

LINCOLN ROCH

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I am a versatile reporter with a love for explaining complex topics through storytelling. I can write breaking news, enterprise and feature stories on a vast range of subjects and on tight deadlines. I excel at field reporting, records requests and building relationships with sources in communities impacted by stories. In addition to writing, I am proficient in video production, social media design, SEO and photography.

Career Highlights

- Broke the news of [the loss of](#) planned federal funding for two Colorado transit projects
- Hearst Journalism Awards [2026 sports writing](#) winner, 2024 [national writing championship](#) finalist
- Inagural winner of the [Dan Jenkins Medal](#) for excellence in student sports writing
- Founded three student journalism organizations and served in editor roles for four others

Experience

Denver Business Journal	Boulder, CO
Dow Jones News Fund Intern	June 2026-Present
• Scrape records from county, state and federal regulators to break news on Colorado companies • Broke the news of a major delay in the opening date for a Denver sports stadium • File three to five stories per week, working on six to ten assignments at any given moment	
Mountain Time Magazine	Boulder, CO
Editor-in-Chief	January 2025-May 2026
• Founded a student-run outdoors and culture magazine that publishes twice a year • Supervised seven managers and a staff of 19 writers, eight designers and five photographers • Managed a budget, coordinated with printer and used SEO to grow website traffic	
The Colorado Sun	Boulder, CO
Intern & Freelance Reporter	October 2024-May 2026
• Sole reporter at the state level to cover Colorado's most competitive legislative race in 2024 • Spent four days on location leading coverage of the fifth-largest wildfire in Colorado history • Wrote and shot photos for stories on state politics, sports, business and the Denver city council	
Minnesota Star Tribune	Minneapolis, MN
Features Intern	June–August 2025
• Filed a mix of trending and feature stories for the metro, food, music and Minnesota Life desks • Filmed and edited vertical video that consistently broke 100k views on Instagram and TikTok	
Estes Valley Voice	Denver, CO
Statehouse Reporting Intern	December 2024-May 2025
• Covered the Colorado state government with a hyper-local angle for a rural tourist town • Broke news with a team of colleagues on the DOGE layoffs at Rocky Mountain National Park	
Sko Buff Sports	Boulder, CO
Investigative Reporter	January 2025-May 2026
• Filed public records requests, developed sources and built data sets to cover CU Athletics • Story on the House v. NCAA settlement's impact on the school published in Colorado Public Radio	
CU Independent	Boulder, CO
Managing Editor	August 2024-January 2025
• Oversaw news and sports coverage for a student newspaper, editing five to 10 stories per week • Managed a WordPress website, using SEO and Instagram analytics to increase readership	

References

Dana Coffield, <i>Executive Editor, The Colorado Sun</i>	(303) 808-5518 dana@coloradosun.com
Maria Reeve, Managing Editor, The Minnesota Star Tribune	maria.reeve@startribune.com
Kourtney Geers, Editor-in-Chief, Denver Business Journal	(303) 803-9227 kgeers@bizjournals.com

EDUCATION

University of Colorado Boulder, *Bachelor of Arts in Journalism*

Class of 2026