

Rachel Ludrick Weaver

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About Me

Healthcare executive with over 15 years of experience in nursing, long-term care administration, and clinical review coordination. Proven ability to lead interdisciplinary teams, enhance operational outcomes, and implement evidence-based care strategies. Dedicated to improving healthcare quality, compliance, and patient satisfaction across diverse care settings.

What I Do Best

- Clinical Review & Care Planning
- Long-Term Care Leadership
- Team Coaching & Communication
- Documentation & Compliance (MDS Wizardry)
- Patient Advocacy with Heart
- Budget Management & Efficiency

Credentials & Licensure

- Registered Nurse – Oklahoma (Multi-State License #94208)
- Licensed Long-Term Care Administrator (#3643)
- RAC-CT Certified
- Basic Life Support (BLS) – Always ready

Career Journey

Clinical Review Coordinator

Optum Home and Community | Mar 2019 – Present

- Assess patient needs and coordinate care across skilled therapy facilities.
- Develop personalized care plans and keep everyone (providers, patients, families) on the same page.

Assist patients with insurance navigation, discharge planning, and coordination of services in alignment with clinical and payer guidelines.

- Provide education with compassion and a practical touch.

Administrator

Family Care Center of Kingston | Aug 2018 – Mar 2019

- Oversaw all operations of a skilled nursing facility, from staff morale to budget control.
 - Led the facility through compliance updates and quality improvement initiatives.
- Fostered positive staff dynamics and reinforced a culture of accountability and quality care delivery.

Director of Nursing

Family Care Center of Kingston | Feb 2017 – Aug 2018

- Guided nursing teams to provide compassionate, top-tier care.
- Improved care documentation accuracy and MDS processes.
- Turned around performance metrics with focused quality strategies.

Earlier Roles

- Director of Nursing, Four Seasons Rehabilitation (2016 – 2017)
- Healthcare Management Nurse II, OK DHS Aging Services (2014 – 2016)
- Branch Manager, Aspire Home Health & Hospice (2011 – 2014)
- RN Staff Nurse, TMC Denison & Community Hospital OKC (2010 – 2011)

Education

- M.S. in Healthcare Administration – Southeastern Oklahoma State University (Expected 2026)
- A.S. in Nursing – Murray State College (2007)
- B.A. in Communications – Southeastern Oklahoma State University (1998)