

# Cycling for Soap Cycling

# 2025 Cycling for Soap Cycling

Come explore the hidden treasures of Hualien!







When: October 22-26

Where: Taiwan's east coast

Distance: 150km (around 50km per day)

Cost: HK\$4,500 (US\$575)

- The final deadline to submit your full payment is September 20.
- A single room accommodation is available for an additional cost.

Cancellation: Fees are refundable if you cancel before September 31









# Why cycle for Soap Cycling?

Boasting spectacular mountain and sea views, Taiwan's east coast is considered one of the best cycling routes in the world. Join us to cycle across breath-taking landscapes, indulge in vibrant local culture and cuisine, and give back to the community by volunteering with soap recycling projects around the country!









# Day 0: Taipei

Tuesday, 21 October



## **Main activities**

- Arrive in Taipei.
- Meet up with the group and hang out in the city.
- Optional opportunities to explore night markets, museums, or see a baseball game.
- Rest up in preparation for the cycling trip.

#### **Notes on arrival**

- For those already in Taipei on the 21st, we will get together for an early dinner. Exact time and place will be shared via our WhatsApp group "bike trip announcements".
- Everyone is responsible for booking and purchasing their own plane tickets, if flying into Taiwan.
- You will meet the group in Taipei so that everyone can board the train together. If you miss the train with the group, you will need to arrange and pay for your own travel to Hualien.

# Day 1: Hualien-Guangfu

Wednesday, 22 October | 55km



#### Main activities

- Take the early morning train out of Train Station Taipei and arrive in Hualien around 11am.
- Cycle 10km from the train station to central Hualien.
- Enjoy a delicious local lunch.
- Cycle 50km to Guangfu.

#### **Notes**

Everyone will get a bike fitted in Hualien. Please don't forget to indicate your height and weight on the registration form!







# Day 2: Guangfu-Chishang

Thursday, 23 October | 80km



#### **Main activities**

- Cycle from Guangfu to Ruisu (approximately 20km).
- Cycle from Ruisu to Yuli (approximately 30km).
- Cycle from Ruisu to Chishang (approximately 30km).
- Check out tourist attractions, including an old sugar factory, a wetlands ecological park, and a forest park.
- Enjoy an indigenous-style dinner.







# Day 3: Chishang

Friday, 24 October | No cycling



#### **Main activities**

- Rest day in **Chishang**.
- Kayak and hike at <u>Dapo Pond</u>.
- Cycle through rice fields on Brown's Road.

#### Note

None of the optional activities for the rest day in Chishang are prebooked, and costs aren't included in your registration fee.







# **Day 4: Chishang-Taitung**

Saturday, 25 October | 60km



#### Main activities

- Arrive in Taitung by 12pm at the latest to return bikes and unload our luggage from the truck.
- Visit the National Museum of Prehistory.
- Visit the Xiaoyeli seaside park.
- Visit the <u>Lisong Hot Springs</u>.
- Surf.

#### **Notes**

You will need to book and pay for your own accommodation for the night of the 25<sup>th,</sup> and any additional nights you want to stay in Taitung.









# Day 5: Return to Taipei

Sunday, 26 October

## **Notes on departure**

- After finishing up our trip in Taitung, you are free to arrange your travel home. You can travel back to Taipei by train in approximately 3 hours 30 minutes.
- Booking train tickets is easy and convenient in Taiwan, and the railway is famous for its comfort and reliability. Have a look out for early bird tickets and double check if you need a reservation for the train here.

## Important to know if you fly out of Taoyuan Airport

The trip from Taipei Main Train Station to the airport takes 35 minutes by express and one hour as a commuter. You can also take a private taxi for \$40-\$50 and arrive in about 30-40 minutes.

## **Food and Drinks**



Between the 22nd and the 25th, we've arranged to visit restaurants where we can have lunch and dinner together. These visits are optional, and everyone must pay for their own food and drinks.

Additionally, there will be snack and drink the stops on road opportunities to purchase more during the ride. Please ensure you have cash NTW with you at all times.

Breakfast is included in the accommodation price. There will also be a drinking water container on the truck, so you can fill up your water bottles on the road.







## **Frequently Asked Questions**

### What does the registration fee include?

- Accommodation and breakfast for three days.
- Luggage transport: We will have a car to carry our luggage and help with any issues on the road.
- Water: The car will carry water that you can refill your bottles with along the road.
- Rides to all stops in case you can't bike anymore.
- Bicycle rental + equipment, including one small bike pack and any mechanical costs.
- Train ticket from Taipei-Hualien.
- Water to fill your bottles with while biking.

## What does the registration fee not include?

- Lunch, dinner, drinks, and snacks.
- Your arrival trip to Taipei on October 21.
- Your departure trip from Taitung.
- Additional activities (kayaking, bungee jumping, shopping) or entrance fees for sightseeing during the trip.

### What should I pack?

Pack sunscreen, sunglasses, a hat, light layers, and a raincoat to prepare for all types of weather, as we'll be spending a lot of time outside!

## Where will we sleep?

Accommodation will include simple bed and breakfasts, with the option for single or double occupancy rooms. When you register, don't forget to indicate who you want to share a room with or if you prefer a single occupancy room.

