Kanye West's Self-Deprecating Tweet Sparks Speculation About Mental Health

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In Wild Interview Clip, Mel Gibson Compares Himself to Kanye West, Discusses Mental Health Struggles

Mel Gibson, the Oscar-winning actor and director, has drawn comparisons to Kanye West after a wide-ranging interview in which he discussed his own mental health struggles, his relationship with his wife, and his upcoming projects.

The interview, which was posted to Gibson's YouTube channel on Wednesday, October 15, 2025, lasted nearly 1 hour and 30 minutes.

Gibson, 69, discussed his recent divorce from his wife of 19 years, Rosalind Ross, and the impact it had on his mental health. He also talked about his upcoming projects, including a sequel to his 2006 film Apocalypto and a new movie about the life of Jesus Christ.

Gibson said he has been sober for 20 years and that he has been dealing with mental health issues since his early 20s. He said he has been diagnosed with bipolar disorder and that he has been taking medication for it since then.

"I've been sober for 20 years, and I've been dealing with mental health issues since my early 20s. I've been diagnosed with bipolar disorder and I've been taking medication for it since then," Gibson said.

He said he has been working on his mental health through therapy and that he has been able to manage his condition.

Gibson said he has also been dealing with the aftermath of his divorce from Ross, which he said has been difficult for him.

"It's been difficult, but I'm doing my best to move on and focus on my work," he said.

Gibson said he has been working on a new movie about the life of Jesus Christ, which he said he has been researching for years. He said he has been working on the script with his son, Dean, who is a writer and director.

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Gibson said he has been able to work on his relationship with his son, Dean, who is a writer and director