

Exclusive

# INSIDE KATE & WILL'S SIMPLE HOME LIFE

No staff, chores for the kids, and cooking for the family – with even Louis chipping in!

As the summer holidays draw to a close and the new school term begins, it's back to a simple new routine for the Waleses. When it comes to parenting, the Prince of Wales is doing it differently to those who came before him – setting new royal rules for the rest of the Windsors as he and Kate embrace a simpler way of living.

While their royal duties are hectic, Prince William and Kate, both 42, prefer a more lowkey home life. Last year, the couple downsized their London abode to Windsor-based Adelaide cottage – with the four-bedroom property having no extra space for live-in staff.

Now, an insider tells *Bella* that the royal couple are setting a

precedent inside the palace by proving that being a royal doesn't have to equal extravagance.

They say, 'William and Kate don't have any household staff – there are no butlers, no cooks, and they even let their nanny go a couple of years ago. Kate especially wanted a normal family life, like the one she grew up with, and although it's not what William was used to, he went along with it. He's very happy he did, because it's given the kids a very grounded and stable life.'

After switching the hustle and bustle of Kensington Palace for the sprawling countryside of

**'It's given the kids a stable life'**

Windsor, the Prince and Princess of Wales made plenty of cutbacks. With no space for live-in help, it was reported that the children's nanny – who had been employed by the couple since Prince George was eight months old – did not relocate with them, with the pair employing no

housekeepers or cooks in their new home.

Although there's no staff, the busy parents don't do it alone. The insider reveals that their three children Prince George, 11, Princess Charlotte, nine, and Prince Louis, six, are all a big help – particularly in recent months, while Kate was undergoing preventative chemotherapy for cancer.

The insider says, 'It's very impressive how well behaved the kids are, and they pitched in even more when Kate wasn't well. They all have chores to do, like keeping their rooms clean, setting the table, and helping with the washing up. George and Charlotte are at an age now where they take turns helping with the cooking, and even little Louis has chores!'

'They're as far as you could get from spoiled royalty, and it's a real testament to Kate and William.'

While Prince William's traditional royal upbringing was

much grander, his children's home life is reminiscent of their mother's own childhood. Growing up in leafy Berkshire with her mum Carole, 69, dad Michael, 75, and younger siblings Pippa, 40, and James, 37, Kate lived a 'very happy childhood'. Describing her parents as 'hugely dedicated', the royal previously revealed how her early years were spent attending Brownies, doing gardening and making arts and crafts.

'I try and incorporate a lot of [these] experiences into the experiences that I give my children now,' she shared.

And when news broke earlier this year of Kate's cancer diagnosis, royal sources revealed that she was keen to keep up a 'normal routine' for her family. Prince William took over the school runs, while Kate continued their usual evening routine – making home-cooked meals, with family favourites including spicy curries and homemade pizza parties.



Adelaide Cottage



Baking cupcakes at home



They often volunteer as a family

With their life looking remarkably like any family of five, the insider says, 'The kids are growing up so quickly – George will be going off to boarding school in a couple of years and Charlotte isn't far behind – so the way William and Kate see it, they've only got a small window to mould them into the people they want them to be. That's not a task they want to hand over to someone else.'

Plus, they genuinely enjoy having the privacy of their home life! They're surrounded by so many people during their busy days, so being able to come home and have it just

the five of them is a huge relief.' Now, the insider also reveals that the well-behaved Wales trio

are causing changes inside the palace. Alongside being their parents' pride and joy, their sweet demeanour has put pressure on the rest of the Firm to also embrace a simpler

way of living.

They say, 'Kate and William

are raising such humble, well-rounded children, and it's got everyone talking – not just about what a great example they are, but how some members of the family could really do with following in their footsteps and cutting back on staff. With the royals trying to move to a smaller monarchy, it shouldn't be like ancient times when they're having people wait on them hand and foot.

King Charles is very much a

traditionalist and has shown no signs of cutting back on his staff, but younger members of the family aren't going to get away with that sort of excessive spending once William is in charge. He's setting the example of how it can be done without overabundance, and no doubt will expect others to follow suit.'



The Waleses are trying to slim down the monarchy