

# this week

## FOR INTERNISTS

This week we're talking about:

1. How to prep in [the final week](#) before boards
2. Must-know details about [the ITE](#)
3. [LADA diabetes](#) in a micro-learning session

Let's get into it.



High-stakes exams have been part of your life since you chose a career in medicine. You'd think by now it would be easy! But any physician can tell you: Board prep is hard work—even for those at the top of their field.

To help you out, we polled MedStudy contributors—distinguished educators and practitioners from around the country who write, edit, and lecture for MedStudy resources—and asked them for their best board prep advice in the week leading up to an exam.

Several themes emerged. We've collected them into key strategies you can employ during your last prep week.

### **Focus on your weakest areas**

Many of our contributors agreed that reviewing your weaker topics in the days before the exam is one of the best things to do. Plus, our StudyWise guide says that in the final weeks before the boards, do nothing but board-style Q&As. So be sure to answer questions from those areas in the next few days!

### **Make a plan for the things you can control**

We've compiled a guide for everything you need to know for the day of your ABIM Exam—read it. The guide covers what to bring with you, the schedule, and even the testing computer. This knowledge will relieve a bit of stress about exam day, and you'll feel prepared when you walk into the testing center.

Want [more strategies](#)?

[Keep Reading](#)

# Internal Medicine ITE

## GUIDE

The Internal Medicine ITE is days away. To make sure you got this, let's review the basics.

For starters, the ITE is approximately 300 questions long. Most questions are case-based, requiring you to apply your knowledge and clinical reasoning skills to real-life patient scenarios.

The exam is modeled after the blueprint for the ABIM Certification Exam. However, the ITE has a separate blueprint that breaks down the percentage of topics on the exam. It covers multiple specialties, as well as General Internal Medicine.

The number of questions you answered correctly determines your score—and there's no penalty for guessing, so you should not skip any questions. Your score is reported as a percentage of total questions answered.

Be sure to [review the rest](#) of the guide before Aug. 15.

[Get the Guide](#)



**August 15: ABIM exams start**

Never miss a deadline. Get the [important dates calendar](#).

## New Endocrinology Lecture



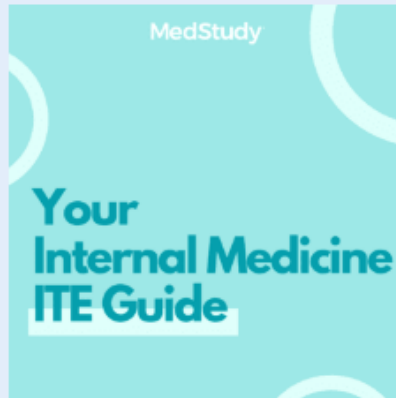
Here's another micro-learning session—an easy way to make sure you're up-to-date on internal medicine information.

Get in a quick review of LADA diabetes with this snippet from [Dr. Danny Englert's Endocrinology lecture](#) in our 2024-2025 Internal Medicine Video Board Review.

And don't forget that [Video Board Review](#) is now available on the free MedStudy app!

[Start Your Review](#)

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