



2024 appeal

Until no child is turned away

Life-saving trauma and critical care for children in Cambodia



“

As a surgeon in the 90s, I operated on people who were severely injured from fighting and explosions. I removed eyeballs and amputated limbs. As we didn't have diagnostic tools, textbooks or the Internet, I had to develop a sixth sense to save people. War was everywhere. It destroyed everything.

Thankfully, surgery looks very different now. But there are still gaps. Most children in Cambodia live in rural areas, where they often can't access emergency facilities or trained health workers. A delay in critical care means a thin line between life and death. AHC can save more children by making trauma and critical care more available.

”

Dr Sar Vuthy
AHC Chief of Surgery



From left to right:
Surgeons Dr Leng Nara, Dr Van Thy, Dr T. Desmond Brown and Dr Sar Vuthy in 2024

“

As Cambodia has developed over the 20 years I've been volunteering at AHC, injuries have changed. We now see more serious injuries, like those from road traffic accidents.

AHC has repeatedly shown they can and will adapt, using the little resources they have to provide the best possible care for children. But they'll always need more.

Supporting AHC's commitment to excellence, teaching and service is important to me. Children need to have a place like AHC to care for them.

”

Dr T. Desmond Brown
Retired orthopaedic surgeon and long-term AHC volunteer

As healthcare in Cambodia has changed, so have we



When AHC opened in the late 1990s, children were dying from preventable infectious diseases or from malnutrition



Now, children have more access to treatment for common illnesses at their local health centres



So AHC fills the gaps — providing specialty care for children with rare diseases like cancer, long-term conditions and life-threatening injuries



Cambodia today

A severely injured or ill child has few options to get the right and timely care they need

Four people die and 12 people are injured from traffic accidents on average every day in Cambodia. It is one of the country's leading causes of death¹

With 74% of Cambodians living in rural areas, many rural hospitals lack the resources to provide complex critical or trauma care²

8.6 million deaths in low- and middle-income countries could be avoided with appropriate emergency care. Around 40% of deaths relate to not being able to access care³

Without immediate care, children can be disabled for life, or worse — die

¹ Khmer Times, 2023 ² World Bank, 2023 ³ Journal of Global Health Reports, 2019



“

I was in the hammock with my nine-month-old baby when I got the news. I didn't think. I grabbed my baby and rushed to the health centre.

I don't remember much at all. The health centre staff immediately told me to go to AHC. With my baby under my arm, my husband and I hopped on the health centre van and drove to AHC. I remember I was so scared. I prayed everything would be alright for my daughter. I didn't even realise that I'd forgotten to bring anything with us.

”

Thany
Mother of 15-year old Chiva who received treatment for a complicated knee fracture after a motorbike accident

Read Chiva's story [here](#)



Thanks to your support, we have sophisticated facilities and a highly-skilled team to treat and care for an injured or critically ill child.

This year, we'll have performed over 1,068 life- and limb-saving surgeries.

[But there are more children who need our help.](#)



“

Seeing her pain broke my heart. I felt so helpless. But thanks to the incredible care and medication, her condition began to improve almost immediately at AHC. She started finding relief and began to feel more at ease.

I'm relieved we came to AHC before it was too late. The doctors were incredible — they took time to explain everything and provided effective treatment that made a real difference. They didn't let her suffer. There's no place that can care for my daughter like AHC.

”

Daline

Mother of three-year-old Lyma who received treatment for burns after she fell into a boiling kettle

Read Lyma's story [here](#)

“

I didn't expect such warm and professional services. I expected them not to care about my daughter. But the doctors and nurses comforted me like I was their family. I felt warm and welcome.

After my daughter's surgery, she also received physiotherapy. I learned how to help her exercise at home, encouraging her to move frequently to regain her mobility. I'm so thankful there's a hospital like AHC that takes care of every aspect of treatment. I want every hospital to be like AHC.

”

Champeï

Mother of 17-year-old Sreyphy who was treated for a knee fracture after falling off a trampoline

Read Sreyphy's story [here](#)

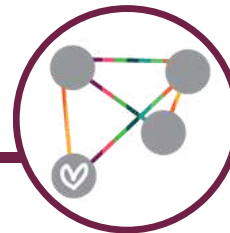




How can you help?



Donate one time or set up a monthly or annual gift [here](#)



Share this pack with others you think may be able to help



Make sure we're connected on LinkedIn [here](#)

We've come so far with your support, mentorship and gifts over the past 25 years.
Your continued support will make quality trauma and critical care more available to children and teens in Cambodia!

The impact of your gift



\$60,323

could cover the cost of running one bed in intensive care for a year



\$17,508

could pay for a year's training for a specialty doctor in surgery, anaesthesia or intensive care



\$2,146

could run our emergency room for one week

The impact of your gift

\$211

could help 10 children regain mobility after a long hospital stay

\$169

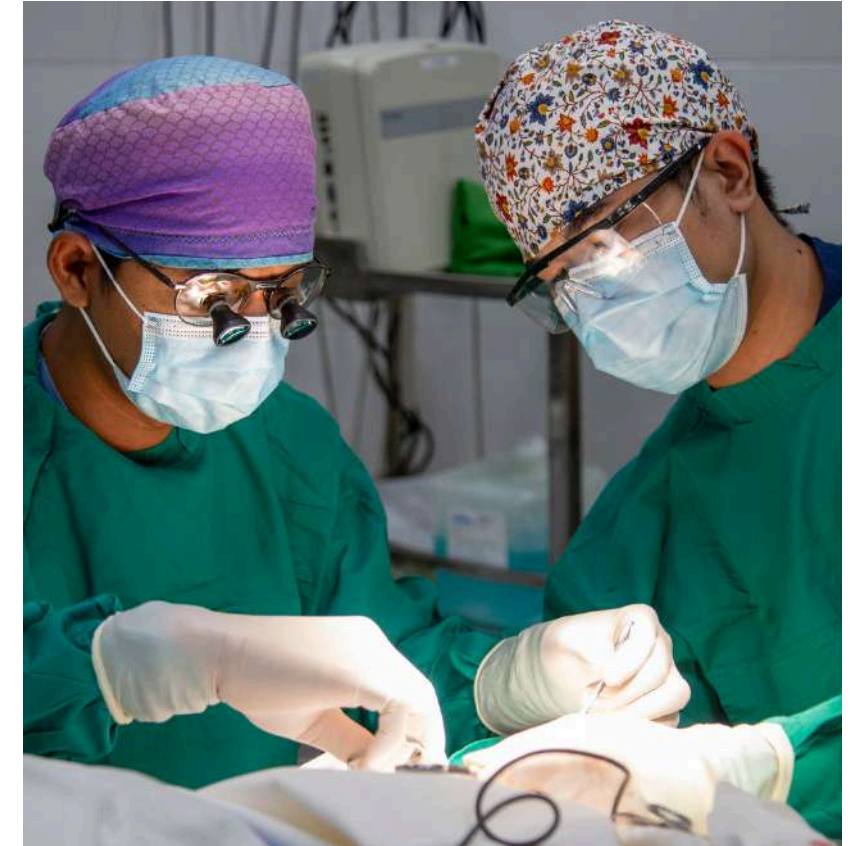
could provide a major surgery

\$36

could provide a minor surgery

\$22

could provide daily food packs for a child's four-day hospital stay



“

Accidents can happen to any child at any time. But many deaths and disabilities could be avoided — if only children get the right care they need on time.

The children who arrive at AHC often have nowhere else to go. But every child is like our own. We will do everything we can to save them.

I'm proud to work here, always learning from the best to continue improving our care and services. It's really thanks to my teachers and those who support AHC and children in Cambodia that make this possible.

Thank you very much for your support!

”

Dr Leng Nara
AHC surgeon

