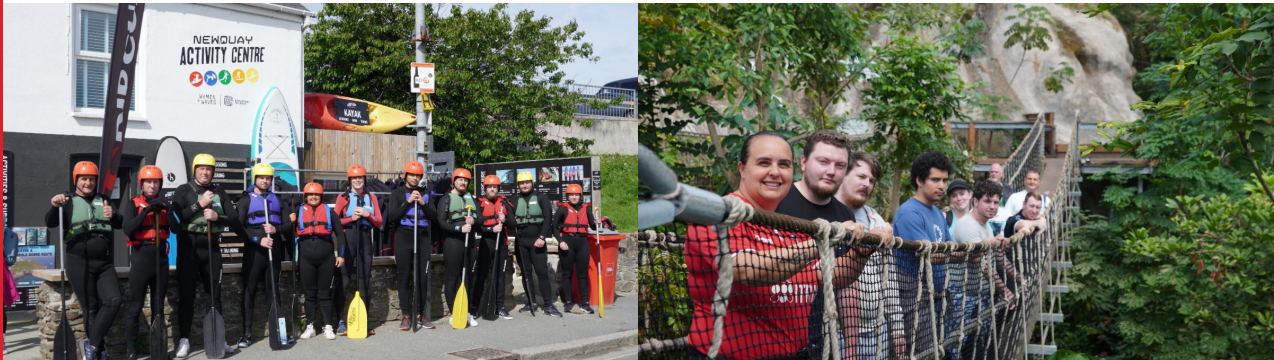


Last chance to support Next Steps: Only £500 left to reach our target! Donations close at 12pm TODAY



"It means everything, the Charlton project overall has been the most important thing for my recovery and feel blessed to be a part of the experience and grateful for the opportunity. Thank you!"

- Next Steps Participant

As part of the Kind2Mind campaign, Charlton Athletic Community Trust (CACT) needs your to help fund a trip that is the final stage of recovery for many individuals who have suffered psychosis in their past. We are reliant on your support to run these trips.

Every £1 you give between May 14th-28th is matched, meaning the impact of your support is doubled!

The Next Steps trip forms a vital part of their recovery by building their resilience and self-confidence as participants are released from the programme and prepare to be reintegrated into society. All attendees are aged 16 to 65, have suffered an episode of psychosis in their past, and are now at an advanced stage of their recovery from psychosis.

The trip is part of a long-term programme which sees clients interact with CACT on a weekly basis with a range of activities such as theatre trips, pottery painting and watersports, run in conjunction with Oxleas and Kent & Medway NHS.

Help us to make the Next Steps trip possible and offer life changing support to those who need it.

If you can, please consider donating to support the programme and future

Every donation CACT receives for the Next Steps project will be matched by The Big Give - meaning if you donate just £5, CACT will receive £10 - so please give generously!

Double the donation = double the impact!

Donate to help us to make Next Steps possible!

Hear how Next Steps helped Katy with her recovery:



Donate here!

[Read about the impact of the programme:](#)

NEXT STEPS RESIDENTIAL 2023



Principal Partner

 Doing IT Differently

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