Why I keep moving forward despite uncertainty.

It was a true eureka moment when I came to the realization that uncertainty, in one way or another, equates to anxiety. For a big part of my life, I overthought and scrutinized everything simply because I wasn't in the know. That lack of certainty made me anxious.

There were times I had incredible opportunities—chances to shine, to fully embrace experiences but I caught up in the realm of overthinking. Instead of being in the moment, I was lost in my thoughts. I analyzed every detail, stressed over outcomes, and let the fear of perception hold me back. And the worst part? Whatever assumptions people made about me likely felt true, because I wasn't showing up as my authentic self. What they saw wasn't confidence, but anxiety, hesitation, awkwardness.

I used to believe that things had to go exactly as I planned. That any deviation from my expectations meant failure. Uncertainty was my greatest enemy—until I learned to embrace it.

What Changed?
I realized that uncertainty isn't the enemy; it's a constant. No matter how carefully we choose our paths, things won't always go as we plan, but that doesn't mean it's the end. Even when life doesn't unfold the way we envisioned, we still have choices:

- We can choose to accept.
- We can choose to learn.
- We can choose to reflect and grow.
- Or we can choose to see ourselves as victims of circumstance.

At the end of the day, uncertainty will always exist. What truly matters is our mindset. So, I choose to show up every day, even when I don't know if things will work out. I choose to do my best, knowing that even if my efforts don't bring immediate results, they make me a better person ultimately.

You cannot lose when you give your best. Even if the thing you're working toward doesn't come through for you,   you are evolving. And one day, maybe you too will get what you deserve.

I believe I will. That's why I keep moving forward, despite the uncertainty.