail and presentation.

ABOUT ME

I am an enthusiastic third-year journalism student at RMIT University. My work involves live reporting, live radio presenting, podcast producing, feature and hard news writing. I am eager to continue developing my skills across all areas of journalism, from reporting to production. My customer service background has encouraged my curiosity, shaping my ability to converse comfortably with others and ask great questions.

JOURNALISM EXPERIENCE

TELEVISION - RMIT NEWSLINE LIVE REPORTER

JUNE 2025

- Delivered crosses on-air, demonstrating confidence, clarity, and professionalism under pressure.
- Researched, scripted, and reported original news stories with accuracy and editorial integrity.
- Interviewed sources on location and built rapport quickly.
- Collaborated with producers, camera operators, and editors to meet tight deadlines in a fast-paced newsroom environment.
- Used broadcast equipment and digital tools for live reporting, including autocue, microphones, and remote link technology.
- Produced multiple TV packages about Melbourne's local issues.
- Create Social Media posts to promote my stories

RADIO - RRR PRESENTER AND REPORTER

MAY 2025

- Hosted live radio segments with engaging delivery, adapting tone and pace to suit diverse audiences and time slots.
- Wrote and delivered scripted on-air content, demonstrating clear communication and storytelling skills.
- Researched, pitched, and produced daily news stories tailored for audio formats, with a focus on clarity and impact.
- Conducted interviews in-studio and on-location, editing audio packages for broadcast under tight deadlines.
- Collaborated with producers and fellow journalists to respond to breaking news and develop feature angles.

PODCASTING - WHAT WE WERE WRONG ABOUT PRODUCER AND REPORTER

MAY 2025

- Produced a full podcast episode from concept to publication, including scripting, booking guests, interviewing, recording, editing, and promotion.
- Used audio editing software (e.g. Adobe Audition, Audacity) to create a polished, engaging final product.
- Applied editorial judgment to shape story flow and tone, ensuring clarity, narrative structure, and audience relevance.
- Managed technical setup and post-production, including sound balancing, transitions, and intro/outro creation.
- Promoted the episode across digital platforms to reach target audiences and increase engagement.

PUBLISHED JOURNALIST - THE CITY JOURNAL

2024 - 2025

- Reported and wrote a hard news article on a health-related issue, published in City Journal.
- Conducted independent research and sourced credible expert commentary to ensure accuracy and balance.