



EDUCATION

Montana State University

- Bachelor of Science- Psychology
- Minor- Hispanic Studies
- GPA: 3.91

SKILLS

- Grant writing
- Creative writing
- Professional/scientific writing
- Event planning
- Content creation
- Social media management
- Coaching/personal training
- Certified in MRI acquisition on 3T Siemens MRI Scanners
- Experience in administering EEG
- EmWave
- InnerBalance Coherence Sensors
- HeartMath
- BIOPAC MP150/160
- Excel
- OpenMind Computing Cluster
- SPSS
- IRB protocols and procedures
- Proficiency in Spanish
- Animal handling
- Public speaking
- Special education
- Customer service
- Budgeting
- Adobe Creative Suite
- PowerPoint

CERTIFICATIONS

Certified Personal Trainer

- National Academy of Sports Medicine (NASM)
- January 31, 2025- January 31, 2027

CPR & AED Certified (Adult/Child/Infant)

- American Safety Training Institute (ASTI)
- January 25, 2025- January 25, 2027

WORK EXPERIENCE

Lonestar Field Representative

Turning Point USA | July 2025 - Present

- Working with Turning Point USA student groups and student activists to launch new chapters, maintain established chapters, organize daily campus activism initiatives, recruit new activists, help students register to vote, and develop strong activist networks.
- Importing and organizing recruitment-related data.
- Conducting outreach to prospective members and activists.
- Representing the organization at events and conferences.
- Promoting events and conferences in the field and on social media.
- Developing new activism plans.
- Networking with community members to garner support for local chapters.
- Writing social media content to promote chapters and the organization.

Job Coach- LIFE Scholars Program

Montana State University | September 2024 - June 2025

- Providing direct support to students with intellectual and developmental disabilities.
- Offering students individualized support, skill development, action planning, and goal-setting.
- Assisting students in articulating their strengths, accomplishments, and transferable skills to prospective employers.
- Offering personalized feedback and suggestions for enhancing resumes, and professional, social and emotional skills.
- Collaborating with the Career Coordinator to empower students.
- Visiting internship sites to support and observe students and acquire feedback from internship managers regarding the student's progress.

Coach/Personal Trainer

GOAT Mindset Coaching | June 2019 - Present

- Designing and developing methods of coaching in rodeo events, physical fitness, and mindfulness training.
- Organizing and scheduling private lessons and group training clinics.
- Budgeting for clinics and lessons.
- Social media outreach and advertising, blog writing, and communicating with parents.
- Individualized workout programming, instruction, and coaching.

AWARDS & HONORS

National Collegiate Rodeo Champion

- 2021, 2023

Regional Collegiate Rodeo Champion

- 2020, 2021, 2022, 2023

Montana State University Rodeo Team Captain

- 2023

President's List Recipient

- Awarded at Montana State University for a perfect academic record, 2022-2023

Dean's List Recipient

- Awarded at Montana State University for academic excellence, 2019-2021

RESEARCH EXPERIENCE

Research Intern

Gabrieli Lab, Massachusetts Institute of Technology | June 2023- August 2023

- Contributing to studies aimed at identifying neural differences in children with familial risk for ADHD which may predict conversion to ADHD, and a clinical trial investigating neuromarkers to predict treatment response in adults with social anxiety.
- assisting with MRI scanning sessions of both children and adults.
- Conducting quality assurance of MRI images using OpenMind computing cluster and REDCap.
- Using R Studio to statistically analyze behavioral and neuroimaging data.
- Counterbalancing fMRI task stimuli.
- Presenting research at lab meetings

Research Assistant

Child and Adolescent Anxiety Lab of Montana, Montana State University | August 2022- May 2023

- Contributing to research on physiological indices of emotion and attention regulation, as well the influence of biological, emotional, and cognitive processes in the development of internalizing disorders in children and adolescents. .
- Using NVIVO software to analyze interview transcripts.
- Conducting literature reviews for grant purposes.

Waitress

Ponderosa Social Club | October 2024 - June 2025

- Greeting patrons upon arrival to the restaurant.
- Preparing the dining room.
- Memorizing menus and various food and drink specials for each shift.
- Ensuring customers receive orders promptly.
- Taking orders, processing payment on digital systems, and handling cash.

Social Media Manager

Yellowstone Counseling and Equine Therapy | October 2024-February 2025

- Creating social media content and developing marketing strategies.
- Conducting literature reviews on treatment modalities.

Technical Research Associate

Massachusetts Institute of Technology | August 2023-August 2024

- Contributing to research on how mental abilities are supported by the brain through neuroimaging and behavior analysis.
- Contributing to a longitudinal assessment aimed to identify neural craving mechanisms of vaping and potential biomarkers to predict relapse in vaping behavior, and a longitudinal assessment examining neural differences in depressed versus non-depressed children as a function of the quality of the parent-child relationship.
- Using Qualtrics and REDCap to formulate surveys and behavioral measures.
- Selecting stimuli for fMRI tasks.
- Scheduling participants.
- Administering MRI and EEG to participants.
- Drafting COUHES review applications and consent forms.
- Administering neuropsychological tasks to participants.
- Writing pre-registrations and grant proposals for experimental studies.

Ranch Hand

Union Cattle and Sheep Company | March 2020- August 2020

- Contributing to the functioning of daily ranch operations.
- Performing emergency cesarean sections on sheep.
- Vaccinating, medicating, casting, and wound-dressing on sheep, cows, and horses.
- Preparing bottles and performing feedings for orphaned lambs and calves.
- Grooming and exercising horses.
- Monitoring herds of cattle, sheep, and horses.
- Translating for Spanish-speaking employees.

Research Assistant

Attention and Memory Lab, Montana State University |
August 2022- May 2023

- Contributing to research on human attention and the influence of brain and body interactions on attention control.
- Collecting impedance cardiography and electrocardiography data.
- Biofeedback training and data collection.
- Physiological data cleaning and scoring.
- Consenting and debriefing participants.
- Operating lab control room.

POSTERS

Zacharek, S.J., **Rasmussen, P.**, Park, M., Wang, K.L., Dillon, D.G., Rosellini, A.J., Hoffman, S.G., Gabrieli, J.D.E. (2024, March). Non-amygdal neurochemical and functional limbic system aberrations in social anxiety disorder. Poster presented at MIT Brain & Cognitive Sciences Poster Session (Cambridge, MA).

Zacharek, S.J., Decker, A.L., O'Connor, H.G., **Rasmussen, P.**, Walsh, D., Uchida, M., Gabrieli, J.D.E. (2023, September). Relating Emotional Lability to Brain Activation Differences in Perception of Emotional Faces in Preschool-Aged Children with Familial Risk for ADHD. Poster presented at Flux Congress on Integrative Developmental Neuroscience, Santa Rosa, CA.

PRESENTATIONS

Rasmussen, P. (2022 December). Goal Setting and Mindfulness Influences Grit in College Students. Poster presented at Montana State University Senior Thesis Poster Session, Bozeman, MT.