If you want to find your perfect match, you need to pick your reality dating show carefully

Adam, Tayah and Beau: awww-some **MAFS** If you don't know about Married At First Sight, one: why not? Two: the clue is in the title! In the US, the show has a 16 per cent success rate for couples who "marry" (it's not legally binding) after meeting just once, while the UK version sits at a not-too-shabby 13 per cent. The franchise's biggest success story is MAFS UK's Adam Aveling and Tayah Victoria, who welcomed daughter Beau in 2022.

90 Day Fiancě

Featuring contestants with names such as Big Ed and Babylove, this show follows longdistance couples as they pursue fiancé visas. The US version boasts a 49 per cent success rate, with the UK smashing it at 53 per cent. One of the UK's most popular couples is Louise and Colombian musician Jose, who declared his feelings for the single mum with a song titled I Love You Chicken.



Ex On The Beach

Ex On The Beach UK shockingly finds itself nestled in the top ten most successful dating shows, with their relationship success sitting at ten per cent. Out of the 243 attractive singletons who have strutted their way onto the beach, there's around 12 couples who are still together. If you can't find love with your own ex, it turns out you can always find a happy ending with someone else's...

This US dating show sees a gaggle of hotties shacked up in a villa together for ten weeks, the added incentive of up to \$1 million in prize money. But it isn't just the winners who take it all - season two's Jenni Knapmiller and Curtis Hadzicki found love together, despite being matched with other people.



One love: Jenni and Curtis

40 heat 24-30 AUGUST 2024 24-30 AUGUST 2024 **heat 41**







It certainly creates quite a few tears, but

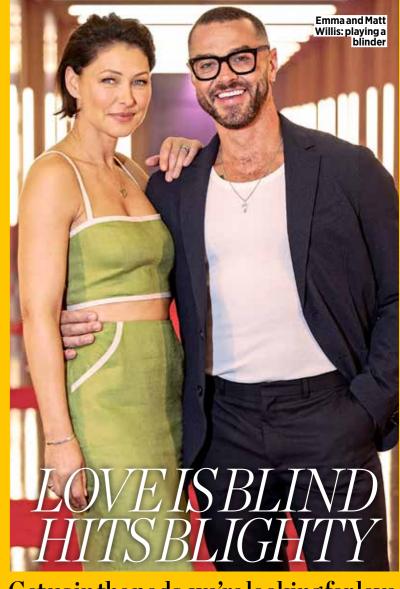
with six per cent success, it's the kick up the

butt some couples need to commit.

looks, does work out. The show's had several success stories, resulting in more than one Love Is Blind baby. In fact, season three's Alexa and Brennon Lemieux proved critics wrong after

finding love in the pods, now preparing to





Get us in the pods, we're looking for love

with Mattand Emma Willis bringing a group of unlucky-inlove Brits into the pods to test whether looks really do matter after all. heat caught up with US contestant Danielle Ruhl, 30 - who married (and divorced) Nick Thompson after meeting on the showin 2021 - to get an insight into what really goes on behind the scenes. Opening up about her experience,

Danielle tells us, "There are dates that

lasteighthours towards the end of the pod stage. and the producers encourageyou nottoputall youreggsinone basket. They want you to develop friendshipswith the men who are going to be progressing." Gettingto

knoweach other with absolutely no clue of appearances, the couples only meet face-to-face after proposing in the pods – with the first glimpse not always going smoothly. Danielle says, "One thing that's not talked about is the first meeting is very, very awkward. Iwas shaking. In the pods, the cameras were pretty hidden. But this time, there was a whole runway of lights and flashing cameras. When Nick got down on one knee, I didn't even see it."

Andasourtop datingshows prove there's always a chance for romance. Lookingatthe mostsuccessful shows, *Love Is Blind* doesrankhigher than those where matchmakingis based on looks. Here's to a series full of love!■

Danielle and Nick: not seeing each

42 heat 24-30 AUGUST 2024

despite the Channel 4 dating show dealing with its full back-and-

frontal nudity with admirable maturity, out of around 700

contestants, only two are still in a relationship together. Balls.

24-30 AUGUST 2024 **heat 43**