

The College Academic Self Efficacy Scale

(Gruber, 2011)

APPENDIX A CASES INSTRUMENT

Directions: How much confidence do you have about doing each of the behaviors listed below?
For each statement below, circle the letter that best represents your confidence.

A B C D E
 ←-----→
 Quite A Lot Very Little
 AMOUNT OF CONFIDENCE

- | Lot | Little |
|------------------------------------|---|
| ☒ A | ☐ B ☐ C ☐ D ☐ E..... 1. Taking well-organized notes during a lecture. |
| ☐ A | ☒ B ☐ C ☐ D ☐ E..... 2. Participating in a class discussion. |
| ☐ A | ☒ B ☐ C ☐ D ☐ E..... 3. Answering a question in a large class. |
| ☒ A | ☐ B ☐ C ☐ D ☐ E..... 4. Answering a question in a small class. |
| ☐ A | ☐ B ☒ C ☐ D ☐ E..... 5. Taking "objective" tests (multiple-choice, T-F, matching). |
| ☐ A | ☒ B ☐ C ☐ D ☐ E..... 6. Taking essay tests. |
| ☒ A | ☐ B ☐ C ☐ D ☐ E..... 7. Writing a high quality term paper. |
| ☐ A | ☒ B ☐ C ☐ D ☐ E..... 8. Listening carefully during a lecture on a difficult topic. |
| ☒ A | ☐ B ☐ C ☐ D ☐ E..... 9. Tutoring another student. |
| ☒ A | ☐ B ☐ C ☐ D ☐ E..... 10. Explaining a concept to another student. |
| ☐ A | ☒ B ☐ C ☐ D ☐ E..... 11. Asking a professor in class to review a concept you don't understand. |
| ☒ A | ☐ B ☐ C ☐ D ☐ E..... 12. Earning good marks in most courses. |
| ☒ A | ☐ B ☐ C ☐ D ☐ E..... 13. Studying enough to understand content thoroughly. |
| ☐ A | ☐ B ☒ C ☐ D ☐ E..... 14. Running for student government office. |
| ☒ A | ☐ B ☐ C ☐ D ☐ E..... 15. Participating in extracurricular events (sports, clubs). |
| ☒ A | ☐ B ☐ C ☐ D ☐ E..... 16. Making professors respect you. |
| ☒ A | ☐ B ☐ C ☐ D ☐ E..... 17. Attending class regularly. |
| ☒ A | ☐ B ☐ C ☐ D ☐ E..... 18. Attending class consistently in a dull course. |
| ☒ A | ☐ B ☐ C ☐ D ☐ E..... 19. Making a professor think you're paying attention in class. |
| ☐ A | ☒ B ☐ C ☐ D ☐ E..... 20. Understanding most ideas you read in your tests. |
| ☒ A | ☐ B ☐ C ☐ D ☐ E..... 21. Understanding most ideas presented in class. |
| ☒ A | ☐ B ☐ C ☐ D ☐ E..... 22. Performing simple math computations. |
| ☒ A | ☐ B ☐ C ☐ D ☐ E..... 23. Using a computer. |
| ☐ A | ☒ B ☐ C ☐ D ☐ E..... 24. Mastering most content in a math course. |
| ☒ A | ☐ B ☐ C ☐ D ☐ E..... 25. Talking to a professor privately to get to know him or her. |
| ☐ A | ☒ B ☐ C ☐ D ☐ E..... 26. Relating course content to material in other courses. |
| ☐ A | ☐ B ☐ C ☒ D ☐ E..... 27. Challenging a professor's opinion in class. |
| ☐ A | ☒ B ☐ C ☐ D ☐ E..... 28. Applying lecture content to a laboratory session. |
| ☒ A | ☐ B ☐ C ☐ D ☐ E..... 29. Making good use of the library. |
| ☒ A | ☐ B ☐ C ☐ D ☐ E..... 30. Getting good grades. |
| ☒ A | ☐ B ☐ C ☐ D ☐ E..... 31. Spreading out studying instead of cramming. |
| ☐ A | ☐ B ☒ C ☐ D ☐ E..... 32. Understanding difficult passages in textbooks. |
| ☐ A | ☒ B ☐ C ☐ D ☐ E..... 33. Mastering content in a course you're not interested in. |

Please continue
on the following page

