

# Kalin Thomas C

Life is full of challenges, and we all need extra support sometimes. When you find yourself facing a difficult time, reach out to **Dr. Thomas C. Kalin**. Located in Kenwood, OH, this licensed psychologist has more than 30 years of experience providing mental health services for a wide variety of clients.

Whether you suffer from an addiction, depression, or anxiety, you can turn to Dr. Kalin for trusted resources and counseling services that will equip you with the tools you need to better manage symptoms and improve your quality of life. He utilizes cognitive behavioral therapy (CBT) techniques to treat both couples and individuals. Regardless of your specific circumstances, Dr. Kalin will take the time to listen, collaborating with you to develop a treatment plan that's tailored to your specific mental health needs and struggles.

When you're searching for the right mental health services to help you better your life, turn to a caring and experienced professional. Call the office of Dr. Thomas C. Kalin today at (513) 791-5150 to schedule your first appointment.