

Freelance journalist (prev. PA Media) and reporter for South London News, graduated PA Media Academy with Gold Standard NCTJ Level Five including shorthand.

Experienced reporter across a range of publications, countries and styles. Ability to quickly ascertain the important angles of a breaking story, from efficient work using trusted, local sources to an on-the-ground approach that assures timeliness and quality.

Work Experience:

Local News Reporter with South London News: 23/03/26 - present

- >Reporting a mix of hard news and features across South London News' diverse coverage.
- >Built a network of local politicians, press managers, experts at London Universities, etc.
- >Highly independent while sourcing for the newsroom, one commission included securing an exclusive interview with Jermey Corbyn.

Freelance Writer with PA Media: 01/10/25 - 01/01/26

- >Delivered a high volume of affiliate orientated feature articles under tight deadlines for PA Media's clients of national and regional online newspapers.

Election Reporter with PA Media: 01/05/25 - 31/05/25

- >Worked with PA Media's May 2025 local election team to provide accurate, live coverage for their national news wire.
- >Fantastic opportunity to work in a busy, national newsroom with experienced editors and journalists.

Other:

Volunteer with WOOF Canada ('24)

McDonalds Crew Member ('22-'23)

Oriental Touch Cashier ('21-'22)



Education:

PA Media (2025):

- >Level Five NCTJ Certificate & Teeline

Torquay Boy's Grammar School (2017-2024):

- >IB Diploma (29 points)
- >GCSE (Grades eight to five)

Core Skills:

- >Experienced in adapting to new environments and building rapport with sources.
- >Deadline-orientated with proven performance under pressure.
- >Excellent candid and pre-planned interviewer.
- >Time management and work ethic learned from working alongside all of lower education.
- >Training in shorthand, stills, video (Davinci Resolve & Hitfilm) and print/digital.

Interests:

- >Boulderer for five years, suffered several injuries that required months of rehabilitation but still climb at a V6 level and commit to bouldering or training every other day.
- >Travelled solo (age 18) across networks in Cambodia, Laos, Canada, Spain, Thailand, China, the contacts I built continue to provide exclusive content to my Substacks today, and I regularly visit Shenzhen due to a number of sources within major Chinese tech firms.
- >Experienced hiker, trained with the 20th Torbay Explorers for Ten Tors 2020 & 2021 with 30-40 mile two day hikes every other weekend, unfortunately, both events were cancelled due to COVID. I've since hiked full to several day expeditions across the world (Nong Khiaw, Phong Nha, Kennedy Falls, etc.) which has been pivotal in learning to be both adaptable and well prepared. I am currently planning my first through-hike.
- >B1 Level Spanish with active interest in improving, recently began learning mandarin.