

## *"His cry was so faint — I almost couldn't hear it."*

20-year-old Chanra had everything about her birth planned out. She'd planned where she was going to go, who was going to be there and who would watch her older daughter Phally. She'd planned everything — except for her baby being born early, at just seven months and 13 days.

When she started going into premature labour, Chanra's husband Lideth rushed her to Sotnikum Referral Hospital, where she gave birth to little Narith. Within a couple hours, Narith was blue and struggling to breathe.

*"After giving birth, they said my baby was fine. But after two hours, he was in bad condition," Chanra recalled. "They said they needed to transfer him to AHC. They didn't even allow me to come with him because I was so weak after giving birth."*



At AHC, our neonatologists admitted Narith to our neonatal unit, where he stayed for the next month. They immediately put him on a continuous positive airway pressure machine to help him breathe. They kept him warm and gave him food through a tube every three hours. Slowly, the team was able to nurse little Narith back to health.

*"Narith is getting better day by day. He's now healthy and in good condition," beamed Ms Chay Saorath, AHC neonatal nurse. "As long as he remains stable like this for the next week, he'll be ready to go home."*

While Narith's birth was terrifying and didn't go how Chanra planned, she's thrilled to now have a healthy boy to take home.

*"I never knew before how great AHC is," Chanra expressed. "The staff are so warm and friendly. They help and care for me and my baby a lot. They never ignore us and always answer every question I have. This is the first time I've felt like any healthcare staff are my family."*