

STERLIN L. MOSLEY, PH.D.

CONTACT ME

405.406.2478

sterlin@ou.edu

2616 Osborne Drive

Norman, OK 73069

sterlinmosley.com

SUMMARY

Sterlin Mosley, PhD is a personality expert, social media influencer, and Professor of Human Relations, communication, and gender studies whose research specialties include personality typologies, narcissism, empathy, and inclusive communication strategies. He has extensive experience teaching and developing both in-class undergraduate and graduate courses, as well as experience consulting and training in the private and nonprofit sectors. Dr. Mosley's first book, *The 27 Types of Narcissism: The Narcissist in You and Everyone Else*, is based on his groundbreaking research on the intersection between the nine Enneagram personality types, narcissism, and empathy was published in 2022 and will be followed by *Center of the Universe: A Holistic Approach to Transforming the 27 Types of Narcissism from the Inside Out* is due winter 2025 and published by Rowman and Littlefield (Bloomsbury Publishing).

EDUCATION

Doctor of Philosophy 2015 The University of Oklahoma (Norman, OK)
Concentration: Intercultural Communication/Gender and Feminist Studies Dissertation Title: Transversal Communication: Decolonizing Communication Theory

Master of Human Relations 2009 The University of Oklahoma (Norman, OK)
Concentration: Personal and Organizational Change /Personality Psychology

Bachelor of Arts 2005 The University of Oklahoma (Norman, OK)
Concentration: English Writing/Critical & Cultural Studies

Attended the Academy of Arts University 2007-2009 (San Francisco, CA)
Concentration: Master of Arts in Screenwriting & Critical Film Analysis

PUBLICATIONS

Mosley, S. L. (2026). *The Evolving I: A Holistic Framework for Spiritual and Psychological Growth*. Washington DC: Bloomsbury (Manuscript in preparation).

Mosley, S. L. (2025). *Center of the Universe: A Holistic Approach to Transforming the 27 Types of Narcissism from the Inside Out*. Washington DC: Rowman and Littlefield (Manuscript in press). Translated in Portuguese and Spanish)

Mosley, S. L. (2022). *The 27 Types of Narcissism: Identifying the Narcissist in You and Everyone Else*. Washington DC: Rowman and Littlefield. (Translated in Taiwanese and Korean)

Mosley, S. L. (2022). *Navigating the Naguala: Blackness, Shamans and Drag Queens*. In G. Y. (Ed.), *Black Male Voices Behind the Veil*. Lanham, MD: Lexington Books.

STERLIN L. MOSLEY, PH.D.

PUBLICATIONS (PUBLIC PERFORMANCES)

Work: Central Oklahoma Dance Company presents “MMXX”-*Dawn*-July, 10 2021

Role: Choreographer/Creative Director

Location: Oklahoma City, OK

Description: A contemporary dance piece exploring the impact of the COVID-19 pandemic on human connection and relationships.

Work: Central Oklahoma Dance Company presents “Soigne”-*The Other Woman/Bang Bang*- September, 26 2021

Role: Choreographer/Creative Director

Location: Norman, OK-OU Reynolds Performing Arts Center

Description: A contemporary dance piece exploring the masculine and feminine power dynamics in the context of abuse and betrayal.

Work: Central Oklahoma Dance Company presents “Soigne”-*Nature Boy*-September 26 2021

Role: Choreographer/Creative Director

Location: Norman, OK-OU Reynolds Performing Arts Center

Description: A contemporary dance piece exploring youth, naturalism, and maturation.

Work: Central Oklahoma Dance Company presents “Soigne”-*Chet Baker Suite*-September, 26, 2021

Role: Choreographer/Creative Director

Location: Norman, OK-OU Reynolds Performing Arts Center

Description: A contemporary ballet piece exploring the development of a romantic relationship.

Work: Central Oklahoma Dance Company presents “Polarities”-*Limerence/Liberation*-May, 28 2022

Role: Choreographer/Creative Director

Location: Norman, OK-OU Reynolds Performing Arts Center

Description: An avant-garde and contemporary dance piece demonstrating the liberation of power via the feminine form through reconnection with breath and mindfulness.

Work: Central Oklahoma Dance Company presents “FLUX”-*Solstitium Aesivum*- August 11th, August 12th 2023

Role: Choreographer/Creative Director

Location: Norman, OK-OU Reynolds Performing Arts Center

Description: A contemporary ballet piece exploring the nature of change, desire, and longing through the conceit of summer

Work: Central Oklahoma Dance Company presents “FLUX”- *And Yet, On This Day*- August 11th, August 12th, 2023

Role: Choreographer/Creative Director

Location: Norman, OK-OU Reynolds Performing Arts Center, Oklahoma City-Special Care Inc.

Description: A contemporary ballet piece exploring the role of capitalism, work, and “hustle culture” on the human spirit

STERLIN L. MOSLEY, PH.D.

Work: Central Oklahoma Dance Company presents Freyja "AFTERNOON ON THE ISLE OF FEMME-PARADISE LOST- " Central Oklahoma Ballet Theatre, Norman Arts Council, Norman, OK. (August 10, 2024 - August 11, 2024).

Role: Choreographer/Creative Director

Location: Norman, OK- Nancy O'Brien Clinton Theatre, Oklahoma City-Special Care Inc.

Description: A contemporary ballet piece exploring the role of the loss of women's autonomy, creativity and voice in the face of male aggression.

Work: Central Oklahoma Dance Company presents Freyja- NASTY WOMEN" Central Oklahoma Ballet Theatre, Norman Arts Council, Norman, OK. (August 10, 2024 - August 11, 2024).

Role: Choreographer/Creative Director

Location: Norman, OK- Nancy O'Brien Clinton Theatre, Oklahoma City-Special Care Inc.

Description: A contemporary ballet piece exploring the subjugation of women's spirituality, sexuality and independence.

Work: Central Oklahoma Dance Company presents Freyja "Would You Like Me To Be Quiet " Central Oklahoma Ballet Theatre, Norman Arts Council, Norman, OK. (August 10, 2024 - August 11, 2024).

Role: Choreographer/Creative Director

Location: Norman, OK-Nancy O'Brien Clinton Theatre, Oklahoma City-Special Care Inc.

Description: A contemporary ballet piece exploring clothing, gender and assumptions about sexual performance and autonomy.

PROFESSIONAL EXPERIENCE

The University of Oklahoma Human Relations, Assistant Professor 2015-Present

- Create course materials, syllabi and course content
- Manage all student affairs related to course management
- Advise and mentor graduate students on program of study and thesis preparation
- Deliver both online and live course content on various topics such as "Cultural Awareness in HR", "Human Relations in Action", "Sexism and Homophobia" and "Media Misogyny and Violence"
- Serve on comprehensive exam committees and chair of online curriculum development committee
- Meet with and mentor students

Empathy Architects, LLC CEO/Consultant/Coach 2009-Present

- Provide professional, personal and organizational coaching to individual and organizational clients
- Consult with Enneagram teachers on effective assessment tools and coaching strategies
- Created all training content and facilitated brand identity creation and website design
- Train private sector business owners and non-profit boards on effective change strategies for greater productivity and workplace satisfaction in both in person and virtual training platforms
- Oversee all branding, marketing and social media campaigns via Facebook, Twitter, LinkedIn and Instagram

STERLIN L. MOSLEY, PH.D.

OU Women's and Gender Studies, Core Affiliate Faculty 2008-Present

- Manage all course administration duties (grading, attendance, etc).
- Lecture on course materials and special topics for both in-class and on-line instruction.
- Developed course content for courses such as; "Men and Masculinity", "Introduction to Women's and Gender Studies", "Gender, Personality and Communication", "Queer Theory", "Feminism and Art", and "Gender in the Workplace"
- Prepare course materials for instruction
- Manage online Canvas database and course platform setup

Central Oklahoma Dance Company Founder, Creative Director 2019-present

- Co-founder and Creative Director of the startup nonprofit ballet company and professional academy.
- Responsible for all budget planning, grant writing, creative content development, school administration, human resources, marketing and fundraising.

Oklahoma City Ballet Program Director 2019-2021

- Responsible for the creative direction and promotion of the Adult Ballet Collective program at the Oklahoma City Ballet, a performance group for amateur and retired professional dancers.
- Overseeing all choreographic and creative direction for the growing performance group.
- Responsible for dancer recruitment, choreographer recruitment and management of production concerns in close connection the ballet school director and community programs coordinator.

Art Therapy Center Research Assistant 2008-2009

- Assist with literature review and research publication editing
- Co-write peer review articles and publications
- Observe clients and write client reports
- Assist in management of clinic and other duties as assigned
- Work with clients on various issues under supervision

ACADEMIC TEACHING EXPERIENCE

*Denotes created course curriculum

UNDERGRADUATE TEACHING

The University of Oklahoma	
Rough Girls, Sweet Boys: Gender, Personality and Communication*	2010-2019
Interpersonal Skills and Group Dynamics	2015-2019
Personality and Human Relations*	2015-Present
Theories of the Oppressed*	2016-2019
Cultural Awareness in Human Relations	2014-Present
Theories of Human Relations	2014-2019
Introduction to Human Relations	2014-2016
Queer Theory	2013-2014
Men and Masculinities	2012-2014
Introduction to Women's and Gender Studies	2009-2013
Creating Her World: Feminism and Art	2009-2013
Social Change and Social Justice	2014-2016
Social Change Processes	2014-2016
Media Misogyny and Violence	2016-Present
Human Relations in Action	2017-Present

STERLIN L. MOSLEY, PH.D.

Effective Communication Strategies*

2019-2020

GRADUATE TEACHING

Sexism and Homophobia

2016-Present

Diversity and Justice in Organizations

2019

SERVICE, CONSULTING, LEADERSHIP

Personality and Communication Consulting:

The City of Norman-Enneagram Personality Leadership Retreat Training 2023

The University of Oklahoma Office of Procurement-Enneagram Leadership Retreat Training 2023

The University of Oklahoma College of Advisors-Enneagram Personality Training 2021

The University of Oklahoma Human Resources-Enneagram Personality Training 2010-2012

Oklahoma Board of Social Workers-Enneagram Personality Training for Clinicians 2010-2012

Oklahoma Center for Nonprofits-Enneagram Personality Training for Board Development 2013

Oklahoma City Ballet-Personality team building and HR development 2019-2020

Nonprofit Sector:

Central Oklahoma Dance Company- Founder and Creative Director 2019-Present

City of Norman Arts Roundtable- Board Member-2019-Present

Diversity, Equity and Inclusion Consulting

The University of Oklahoma School of Dance-Diversity Grant Consultant 2020-2021

Oklahoma City Ballet-Racial Diversity Townhall Facilitator 2020

The University of Oklahoma College of Fine Arts-Diversity and Equity Planning Facilitator 2020-2021

University of Oklahoma Gender + Equality Center-Faculty and Staff Trainer 2016-2019

Grants Written and Awarded in Service to Central Oklahoma Dance Company

Date	Granting Organization	Grant	Amount
08/12/2019	Norman Arts Council	Sudden Opportunity Grant	\$2,000.00
10/11/2019	Norman Arts Council	Sudden Opportunity Grant	\$1,000.00
10/11/2019	Norman Arts Council	Org Development Grant	\$258.00
10/30/2019	Norman Arts Council	Sudden Opportunity Grant	\$750.00
01/10/2020	Norman Arts Council	Sudden Opportunity Grant	\$1,000.00
01/10/2020	Norman Arts Council	Sudden Opportunity Grant	\$1,500.00
02/24/2020	Oklahoma Arts Council	Small Project Grant	\$1,650.00
09/04/2020	Oklahoma Arts Council	Small Project Grant	\$2,125.00
12/11/2020	Norman Arts Council	Project Grant	\$8,000.00
01/11/2021	Oklahoma Arts Council	Project Grant	\$5,000.00
02/10/2021	Norman Arts Council	Project Grant	\$6,056.00
06/03/2021	Kirkpatrick Foundation	Small Project Grant	\$2,500.00
06/28/2021	Norman Arts Council	Project Grant	\$8,000.00
09/07/2021	Oklahoma Arts Council	Covid Relief Grant	\$2,208.00
11/10/2021	Oklahoma Arts Council	Covid Relief Grant	\$2,250.00
02/03/2022	Norman Arts Council	Project Grant	\$8,000.00
04/14/2022	Kirkpatrick Foundation	Project Grant	\$5,000.00
07/05/2022	Norman Arts Council	Project Grant	\$8,000.00
08/23/2022	Norman Arts Council	Project Grant	\$6,472.00
09/12/2022	Oklahoma Arts Council	Project Relief Grant	\$2,195.00
10/03/2022	Oklahoma Arts Council	Project Relief Grant	\$2,450.00

STERLIN L. MOSLEY, PH.D.

03/10/2023	Kirkpatrick Foundation	Large Project Grant	\$4,000.00
04/03/2023	Oklahoma Arts Council	Small Project Grant	\$2,440.00
06/22/2023	Norman Arts Council	Project Grant	\$6,472.00
08/07/2023	Norman Arts Council	Org Support Grant	\$12,325.00
03/01/2024	Norman Arts Council	Org Support Grant	\$12,325.00
03/01/2024	National Endowment for Arts	ARPA Grant	\$29,300.00
			Total Grants \$143,276.00

Academic Service Roles

Dissertation Committee Member

2024

Mentor and advise communication PhD candidate Julie Sisler for dissertation.

McNair Scholar Advisor

2019

- Mentor and advised Mataia Blackwell on research projects in preparation for McNair Scholarship requirements.

Faculty Advisory Board Member

2015-2018

- University of Oklahoma Gender + Equality Center

Peer Reviewer

2012-2014

International Enneagram Association Journal

WGS Blog Editor/Advisor

The University of Oklahoma Women's and Gender Studies

2012-2013

Center for Social Justice Graduate Research Fellow

2011-2012

The University of Oklahoma, OU Center for Social Justice