



Quinn Snider (left) represented Team Canada at the 2025 World Games in Chengdu, China.

SUPPLIED

Snider credits mom, siblings for storied competitive frisbee career

Ultimate in the family

BEN LITTLE

OME kids grow up around the hockey rink or the soccer pitch. For Winnipeg's Quinn Snider, it was the ultimate frisbee field.

Growing up watching their parents compete, Snider, now 27, his brother Luke, 29, and sister Anya, 30, all wound up playing ultimate frisbee. All three have represented Canada on the world stage.

Snider began playing ultimate in Grade 7 at Westgate Mennonite Collegiate, joining the program founded by his mom, Vaughn Rempel Snider.

"I was really just doing it because my mom was coaching and my brother and sister were doing it," he said.

Today, Snider competes professionally with the Minnesota Wind Chill of the Ultimate Frisbee Association. He's been selected 12 times to represent Canada, most recently competing at the 2025 World Games in Chengdu, China, in August.

Like his siblings, Snider played several sports growing up including hockey, baseball, flag football, volleyball and basketball — something his parents encouraged.

"I don't really love the whole single sport model," said Rempel Snider. "I like multi-sport athletes and what they get out of playing other sports."

Rempel Snider excelled as a runner and in court sports, winning a U Sports national championship with the Winnipeg Wesmen women's volleyball team in the 1980s. In 1997, looking for a new challenge, she found ultimate frisbee.

"I fell in love with the sport. And then my husband got on board and started playing," she said. "So our kids kind of grew up on the sideline."

When her kids came to Westgate for middle school, Rempel Snider seized the opportunity to share the game she loved with her family.

"I saw the need and I wanted them to be able to play," she said. "So I said, 'I'll volunteer to coach if you guys start the team.'"

Rempel Snider coached her kids all the way through high school. She still coaches the ultimate and volleyball programs at Westgate.

Snider said he owes much of his ultimate frisbee success to his mom.

"(My mom's) a wealth of knowledge when it comes to the sport," said Snider. "She's been a huge influence and a big impact for me and my siblings as well."

The youngest in the family, Snider says sibling rivalry was heated growing up.

"I can't remember a day when I wasn't trying to compete against my brother," he said with a laugh. "You're

always trying to one-up each other. Trying to impress your dad, throwing the ball out in the front yard trying to make plays."

Snider says competing with two athletic siblings constantly challenged him to raise the bar.

"That's what made me even more competitive," he said. "Whether it was a board game or something that wasn't super physical, I needed to win. I wanted to beat my brother and my sister."

Rivalry soon became camaraderie, as Snider and his siblings competed together in ultimate frisbee, teaming up on some of the same provincial and national teams.

Ultimate frisbee is mainly a co-ed sport. It's also self-officiated, meaning competitors call their own fouls. At the highest levels, with championships on the line, athletes share a responsibility to act with respect and integrity — known in the ultimate scene as the spirit of the game.

Longtime Team Canada coach Patrick Mooney says Snider embodies the sport's core values.

"It takes a unique individual to be as fiery and competitive as Quinn Snider," Mooney said. "And to be able to play with the integrity and spirit of the game that he does... I think his teammates would say that Quinn carries himself in a way that the sport idealizes."

This year, Snider represented Canada at the World Games, a multi-sport event recognized by the International Olympic Committee which occur every four years. Seven men and seven women are selected to Canada's ultimate team.

Snider plays the position of cutter — much like a receiver in football. He led his team in goals at the World Games with 13.

"He's a very explosive athlete. Always in the right place at the right time," Mooney said. "When he needs to make a play, he can rise to the occasion and he did that at the World Games."

Mooney has been playing and coaching ultimate for more than 20 years. He said Snider's impact off the field was just as important as his on-field performance.

"It can be really hard when you're playing a mixed sport, to blend different genders and personalities," Mooney said. "I think Quinn was a huge part of why it all worked for us."

Canada won silver at the World Games after a heartbreaking one-goal loss to the United States in the gold medal game. They also finished second in Spirit of the Game, as voted on by their opponents.

Mooney said Snider's integrity not only helped in the locker room, but in maintaining the spirit of the game at

the highest level.

"I don't think we accomplish what we accomplish without having Quinn as one of our seven male players," he said.

Snider says he's grateful for team sports such as ultimate, which taught him valuable lessons that he applies in his everyday life.

"There's just something to be said for team sports and the real-world implications and similarities it brings to you at a later age," he said. "It's not just from an athletic standpoint, but a social one, too."

Snider plans to continue playing professionally with Minnesota and compete internationally if given the chance, hopeful to join Team Canada again at the 2029 World Games in Germany.

He now lives in Vancouver, close to his sister Anya, whose newborn child brought the family together again this week.

"We're a very close family, we always will be," Snider said. "It's been a really special experience being able to now play ultimate at the highest level possible while having your parents cheer you on in the stands wherever you go... knowing that they started it and they made it happen."

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Condell aware of importance of run game to Bombers offence

New OC says marrying run and pass will be key

TAYLOR ALLEN

Tommy Condell has not made a name for himself in the CFL by running the football.

In nearly 11 years as an offensive co-ordinator in the three-down loop, he's never once had a running back finish top three in rushing. To further add to that, his tailbacks have finished outside the top 10 in ground yards in half of those seasons.

That's not going to fly in Winnipeg with running back Brady Oliveira making around \$300,000 per year through 2028.

So, when Condell — who was officially announced as the new OC of the Bombers on Monday — sat down on Zoom with reporters on Tuesday, there was one obvious question: is his style the right fit for the Blue and Gold?

"I wouldn't be in this position if I wasn't adaptable and understand what players do best," said Condell, who spent the past two seasons as the offensive co-ordinator of the Ottawa Redblacks.

"To be able to marry that run with the pass is going to be the key."

It'll also be key to try to squeeze more out of quarterback Zach Collaros, who will turn 38 in August and is coming off back-to-back seasons with 17 touchdown passes and 15 or more interceptions.

The two worked together with the

Hamilton Tiger-Cats (2014-15) and the veteran pivot has always spoken highly of Condell.

"He has a fire to always be great. And that chase of greatness takes place when no one else is watching," said Condell.

"I don't see his diminish of arm strength, I don't see it as a diminish of talent and being able to move the pocket. I think the biggest thing that we're going to have to be able to do and that's going to be all throughout the offence is be able to take care of the football and protect the football."

It's a bit of a unique situation Condell is stepping into as the coach he's replacing — Jason Hogan — is now his co-worker. Hogan, who struggled mightily in his lone season wearing the OC headset, has agreed to remain on staff as the running backs coach. It's a position Hogan held for three years before his shortly lived promotion.

Condell has spoken with Hogan but didn't want to divulge the details of those conversations.

"We wouldn't be able to do this without the high character that Jason has and that speaks volumes for himself, and he needs to be praised for that," said Condell.

"It's not like I come down like Mount Sinai and I say 'Hey, these are the things we're gonna do this week.' No, we're gonna get in there together, build it together, and have a game plan collect-



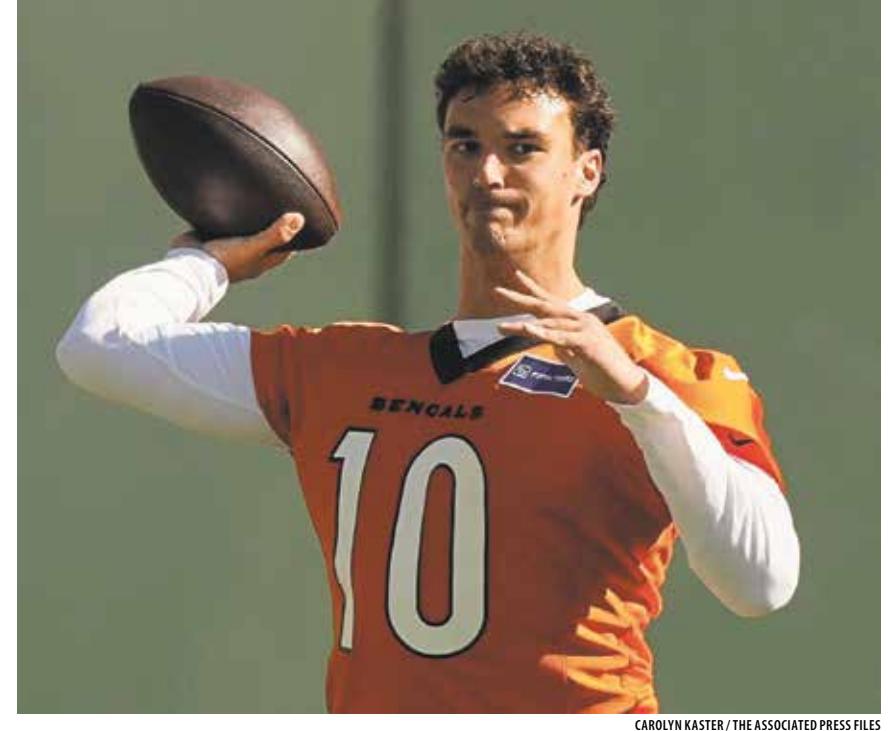
Bombers' offensive co-ordinator Tommy Condell is known for emphasizing the passing game.

tively to know this is going to do what it takes to win this football game. And then we're going to go try to execute it."

Bombers release Parker, sign QB

The Bombers released veteran defensive back Jamal Parker, Jr. on Tuesday.

Parker, who arrived in Winnipeg in 2022, missed all of 2024 with an ACL injury and was limited to 11 games in 2025. In 32 career games, the 27-year-old recorded 86 defensive tackles, 11 special teams tackles, one sack, two interceptions and one touchdown while



The Blue Bombers have signed QB Payton Thorne, who split his college career between Michigan State and Auburn.

playing various spots in the secondary.

Parker was a pending free agent, and his release now gives him a head start on finding a new club. The Bombers also released receiver Cam Echols and signed quarterback Payton Thorne,

who split his five-year NCAA career between Michigan State and Auburn. Thorne spent time with the Cincinnati Bengals during training camp this

season and threw for 41 yards on four completions in a pre-season game against the Indianapolis Colts.

In college, Thorne had 10,961 passing yards and 86 touchdowns, along with 1,068 rushing yards and 11 rushing touchdowns in 46 starts with 53 appearances.

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