



## Feeding the Unhoused in our Community Volunteers Needed!

The members of the Briarcliff/Ossining Ministerial Association, of which CSI is an active member, work together each year to help those who are unhoused over the winter. Once again, we will be providing meals for approximately 16 guests, starting Monday evening, March 3rd, through Sunday evening, March 10th. The host church for this week is The Star of Bethlehem Baptist Church at 304 Spring Street, Ossining. As Purim begins March 13th, providing meals for these unhoused individuals will fulfill the important Purim *mitzvah* (commandment) of *Mattanot Laevyonim*, which is the act of offering meals to those in need.



### How it Works

#### DELIVERY TO CSI:

Volunteers preparing or buying food will be dropping it off at CSI. Please place food in the black and yellow bins that will be at CSI's front entrance. The bins will be clearly labeled for breakfast, lunch, and dinner. Be sure to place the covers back on tightly. Once a day, food will be delivered to Star of Bethlehem Church from CSI, including that night's supper, as well as the next day's breakfast and lunch.



#### DELIVERY TO THE CHURCH:

For volunteers delivering the bins to the church, deliveries should be made between 7:30 and 7:45 PM. The parking lot is well-lit, the entranceway is covered, and the lot is on level ground. The kitchen is downstairs, and an elevator is available. Please bring the bins down to the kitchen. After unloading the food, kindly return the empty bins back to CSI.

#### FOOD SERVING:

We will be asking for 1 or 2 volunteers to assist in the kitchen. The church also has congregants who will be serving and cleaning up.

#### MEAL PREPARATION:

Some of the guests are diabetic, so please try to limit added sugar. We also prefer no individual drink bottles, as they could potentially be refilled with alcohol. Additionally, softer foods are preferred over harder ones. We estimate there will be 16 people that week, but we will provide a more accurate number closer to March 3rd.

### Guidelines for Preparing or Purchasing the Meals

#### Breakfast (in Ziplock bags)

- Hard boiled eggs.
- Bagels or rolls. (This year, as individually wrapped breakfasts are suggested, please put cream cheese on each bagel prior to

#### Lunch (in brown bags)

- Sandwiches, wraps, or empanadas.
- Chips or pretzels.
- Water or juice.
- Fruit: bananas, clementines, pears, mango, papayas. (If

#### Dinner (in disposable aluminum pans for oven reheating)

**Meat, a side, vegetables, and salad are preferred.**

- Chicken (any style), meatloaf, sausage &

- wrapping it up.)
- Soft breakfast bars, cereal bars.
- Muffins, Ecuadorian pastries, conchas.
- Fruit: bananas, clementines, pears, mango, papaya. (If sliced fruit, please put in individual baggies).
- Juice boxes.

- sliced fruit, please put in individual baggies).
- Napkins or wipes.

#### **For Empanadas:**

[Wanna Empanada](#)

[Mex-to-go](#)

[Apple Farm](#)

- peppers, chili, meatballs).
- Potatoes, rice, ziti with sauce, rice & beans.
- Vegetables: broccoli, cooked carrots, mixed vegetables.
- Drinks: juice boxes , vegetable juice, soda (diet & regular), iced tea, hot chocolate.
- Sturdy dinner plates, cutlery, hot & cold cups are appreciated. Napkins not needed.

**If you choose to buy, suggestions for Ecuadorian bakeries:**

[Sabor Ambateno](#)

[El Imperio del Pan](#)

If you want to cook at CSI, kindly make arrangements with [David Pasternack](#) for kitchen use (kosher only!). If you cook at home, use whatever ingredients in which you are comfortable.

If you cannot attend or help, donations are appreciated.

**Please send to**  
Emergency Shelter Partnership  
PO Box 427  
Mt Kisco, NY 10549

**Contact Liz Legatt**

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