Partnering for children in rural Cambodia

Improving the health and well-being of 30,000 families



The problem

Despite significant improvements in healthcare over the last three decades, Cambodia has one of the highest death rates for children under five years of age in Asia. This is particularly prevalent amongst the 75% of Cambodians who live in rural areas, where access to quality health services and levels of health literacy significantly lag behind towns and cities.

One in five Cambodians survive on less than US\$2.70 a day, with rural families amongst the poorest in Cambodia. These children are three times more likely to die early than children from Cambodia's wealthier families.

Many caregivers have not had the opportunity to learn basic health information that can prevent children becoming ill. Without this information, they often can't spot when their child is getting sick or know when to seek help — meaning many children are in critical condition by the time they finally reach a health facility.

For children under five in Cambodia...





22% are stunted due to malnourishment, which can affect brain development and lead to long-term health problems



6% of deaths result from easily preventable diarrheal diseases



6% suffer from acute respiratory infections



infectious and parasitic diseases are the number one leading cause of death

Every day, children in Cambodia die from preventable diseases.

We need your help to change that.



AHC's community work

AHC works in some of the poorest communities in Cambodia to address the leading causes of death and poor health. Even basic measures like improved diet, hygiene and health knowledge can mean the difference between life and death for many children. Each programme runs for two to three years per district, with our staff partnering closely with local health centers and volunteers to raise the standard of health care in rural settings.

Before a programme begins

AHC conducts a baseline survey to track existing levels of disease in the community, establish need and determine the optimal interventions. AHC surveys health staff and caregivers to assess the existing level of knowledge, practices and attitudes surrounding health care and health-seeking behaviour.

During a programme

The team works with a variety of key local stakeholders — rural health staff, community leaders, community groups, village volunteers, police and teachers — to build health care knowledge, skills and confidence. They also work in villages to equip caregivers with basic health information that can prevent their children from becoming ill.



Commencement of the Angkor Chum project in 2024



In January 2024, AHC began a new project in Angkor Chum Operational Health District, Siem Reap Province — whilst continuing to maintain their work in Kralanh and Pouk District.

Angkor Chum is one of the most populated districts in Siem Reap Province, located approximately 50 kilometers from Siem Reap town.

In recent years, external indicators of poverty have improved. However, adequate health knowledge and practices remain low, with children's health suffering greatly as a result.



Your impact





"Two years ago I noticed our children appeared thinner than their peers in the village. Thankfully, AHC's community team reached us, providing valuable advice on nutrition and its crucial role in children's growth. Now that I've practiced what I've learned, I see our twins gaining weight and thriving — ready to embark on their first year of school next year."

Khiem Vanndy, mother of four-year-old twins from Kralanh District



In 2024 so far...



10,542 attendances at our hygiene education sessions



5,218 children screened for malnutrition



1,441 attendances at our first aid trainings





With your support, every child — rich or poor — can access the health care they deserve