



Oral Health is Preventive Health:

A Smart Investment for Employers

Since our founding in 1979, Careington has been a national leader in the health and wellness benefits space, providing innovative solutions that improve the affordability and accessibility to dental care. Our values embody the way Careington improves access to solutions and savings in the discount healthcare space.

Oral health is linked to overall health.

Harmful bacteria in the mouth, administered from poor oral hygiene, can enter the bloodstream and can travel to other parts of the body, potentially leading to serious health issues¹, causing more problems and more trips to the doctor and time away from work.

Not only does this cost the employee time and money, but it also costs the employer as well.

How Employees Are Affected by Oral Health Concerns:

Nearly
3.5 billion
people worldwide are affected²

Approximately
72 million
adults in the U.S. do not have dental insurance³

More than
243 million
hours of productivity time are lost in the U.S. annually⁴

Almost
\$46 billion
is lost in productivity in the U.S. annually⁵

Did you know?

Preventive and regular dental treatments can help with early detection and treatment of major health issues, like glaucoma, cancers and autoimmune disorders. Regular dental care not only improves overall health, but it can also help to lower claims and costs.



Left untreated, oral health concerns could cause issues to overall health.^{9, 10}

- Cardiovascular disease
- Stroke
- Dementia
- High-risk pregnancy
- Diabetes
- Respiratory issues
- Alzheimer's disease
- Cancer

Employers who offer dental benefits see **higher engagement** with wellness programs overall.¹¹ Careington offers affordable dental solutions, including dental savings plans and teledentistry. Our dental savings plans are designed to complement or supplement traditional dental insurance, which could be offered as a standalone product or bundled to create a custom offering.

Fast Facts

Every **\$1** spent on preventive dental care can save **\$8-\$50** on future treatments⁶

Adults **20+** with diabetes are **40%** more likely to have untreated cavities⁷

31% of Medicare and **33%** of Medicaid recipients lack dental insurance³

Diabetes is linked to gum disease, a leading cause of tooth loss⁷

83% of uninsured adults also lack dental insurance³

Annually, patients with diabetes save **\$549** when utilizing preventive dental care⁸



¹Branchburg Dental Associates, ²World Health Organization, ³CareQuest Institute, Out of Pocket, ⁴CareQuest Institute, ⁵Center of Disease and Control, ⁶United Health Care, ⁷Center of Disease and Control, ⁸MAYO Clinic, ⁹Penn Dental Medicine, ¹⁰MAYO Clinic, ¹¹MetLife Employee Benefit Trends Study, pg. 61

Interested in learning more?

Call (844) 435-5671 for more information on expanding your employee's benefits offerings with Careington dental products or visit careingtondirect.com.

